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## Publication Date

2012
Peer reviewed|Thesis/dissertation

# UNIVERSITY OF CALIFORNIA RIVERSIDE 

On Riemannian Submersions and Diffeomorphism Stability

A Dissertation submitted in partial satisfaction of the requirements for the degree of

Doctor of Philosophy<br>in<br>Mathematics<br>by<br>Curtis Christopher Pro

June 2012

Dissertation Committee:
Professor Frederick Wilhelm, Chairperson
Professor Reinhard Schultz
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The Dissertation of Curtis Christopher Pro is approved:

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## Acknowledgments

I would like to thank the mathematics department at UC. In particular, I would like to thank the Chair, Vyjaynthi Chari for everything she did, but didn't have to do that made my and many other graduate students life easier and more productive. Yat-Sun Poon, Bun Wong and Fred Wilhelm for all their work in making UC, Riverside an exciting place for geometry and to Julie Bergner, Reinhard Schultz and Stefano Vidussi for making it an equally exciting place for Topology. I am grateful to Owen Dearricott for asking if we could prove a generalized Tapp's theorem for submersions with totally geodesic fibers. To David Wraith for bringing up the problem of Riemannian submersions not preserving a lower Ricci curvature bound. Also, to Stefano Vidussi for conversations regarding exotic structures on $\mathbb{R} P^{4}$ and for many other conversations that had a positive influence on me as a graduate student. Lastly and above all, this work could not have been done had it not been for my adviser Fred Wilhelm. I am beyond appreciative for all the things that he has done for me.

To Wilbur Frank Pro

# ABSTRACT OF THE DISSERTATION 

On Riemannian Submersions and Diffeomorphism Stability<br>by<br>Curtis Christopher Pro<br>Doctor of Philosophy, Graduate Program in Mathematics<br>University of California, Riverside, June 2012<br>Professor Frederick Wilhelm, Chairperson

This thesis consists of work that was carried out in three separate papers that were written during my time at UC, Riverside.

Abstract of chapter II: If $\pi: M \rightarrow B$ is a Riemannian Submersion and $M$ has nonnegative sectional curvature, O'Neill's Horizontal Curvature Equation shows that $B$ must also have non-negative curvature. We find constraints on the extent to which O'Neill's horizontal curvature equation can be used to create positive curvature on the base space of a Riemannian submersion. In particular, we study when K. Tapp's theorem on Riemannian submersions of compact Lie groups with bi-invariant metrics generalizes to arbitrary manifolds of non-negative curvature.

Abstract of Chapter III: Though Riemannian submersions preserve non-negative sectional curvature this does not generalize to Riemannian submersions from manifolds with non-negative Ricci curvature. We give here an example of a Riemannian submersion $\pi: M \rightarrow B$ for which $\operatorname{Ricci}_{p}(M)>0$ and at some point $p \in B, \operatorname{Ricci}_{p}(B)<0$.

Abstract of Chapter IV: The smallest $r$ so that a metric $r$-ball covers a metric
space $M$ is called the radius of $M$. The volume of a metric $r$-ball in the space form of constant curvature $k$ is an upper bound for the volume of any Riemannian manifold with sectional curvature $\geq k$ and radius $\leq r$. We show that when such a manifold has volume almost equal to this upper bound, it is diffeomorphic to a sphere or a real projective space.

## Contents

1 Introduction ..... 1
1.1 Flats and Submersions in Non-Negative Curvature ..... 1
1.2 Riemannian Submersions Need Not Preserve Positive Ricci Curvature ..... 5
1.3 The Diffeomorphism Type Of Manifolds with Almost Maximal Volume ..... 6
2 Flats and Submersions in Non-Negative Curvature ..... 11
2.1 Background ..... 11
2.2 Examples ..... 12
2.3 Jacobi Fields Along Geodesics Contained In Flats ..... 14
2.4 The Holonomy of $\pi$ ..... 20
3 Riemannian Submersions Need Not Preserve Positive Curvature ..... 25
3.1 Vertical Warping ..... 25
$3.2 \quad S_{\varphi}^{2} \times{ }_{\nu} F$ ..... 26
4 The Diffeomorphism Type of Manifolds with almost maximal volume ..... 32
4.1 Conventions and Notations ..... 33
4.2 Basic Tools From Alexandrov Geometry ..... 35
4.3 Cross Cap Stability ..... 41
4.4 Recognizing $\mathbb{R} P^{4}$ ..... 57
4.5 Purse Stability ..... 60
Bibliography ..... 72

## Chapter 1

## Introduction

### 1.1 Flats and Submersions in Non-Negative Curvature

Until very recently all examples of compact, positively curved manifolds were constructed as the image of a Riemannian submersion of a Lie group with a bi-invariant metric $([9,27,48])$. Earlier constructions of positive curvature in $[1,3,4]$, and $[10,12,11]$ combined the fact that Lie groups with bi-invariant metrics are non-negatively curved with the so called Horizontal Curvature Equation,

$$
\sec _{B}(x, y)=\sec _{M}(\tilde{x}, \tilde{y})+3\left|A_{\tilde{x}} \tilde{y}\right|^{2}
$$

[16, 42]. Here $\pi: M \rightarrow B$ is a Riemannian submersion, $\{x, y\}$ is an orthonormal basis for a plane in a tangent space to $B,\{\tilde{x}, \tilde{y}\}$ is a horizontal lift of $\{x, y\}$, and $A$ is the "integrability tensor" for the horizontal distribution-that is,

$$
A_{\tilde{x}} \tilde{y} \equiv \frac{1}{2}[\tilde{X}, \tilde{Y}]^{\mathrm{vert}}
$$

where $\tilde{X}$ and $\tilde{Y}$ are arbitrary extensions of $\tilde{x}$ and $\tilde{y}$ to horizontal vector fields.
Since the Horizontal Curvature Equation decomposes $\sec _{B}(x, y)$ into the sum of two non-negative quantities, we see immediately that Riemannian submersions preserve nonnegative curvature. In addition, if either term on the right is positive, then $\sec _{B}(x, y)>0$. Naively, one might expect positively curved examples to be constructed by exploiting the full power of the Horizontal Curvature Equation; however, a survey of the examples shows that this has never been done. In the context in which the examples in $[1,3,4,10,12,11]$, and [57] were constructed, it is impossible for a Riemannian submersion to create positive curvature via the $A$-tensor alone. In fact, in [56] Tapp shows

Theorem[Tapp] Let $\pi: G \rightarrow B$ be a Riemannian submersion of a compact Lie group with a bi-invariant metric. Then

1 Every zero-curvature plane of $B$ exponentiates to a flat (meaning a totally geodesic immersion of $\mathbb{R}^{2}$ with a flat metric), and

2 Every horizontal zero-curvature plane of $G$ projects to a zero-curvature plane of $B$.

In the case of bi-quotients of Lie groups, this is a consequence of an equation in [19]. This was first observed explicitly in [60].

Recall, if $\sigma$ is a zero-curvature plane in a Lie group $G$ with bi-invariant metric, then $\exp (\sigma)$ is a (globally) flat submanifold of $G$. So it is natural to ask about the extent to which Tapp's theorem holds if $\sigma$ is assumed to be a horizontal zero-curvature plane whose exponential image is a flat submanifold of $M$. More formally, we pose:

Problem 1 If $\pi: M \rightarrow B$ is a Riemannian submersion of a compact, non-negatively
curved manifold $M$ and $\sigma$ is a horizontal zero-curvature plane in $M$ such that $\exp (\sigma)$ is a flat submanifold, does it follow that $\pi_{*}(\sigma)$ is a zero-curvature plane in $B$ ?

We emphasize that the given flat is not assumed to be globally horizontal.
The following easy consequence of Lemma 1.5 in [55] shows that an affirmative answer to our problem implies that both $M$ and $B$ have a lot of additional structure.

Theorem 2 Let $\pi: M \rightarrow B$ be a Riemannian submersion of complete, non-negatively curved manifolds. Let $\sigma$ be a zero-curvature plane in $B$ and $\tilde{\sigma}$ a horizontal lift of $\sigma$ so that $\exp (\tilde{\sigma})$ is a flat in $M$. Then

1 The plane $\sigma$ exponentiates to a flat in $B$, and

2 Every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $M$.

If we assume the fibers of the submersion are totally geodesic, then, even in the non-compact case, the conclusion of Tapp's theorem holds.

Theorem 3 Let $\pi: M \rightarrow B$ be a Riemannian submersion of complete, non-negatively curved manifolds with totally geodesic fibers. Let $\tilde{\sigma}$ be a horizontal zero-curvature plane in $M$ such that $\exp (\tilde{\sigma})$ is a flat. Then
$1 \tilde{\sigma}$ projects to a zero-curvature plane $\sigma$ in $B$ that exponentiates to a flat submanifold of B, and

2 Every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $M$.

We also give an affirmative answer to Problem 1 in the special case when the submersion is induced by an isometric group action with only principal orbits.

Theorem 4 Let a compact Lie group $G$ act by isometries on a compact, non-negatively curved manifold $M$. Suppose all of the orbits are principal, and let $\pi: M \rightarrow M / G$ be the induced Riemannian submersion.

Suppose $\tilde{\sigma}$ is a horizontal zero-curvature plane in $M$ such that $\exp _{p}(\tilde{\sigma})$ is a flat. Then
$1 \tilde{\sigma}$ projects to a zero-curvature plane $\sigma$ in $M / G$ that exponentiates to a flat submanifold of $M / G$, and

2 Every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $M$.

Example 17 shows that this result does not hold if we remove the hypothesis that $M$ is compact. On the other hand, appropriate associated bundles also inherit this property.

Corollary 5 Let $G$ be a compact Lie group, $P$ be compact, and $\pi_{P}: P \rightarrow B \equiv P / G$ a principal $G$-bundle with non-negatively curved $G$-invariant metric. Let $F$ be a nonnegatively curved manifold that carries an isometric $G$-action and $\pi: E:=P \times_{G} F \rightarrow B$ the corresponding associated bundle with fiber $F$. Give $E$ and $B$ the corresponding nonnegatively curved metrics so that $\pi$ and $Q: P \times F \rightarrow P \times_{G} F=E$ become Riemannian submersions.

If $\tilde{\sigma}$ is a $\pi$-horizontal zero-curvature plane in $E$ such that $\exp _{p}(\tilde{\sigma})$ is a flat, then $1 \tilde{\sigma}$ projects to a zero-curvature plane $\sigma$ in $B$ that exponentiates to a flat submanifold of $B$, and

2 Every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $E$.

Example 6 Grove and Ziller have shown how to lift the product metric on $S^{2} \times S^{2}$ and Cheeger's metric on $\mathbb{C} P^{2} \#-\mathbb{C} P^{2}$ to various principal $S O(k)$ bundles and hence to all of the associated bundles [30]. According to Lemma 23 (below) the flat tori in $S^{2} \times S^{2}$ lift to flats in all of these non-negatively curved bundles. Similarly, the flat Klein bottles in Cheeger's $\mathbb{C} P^{2} \#-\mathbb{C} P^{2}$ must also lift to flats in all of the non-negatively curved bundles of [30]. It follows from the construction of the metric that the principal bundles all have totally geodesic fibers. Therefore the principal bundles give examples of Theorems 2, 3, and 4. The associated bundles give examples of Theorem 2 and Corollary 5.

### 1.2 Riemannian Submersions Need Not Preserve Positive Ricci Curvature

One might ask if something similar to O'Neill's horizontal curvature equation exists for Riemannian submersions in the Ricci curvature case. However, given the difference between Ricci and sectional curvature, it is not a surprise that Riemannian submersions need not preserve a lower Ricci cuvature bound. Yet, an example of this appears to be absent from the literature. We give an example that shows this can fail severely, that is,

Theorem 7 For any $C>0$, there is a Riemannian submersion $\pi: M \rightarrow B$ for which $M$ is compact with positive Ricci curvature and $B$ has some Ricci curvatures less than $-C$.

The examples are constructed as a warped product $S^{2} \times{ }_{\nu} F$, where $F$ is any manifold that admits a metric with Ricci curvature $\geq 1$, and the metric on $S^{2}$ is $C^{1}$-close to any predetermined positively curved rotationally symmetric metric on $S^{2}$.

### 1.3 The Diffeomorphism Type Of Manifolds with Almost Maximal Volume

Any closed Riemannian $n$-manifold $M$ has a lower bound for its sectional curvature, $k \in \mathbb{R}$. This gives an upper bound for the volume of any metric ball $B(x, r) \subset M$,

$$
\operatorname{vol} B(x, r) \leq \operatorname{vol} \mathcal{D}_{k}^{n}(r)
$$

where $\mathcal{D}_{k}^{n}(r)$ is an $r$-ball in the $n$-dimensional, simply connected space form of constant curvature $k$. If rad $M$ is the smallest number $r$ such that a metric $r$-ball covers $M$, it follows that

$$
\operatorname{vol} M \leq \operatorname{vol} \mathcal{D}_{k}^{n}(\operatorname{rad} M)
$$

The invariant rad $M$ is known as the radius of $M$ and can alternatively be defined as

$$
\operatorname{rad} M=\min _{p \in M} \max _{x \in M} \operatorname{dist}(p, x)
$$

In the event that $\operatorname{vol} M$ is almost equal to $\operatorname{vol} \mathcal{D}_{k}^{n}(\operatorname{rad} M)$, we determine the diffeomorphism type of $M$.

Theorem 8 Given $n \in \mathbb{N}, k \in \mathbb{R}$, and $r>0$, there is an $\varepsilon>0$ so that every closed Riemannian $n$-manifold $M$ with

$$
\begin{align*}
\sec M & \geq k \\
\operatorname{rad} M & \leq r, \text { and }  \tag{1.1}\\
\operatorname{vol} M & \geq \operatorname{vol} \mathcal{D}_{k}^{n}(r)-\varepsilon
\end{align*}
$$

is diffeomorphic to $S^{n}$ or $\mathbb{R} P^{n}$.

Grove and Petersen obtained the same result with diffeomorphism replaced by homeomorphism in [25]. They also showed that for any $\varepsilon>0$ and $M=S^{n}$ or $\mathbb{R} P^{n}$ there are Riemannian metrics that satisfy (1.1) except when $k>0$ and $r \in\left(\frac{1}{2} \frac{\pi}{\sqrt{k}}, \frac{\pi}{\sqrt{k}}\right)$.

For $k>0$ and $r \in\left(\frac{1}{2} \frac{\pi}{\sqrt{k}}, \frac{\pi}{\sqrt{k}}\right)$, Grove and Petersen also computed the optimal upper volume bound for the class of manifolds $M$ with

$$
\begin{equation*}
\sec M \geq k \quad \text { and } \quad \operatorname{rad} M \leq r . \tag{1.2}
\end{equation*}
$$

It is strictly less than vol $\mathcal{D}_{k}^{n}(r)$ [25]. For $k>0$ and $r \in\left(\frac{1}{2} \frac{\pi}{\sqrt{k}}, \frac{\pi}{\sqrt{k}}\right)$, manifolds satisfying (1.2) with almost maximal volume are already known to be diffeomorphic to spheres [28]. The main theorem in [43] gives the same result when $r=\frac{\pi}{\sqrt{k}}$.

For $k>0$ and $r=\frac{\pi}{\sqrt{k}}$, the maximal volume vol $\mathcal{D}_{1}^{n}\left(\frac{\pi}{\sqrt{k}}\right)$ is realized by the $n$-sphere with constant curvature $k$. For $k>0$ and $r=\frac{\pi}{2 \sqrt{k}}$, the maximal volume $\operatorname{vol} \mathcal{D}_{1}^{n}\left(\frac{\pi}{2 \sqrt{k}}\right)$ is realized by $\mathbb{R} P^{n}$ with constant curvature $k$. Apart from these cases, there are no Riemannian manifolds $M$ satisfying (1.2) and $\operatorname{vol} M=\operatorname{vol} \mathcal{D}_{k}^{n}(r)$. Rather, the maximal volume is realized by one of two types of Alexandrov spaces. [25]

Example 9 (Crosscap) The constant curvature $k$ Crosscap, $C_{k, r}^{n}$, is the quotient of $\mathcal{D}_{k}^{n}(r)$ obtained by identifying antipodal points on the boundary. Thus $C_{k, r}^{n}$ is homeomorphic to $\mathbb{R} P^{n}$. There is a canonical metric on $C_{k, r}^{n}$ that makes this quotient map a submetry. The universal cover of $C_{k, r}^{n}$ is the double of $\mathcal{D}_{k}^{n}(r)$. If we write this double as $\mathbb{D}_{k}^{n}(r):=\mathcal{D}_{k}^{n}(r)^{+} \cup_{\partial \mathcal{D}_{k}^{n}(r)^{ \pm}} \mathcal{D}_{k}^{n}(r)^{-}$, then the free involution

$$
A: \mathbb{D}_{k}^{n}(r) \longrightarrow \mathbb{D}_{k}^{n}(r)
$$

that gives the covering map $\mathbb{D}_{k}^{n}(r) \longrightarrow C_{k, r}^{n}$ is

$$
A:(x,+) \longmapsto(-x,-),
$$

where the sign in the second entry indicates whether the point is in $\mathcal{D}_{k}^{n}(r)^{+}$or $\mathcal{D}_{k}^{n}(r)^{-}$.

Example 10 (Purse) Let $R: \mathcal{D}_{k}^{n}(r) \rightarrow \mathcal{D}_{k}^{n}(r)$ be reflection in a totally geodesic hyperplane $H$ through the center of $\mathcal{D}_{k}^{n}(r)$. The Purse, $P_{k, r}^{n}$, is the quotient space

$$
\mathcal{D}_{k}^{n}(r) /\{v \sim R(v)\}, \text { provided } v \in \partial \mathcal{D}_{k}^{n}(r) .
$$

Alternatively we let $\left\{\mathcal{H} \mathcal{D}_{k}^{n}(r)\right\}^{+} \cup\left\{\mathcal{H D}_{k}^{n}(r)\right\}^{-}=D_{k}^{n}(r)$ be the decomposition of $\mathcal{D}_{k}^{n}(r)$ into the two half disks on either side of $H$. Then $P_{k, r}^{n}$ is isometric to the double of $\left\{\mathcal{H} \mathcal{D}_{k}^{n}(r)\right\}^{+}$.


Figure 1.1: Two equivalent constructions of $P_{1, r}^{2}$

Let $\left\{M_{i}\right\}_{i=1}^{\infty}$ be a sequence of closed $n$-manifolds satisfying sec $M \geq k$ and $\operatorname{rad} M \leq$ $r$ and $\left\{\operatorname{vol} M_{i}\right\}$ converging to $\operatorname{vol} \mathcal{D}_{k}^{n}(r)$ where $r \leq \frac{\pi}{2 \sqrt{k}}$ if $k>0$. Grove and Petersen showed that $\left\{M_{i}\right\}$ has a subsequence that converges to either $C_{k, r}^{n}$ or $P_{k, r}^{n}$ in the GromovHausdorff topology [25]. The main theorem follows by combining this with the following diffeomorphism stability theorems.

Theorem 11 Let $\left\{M_{i}\right\}_{i=1}^{\infty}$ be a sequence of closed Riemannian n-manifolds with sec $M_{i} \geq$ $k$ so that

$$
M_{i} \longrightarrow C_{k, r}^{n}
$$

in the Gromov-Hausdorff topology. Then all but finitely many of the $M_{i} s$ are diffeomorphic to $\mathbb{R} P^{n}$.

Theorem 12 Let $\left\{M_{i}\right\}_{i=1}^{\infty}$ be a sequence of closed Riemannian n-manifolds with sec $M_{i} \geq$ $k$ so that

$$
M_{i} \longrightarrow P_{k, r}^{n}
$$

in the Gromov-Hausdorff topology. Then all but finitely many of the $M_{i} s$ are diffeomorphic to $S^{n}$.

Remark 13 One can get Theorem 12 for the case $k=1$ and $r>\operatorname{arccot}\left(\frac{1}{\sqrt{n-3}}\right)$ as a corollary of Theorem $C$ in [29]. Theorem 11 when $k=1$ and $r=\frac{\pi}{2}$ follows from the main theorem in [61] and the fact that $C_{1, \frac{\pi}{2}}^{n}$ is $\mathbb{R} P^{n}$ with constant curvature 1 . With minor modifications of our proof, the hypothesis sec $M_{i} \geq k$ in Theorems 11 and 12 can replaced, except in one case, with an arbitrary uniform lower curvature bound. The exceptional case, is Theorem 11 in dimension 4, specifically in Proposition 56. For ease of notation, we have written all of the proofs for $\left\{M_{i}\right\}_{i=1}^{\infty}$ with $\sec M_{i} \geq k$ converging to $C_{k, r}^{n}$ or $P_{k, r}^{n}$.

Remark 14 We mention here that the space of directions at every point $p \in C_{k, r}^{n}$ is isometric the round sphere $S^{n-1}$. It has been shown in [35] that diffoemorphism stability holds when the limit space has all of its space of directions being Euclidean and therefore Theorem

11 follows immediately from this. However, the proof here differs greatly from what is in [35] and we leave it for this reason.

## Chapter 2

## Flats and Submersions in

## Non-Negative Curvature

### 2.1 Background

By the implicit function theorem, the fibers of a smooth submersion $\pi: M \rightarrow B$ are smooth submanifolds of $M$. We call the distribution $\mathcal{V}$ defined by

$$
\mathcal{V}:=\operatorname{ker} \pi_{*}
$$

the vertical distribution. If $M$ is a Riemannian manifold, we denote by $\mathcal{H}$ the distibution defined as the orthogonal compliment to $\mathcal{V}$ and call $\mathcal{H}$ the horizontal distribution. We then have a decomposition of the tangent bundle

$$
T M=\mathcal{V} \oplus \mathcal{H}
$$

If, in addition, $B$ is Riemannian, $\pi$ is called a Riemannian submersion if $\left.\pi_{*}\right|_{\mathcal{H}}$ is an isometry.

For a vector $v \in T M$, we write

$$
v=v^{v}+v^{h}
$$

to denote the vertical and horizontal components of $v$, respectively. In [42] O'Neill generalizes the classical second fundamental form for immersions by defining two tensors $A$ and $T$ on $M$. Here, for vector fields $E, F$ on $M$ these are defined as

$$
\begin{aligned}
& A_{E} F:=\left(\nabla_{E^{h}} F^{h}\right)^{v}+\left(\nabla_{E^{n}} F^{v}\right)^{h} \\
& T_{E} F:=\left(\nabla_{E^{v}} F^{v}\right)^{h}+\left(\nabla_{E^{v}} F^{h}\right)^{v}
\end{aligned}
$$

Just like the case for the second fundamental form of an immersion, these tensors measure the geometric complexities of the submersion.

### 2.2 Examples

Our goal is to generalize Tapp's theorem to Riemannian submersions from more than just compact Lie groups $G$ with a biinvariant metric. So we begin by giving examples of how the conclusions of Tapp's theorem can fail to hold in this new setting. Recall that Tapp shows

Theorem [Tapp] Let $\pi: G \rightarrow B$ be a Riemannian submersion of a compact Lie group with a bi-invariant metric. Then

1 Every zero-curvature plane of $B$ exponentiates to a flat (meaning a totally geodesic immersion of $\mathbb{R}^{2}$ with a flat metric), and

2 Every horizontal zero-curvature plane of $G$ projects to a zero-curvature plane of $B$.

The following examples show that this theorem fails if the Lie group $G$ is replaced by an arbitrary, compact, non-negatively curved Riemannian manifold $M$. The inhomogeneous metrics of these examples have zero-planes whose exponentials are locally, but not globally, flat.

Example 15 (Fish Bowl) Let $\psi:[0, \pi] \longrightarrow \mathbb{R}$ be a smooth, concave-down function that satisfies

$$
\psi(t)=\left\{\begin{array}{cc}
t & \text { for } t \in\left[0, \frac{\pi}{4}\right] \\
\pi-t & \text { for } t \in\left[\frac{3 \pi}{4}, \pi\right]
\end{array}\right.
$$

Consider the warped product metric

$$
g_{\psi}=d t^{2}+\psi^{2} d \theta^{2}
$$

on $S^{2}=[0, \pi] \times_{\psi} S^{1}$. As before, $S^{1}$ acts isometrically on $\left(S^{2}, g_{\psi}\right)$, so we get a Riemannian submersion

$$
\left(S^{2}, g_{\psi}\right) \times S^{1} \longrightarrow\left(S^{2}, \bar{g}_{\psi}\right),
$$

where $\bar{g}_{\psi}$ is the metric induced by the submersion. Notice that $\left(S^{2}, g_{\psi}\right) \times S^{1}$ is flat in a neighborhood of the set $\{0, \pi\} \times S^{1}$, but, as in Example $17,\left(S^{2}, \bar{g}_{\psi}\right)$ is positively curved in the image of this neighborhood. If, in addition,

$$
\left.\psi^{\prime \prime}\right|_{\left(\frac{\pi}{4}, \frac{3 \pi}{4}\right)}<0
$$

then $\left(S^{2}, \bar{g}_{\psi}\right)$ is positively curved. This shows that even in the compact case, the $A$-tensor can be responsible for creating positive curvature and that conclusion 2 of Tapp's Theorem fails for arbitrary Riemannian submersions of compact, nonnegatively curved manifolds.

Example 16 To see how conclusion 1 of Tapp's theorem can fail to hold, choose $\psi$ in the previous example to be constant in a neighborhood of $\pi / 2$. This makes $\left(S^{2}, g_{\psi}\right)$ isometric to a flat cylinder near a neighborhood of the equator. In the Cheeger deformed metric, the image of this region is a smaller flat cylinder. Since the base, $\left(S^{2}, \bar{g}_{\psi}\right)$, is not flat, we have zero-curvature planes near the equator that do not exponentiate to flats.

In Theorem 2, we do not require that $M$ is compact; on the other hand, without compactness, the answer to Problem 1 is "no", even when $M$ is a Lie group.

Example 17 Let $\left(\mathbb{R}^{2}, \bar{g}\right)$ be the Cheeger deformation of $\mathbb{R}^{2}$ obtained from the standard $S^{1}$ action on $\mathbb{R}^{2}$. Let $s$ and $g$ be the usual metrics on $S^{1}$ and $\mathbb{R}^{2}$, respectively. Recall that $\bar{g}$ is defined so that the quotient map,

$$
Q:\left(S^{1} \times \mathbb{R}^{2}, s+g\right) \rightarrow\left(\mathbb{R}^{2}, \bar{g}\right)
$$

given by $Q(z, q)=\bar{z} q$ is a Riemannian submersion. This new metric is positively curved and is a paraboloid asymptotic to a cylinder of radius 1. All horizontal planes have zero curvature, but each projects to a positively curved plane. So positive curvature is created via the $A$-tensor alone.

### 2.3 Jacobi Fields Along Geodesics Contained In Flats

To prove Theorems 3 and 4 we establish a main lemma on holonomy fields, whose defintion we recall from [20].

Definition 18 Given a Riemannian submersion $\pi: M \rightarrow B$ let $A$ and $T$ be the corresponding fundamental tensors as defined in [42]. A Jacobi field $J$ along a horizontal
geodesic $c: I \rightarrow M$ is said to be a holonomy field if $J(0)$ is vertical and satisfies

$$
\begin{equation*}
J^{\prime}(0)=A_{\dot{c}(0)} J(0)+T_{J(0)} \dot{c}(0) \tag{2.1}
\end{equation*}
$$

Main Lemma 1 Let $\pi: M \rightarrow B$ be a Riemannian submersion of complete, non-negatively curved manifolds so that each holonomy field is bounded. Let $\tilde{\sigma}$ be a horizontal zero-curvature plane in $M$ such that $\exp (\tilde{\sigma})$ is a flat. Then

1 白 projects to a zero-curvature plane $\sigma$ in $B$ that exponentiates to a flat submanifold of B, and

2 Every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $M$.

The symmetries of the curvature tensor imply that the map $X \longmapsto R(X, W) W$ is self-adjoint. This combined with the spectral theorem yields the following result, which appears implictly in [48].

Proposition 19 Let span $\{X, W\}$ be a zero curvature plane in a nonnnegatively curved manifold, then

$$
R(X, W) W=R(W, X) X=0
$$

In a compact Lie group $G$ with bi-invariant metric, solutions to the Jacobi equation along a geodesic $\gamma(t)$ have the form

$$
J(t)=E_{0}+t F_{0}+\sum_{i=0}^{l}\left(\cos \left(\sqrt{k_{i}} t\right) E_{i}+\sin \left(\sqrt{k_{i}} r\right) F_{i}\right)
$$

where $E_{i}$ and $F_{i}$ are parallel along $\gamma$ (see [41]). We generalize this decomposition in the following way:

Lemma 20 Suppose $\gamma$ is a geodesic in a complete, non-negatively curved manifold $M$, and suppose $J_{0}$ is a normal, parallel, Jacobi field along $\gamma$, then any normal Jacobi field $J$ along $\gamma$ can be written as

$$
\begin{equation*}
J(t)=(a+b t) J_{0}(t)+W(t), \tag{2.2}
\end{equation*}
$$

where $a, b \in \mathbb{R}$ and $W$ and $W^{\prime}$ are perpendicular to $J_{0}$.

Proof. Extend $J_{0}$ to an orthonormal basis $\left\{J_{0}, E_{2}, \ldots, E_{n-1}\right\}$ of normal, parallel fields along $\gamma$. Since $J_{0}(t)$ and $\gamma^{\prime}(t)$ span a zero-curvature plane and $M$ is non-negatively curved, $R\left(J_{0}, \gamma^{\prime}\right) \gamma^{\prime}=0$, by Proposition 19. Therefore, if we write

$$
J(t)=f(t) J_{0}(t)+\sum_{i=2}^{n-1} f_{i}(t) E_{i}(t)
$$

we have

$$
\begin{aligned}
J^{\prime \prime}(t) & =-R\left(J(t), \gamma^{\prime}(t)\right) \gamma^{\prime}(t) \\
& =-\sum_{i=2}^{n-1} f_{i}(t) R\left(E_{i}, \gamma^{\prime}(t)\right) \gamma^{\prime}(t)
\end{aligned}
$$

and

$$
\left\langle R\left(E_{i}, \gamma^{\prime}\right) \gamma^{\prime}, J_{0}\right\rangle=\left\langle R\left(J_{0}, \gamma^{\prime}\right) \gamma^{\prime}, E_{i}\right\rangle=0
$$

by a symmetry of the curvature tensor. Thus $J^{\prime \prime} \perp J_{0}$. Since $\left\{J_{0}, E_{2}, \ldots, E_{n-1}\right\}$ is parallel and orthogonal, we also have

$$
J^{\prime \prime}(t)=f^{\prime \prime}(t) J_{0}(t)+\sum_{i=2}^{n-1} f_{i}^{\prime \prime}(t) E_{i}(t)
$$

Combining this with $J^{\prime \prime} \perp J_{0}$, we see that $f^{\prime \prime}=0$ as claimed.
Since $W^{\prime}=\sum_{i=2}^{n-1} f_{i}^{\prime}(t) E_{i}(t)$, we also have $W^{\prime} \perp J_{0}$.

Given a Riemannian submersion $\pi: M \rightarrow B$, let $\mathcal{V}$ and $\mathcal{H}$ be the vertical and horizontal distributions. As holonomy fields are the variational fields arising from horizontal lifts of geodesics in $B$, they never vanish, they remain vertical, and they satisfy (2.1) for all time. In fact, we can find a collection $\left\{J_{i}(t)\right\}$ of such fields that span $\mathcal{V}$ along $c$. This description of $\mathcal{V}$ allows one to determine precisely when a field along a curve in $M$ has values in $\mathcal{H}$. In particular, we have the following, as observed by Tapp when $M$ is a Lie group.

Lemma 21 Suppose $\pi: M \rightarrow B$ is a Riemannian submersion of a complete, non-negatively curved manifold $M$, $\gamma$ is a horizontal geodesic in $M$, and $J_{0}$ is a parallel Jacobi field along $\gamma$ such that $J_{0}(0)$ is horizontal. If all holonomy fields $V$ along $\gamma$ have bounded length, then $J_{0}$ is everywhere horizontal.

Proof. Let $V$ be a holonomy field. Since $V$ is always vertical, the decomposition in Lemma 20 simplifies to

$$
V(t)=b t J_{0}(t)+W(t)
$$

Since $V$ has bounded length, $b=0$ and therefore $V(t)=W(t)$, which is perpendicular to $J_{0}$. As the collection of all holonomy fields spans the vertical distribution along $\gamma$, the result follows.

Part 1 of the main lemma is a consequence of the next result.

Lemma 22 Suppose $\pi: M \rightarrow B$ is a Riemannian submersion of a complete, non-negatively curved manifold $M$, and all holonomy fields of $\pi$ have bounded length. Suppose $\tilde{\sigma}$ is a horizontal zero curvature plane and $\exp (\tilde{\sigma})$ is a totally geodesic flat.

Then $\sigma:=d \pi(\tilde{\sigma})$ has a zero curvature and $\exp (\sigma)$ is a totally geodesic flat submanifold of $B$.

Proof. Let $\{X, Y\}$ be any orthonormal pair in $\tilde{\sigma}$. Let $\gamma$ be the geodesic: $t \longmapsto$ $\exp (t X)$, and let $J$ be the parallel Jacobi field along $\gamma$ with $J(0)=Y$. Then by the previous Lemma, $J(t)$ is horizontal for all $t$. Hence $\exp (\tilde{\sigma})$ is everywhere horizontal, and, by assumption, a totally geodesic flat.

It follows from the Horizontal Curvature Equation that $\pi(\exp (\tilde{\sigma}))$ is also flat, and from the formula for covariant derivatives of horizontal fields it follows that $\pi(\exp (\tilde{\sigma}))$ is totally geodesic. Since horizontal geodesics project to geodesics, $\pi(\exp (\tilde{\sigma}))=\exp (d \pi(\tilde{\sigma}))=$ $\exp (\sigma)$. So $\exp (\sigma)$ is a totally geodesic flat submanifold of $B$.

The following lemma is probably a well known application of the Horizontal Curvature Equation. We include it as it establishes part 2 of our main lemma and is also used in the proof of Theorem 2.

Lemma 23 Let $\pi: M \rightarrow B$ be a Riemannian submersion of a complete, non-negatively curved manifold M. Let $\sigma$ be a tangent plane to $B$ so that $\exp (\sigma)$ is a totally geodesic flat.

Then for any horizontal lift $\tilde{\sigma}$ of $\sigma, \exp (\tilde{\sigma})$ is a totally geodesic flat that is everywhere horizontal.

Proof. The Horizontal Curvature Equation implies that any horizontal lift $\hat{\tau}$ of a plane $\tau$ tangent to $\exp (\sigma)$ satisfies

$$
\sec _{M}(\hat{\tau})=0 \text { and } A(\hat{\tau})=0
$$

In particular, the collection of all such $\hat{\tau}$ s gives us an integrable 2-dimensional distribution that is horizontal. The vanishing $A$-tensor combined with our hypothesis that $\exp (\sigma)$ is totally geodesic gives us that all the integral submanifolds of this distribution are also totally geodesic. If $\tilde{\sigma}$ is a horizontal lift of $\sigma$, then it follows that $\exp (\tilde{\sigma})$ is tangent to this distribution and hence is a totally geodesic flat that is everywhere horizontal.

We now proceed with proofs of theorems 3 and 2 .

Proof of Theorem 3. When the fibers of a Riemannian submersion are totally geodesic, the $T$-tensor for the submersion vanishes. If $V$ is a holonomy field along a horizontal geodesic $\gamma$, by (2.1) we have

$$
\langle V(t), V(t)\rangle^{\prime}=2\left\langle V(t), V^{\prime}(t)\right\rangle=2\left\langle V(t), T_{V(t)} \gamma^{\prime}(t)\right\rangle=0
$$

so $V$ has constant norm. An applicaiton of the main lemma completes the proof.

In contrast to our other results the proof of Theorem 2 does not use the main lemma. Instead we exploit the infinitesimal geometry of the submersion.

## Proof of Theorem 2.

Let $\sigma$ be a zero-curvature plane in $B$ and $\tilde{\sigma}$ a horizontal lift of $\sigma$ so that $\exp (\tilde{\sigma})$ is contained in a flat of $M$. Let $\gamma$ be a geodesic in $\exp (\tilde{\sigma})$ and $J_{0}$ be a parallel Jacobi field along $\gamma$ such that

$$
\tilde{\sigma}=\operatorname{span}\left\{\gamma^{\prime}(0), J_{0}(0)\right\} .
$$

Now $A_{\gamma^{\prime}(0)} J_{0}(0)=0$ because $\sec _{M}(\tilde{\sigma})=\sec _{B}(\sigma)=0$; so for any holonomy field $V$, we have

$$
\begin{aligned}
\left.\left\langle J_{0}(t), V^{\prime}(t)\right\rangle\right|_{t=0} & =\left.\left\langle J_{0}(t), A_{\gamma^{\prime}(t)} V(t)\right\rangle\right|_{t=0}, \text { since } J_{0}(0) \text { is horizontal } \\
& =-\left.\left\langle A_{\gamma^{\prime}(t)} J_{0}(t), V(t)\right\rangle\right|_{t=0} \\
& =0
\end{aligned}
$$

On the other hand, differentiating the right hand side of $V(t)=b t J_{0}(t)+W(t)$, we find

$$
\begin{aligned}
\left.\left\langle J_{0}(t), V^{\prime}(t)\right\rangle\right|_{t=0} & =\left.\left\langle J_{0}(t), b J_{0}(t)\right\rangle\right|_{t=0}+\left.\left\langle J_{0}(t), W^{\prime}(t)\right\rangle\right|_{t=0} \\
& =b\left|J_{0}(0)\right|^{2}
\end{aligned}
$$

Therefore $b=0$ and $V=W$, and it follows that $N:=\exp (\tilde{\sigma})$ is everywhere horizontal. Thus its projection, $\exp (\sigma)$, is a totally geodesic flat in $B$.

By Lemma 23, every horizontal lift of $\sigma$ exponentiates to a horizontal flat in $M$.

### 2.4 The Holonomy of $\pi$

In this section we prove Theorem 4 by showing that such submersions have bounded holomomy fields and hence satisfy the hypotheses of the main lemma. At the end of the section we prove Corollary 5.

Given a point $b \in B$, we define the holonomy group $\operatorname{hol}(b)$ to be the group of all diffeomorphisms of the fiber $\pi^{-1}(b)$ that occur as holonomy diffeomorphisms $h_{c}: \pi^{-1}(b) \rightarrow$ $\pi^{-1}(b)$ obtained by lifting piecewise smooth loops $c$ at $b$. If $M$ is compact, the $T$ tensor is
globally bounded in norm. It follows that each holonomy diffeomorphism $h_{c}$ is Lipschitz with Lipschitz constant dependent only on the length of $c$ (see [21], Lemma 4.2). Since this Lipschitz constant can actually depend on the length of $c$, this is generally not enough to conclude that the the holonomy fields are uniformly bounded (see [56], Example 6.1]).

On the other hand, if $B$ is compact and $\operatorname{hol}(b)$ is a compact, finite-dimensional Lie group, then there is a uniform Lipschitz constant for all of hol $(b)$. Thus the holonomy fields are uniformly bounded ([56], Proposition 6.2). So to prove theorem 4, it suffices to show that $\operatorname{hol}(b)$ is a compact, finite-dimensional Lie group.

Proof of Theorem 4. Set $B=M / G$, and for $p \in M$, let $G_{p}$ denote the isotropy subgroup of $G$. Note that the map $f: G / G_{p} \rightarrow M$ given by $f\left(g G_{p}\right)=g(p)$ is an imbedding onto the orbit $G(p)$ of $p$. Now take any piecewise smooth curve $c:[0,1] \rightarrow B$. The holonomy diffeomorphism

$$
h_{c}: \pi^{-1}(c(0)) \rightarrow \pi^{-1}(c(1))
$$

is defined by

$$
h_{c}(p)=\bar{c}(1),
$$

where $\bar{c}$ is the unique horizontal lift of $c$ starting at $p$. By assumption, $G$ acts isometrically on $M$, so $g \bar{c}$ is also horizontal. Since $(g \bar{c})(1)=g(\bar{c}(1))$, we have that

$$
h_{c}(g p)=g h_{c}(p) .
$$

In other words, $h_{c}$ is $G$-equivariant.
By the above, $\operatorname{hol}(b)$ is a subgroup of the collection $\operatorname{Diff}_{G}\left(\pi^{-1}(b)\right)$ of all $G$-equivariant diffeomorphisms of the fiber $\pi^{-1}(b)$. Take any $p \in \pi^{-1}(b)$. Set $H \equiv G_{p}$, and identify $\pi^{-1}(b)$
with $G / H$. Then $\operatorname{Diff}_{G}(G / H)$ is isomorphic to the Lie group $N(H) / H$, where $N(H)$ is the normalizer of $H$ (see [20], Lemma 2.3.3).

In [59], Wilking associates to a given metric foliation $\mathcal{F}$ the so-called dual foliation $\mathcal{F} \#$. The dual leaf through a point $p \in M$ is defined as all points $q \in M$ such that there is a piecewise smooth, horizontal curve from $p$ to $q$. Let $L_{p}^{\#}$ be the dual leaf through $p$.

We shall see that for any $p \in M, \operatorname{hol}(b)$ is homeomorphic to $L_{p}^{\#} \cap \pi^{-1}(b)$.
We have the continuous map

$$
\operatorname{ev}_{p}: \operatorname{hol}(b) \rightarrow L_{p}^{\#} \cap \pi^{-1}(b)
$$

defined by

$$
\mathrm{ev}_{p}: h_{c} \mapsto h_{c}(p) .
$$

To construct the inverse, let $q$ be in $L_{p}^{\#} \cap \pi^{-1}(b)$. There is a piecewise smooth, horizontal curve $\bar{c}$ from $p$ to $q$. Now $\pi \circ \bar{c}$ is a piecewise smooth loop at $b$ and

$$
h_{\pi \circ \bar{c}}(p)=q .
$$

We therefore propose to define $\mathrm{ev}_{p}^{-1}$ by

$$
\mathrm{ev}_{p}^{-1}: q \longmapsto h_{\pi \circ \bar{c}} .
$$

To see that $\mathrm{ev}_{p}^{-1}$ is well-defined, suppose $\tilde{c}$ is another piecewise smooth, horizontal curve from $p$ to $q$. By construction, we have $h_{\pi \circ \bar{c}}(p)=h_{\pi \circ \tilde{c}}(p)$. Since all holonomy diffeomorphisms are $G$-equivariant and $G$ acts transitively on $\pi^{-1}(b)$, it follows that

$$
h_{\pi \circ \bar{c}}=h_{\pi \circ \tilde{c}} .
$$

Now take a sequence of points $q_{i} \in L^{\#} \cap \pi^{-1}(b)$ converging to $q_{0} \in L^{\#} \cap \pi^{-1}(b)$. There are horizontal curves $\bar{c}_{i}$ from $p$ to $q_{i}$ such that $h_{\pi o \bar{c}_{i}}(p)=q_{i}$. Again by $G$-equivariance and the transitive action of $G$, these holonomy diffeomorphisms are completely determined by their behavior at a point. Thus $h_{\pi \circ \bar{c}_{i}} \rightarrow h_{\pi \circ \bar{c}_{0}}$, and so $\mathrm{ev}_{p}^{-1}$ is continuous. Therefore hol $(b)$ is homeomorphic to $L^{\#} \cap \pi^{-1}(b)$.

Since $\mathcal{F}$ is given by the orbit decomposition of an isometric group action, the dual foliation has complete leaves ([59], Theorem 3(a)). In particular, this says $L^{\#} \cap \pi^{-1}(b) \cong$ $\operatorname{hol}(b)$ is a closed subset of the compact space $\pi^{-1}(b)$ and hence is also compact. It follows that $\operatorname{hol}(b)$ is closed in the Lie $\operatorname{group}^{\operatorname{Diff}}{ }_{G}(G / H) \cong N(H) / H$, so is a Lie subgroup of $\operatorname{Diff}_{G}(G / H)$. Thus hol $(b)$ is a compact, finite-dimensional Lie group.

Remark 24 In general, hol(b) need not even be a Lie group, let alone a compact Lie group [56]. However, it is shown in [22] that when the fibers come from principal $G$-actions, $\operatorname{hol}(b)$ is always a Lie group.

Recall (see [20], p.92) that if $P$ is the total space of the principal $G$-bundle $\pi_{P}: P \rightarrow B:=P / G$ and $F$ is a manifold that carries a $G$-action, then $G$ acts freely on the product $P \times F$. In particular, if $P$ and $F$ have $G$-invariant metrics of non-negative curvature, $G$ acts by isometries on the product $P \times F$. As a result, the total space $E=$ $P \times{ }_{G} F:=(P \times F) / G$ of the associated bundle inherits a metric of non-negative curvature such that the quotient map $Q: P \times F \rightarrow P \times{ }_{G} F$ is a Riemannian submersion [8]. Similarly, $B$ inherits a metric of non-negative curvature such that $\pi_{P}: P \rightarrow B$ is a Riemannian submersion. If $\pi_{1}: P \times F \rightarrow P$ is projection onto the first factor, the diagram

commutes and so $\pi: E \rightarrow B$ is also a Riemannian submersion.
Proof of Corollary 5: . Consider the composition

$$
\pi_{P} \circ \pi_{1}: P \times F \longrightarrow B .
$$

The holonomy fields for $\pi_{P} \circ \pi_{1}$ are the products of holonomy fields for $\pi_{P}: P \rightarrow B$ and $\pi_{1}$. The former are bounded by the proof of Theorem 4, the latter are bounded because the fibers of $\pi_{1}$ are totally geodesic.

Now suppose that $\tilde{\sigma}$ is a horizontal zero-curvature plane for $\pi: E \longrightarrow B$ such that $\exp _{p}(\tilde{\sigma})$ is a flat. Apply Lemma 23 to $Q: P \times F \rightarrow E$ to conclude that any horizontal lift $\tilde{\sigma}_{P \times F}$ of $\tilde{\sigma}$ exponentiates to a ( $Q$-horizontal) flat. Since the holonomy fields of $\pi_{P} \circ \pi_{1}=\pi \circ Q$ are bounded, we can apply Lemma 22 to conclude that $\sigma:=d(\pi \circ Q)\left(\tilde{\sigma}_{P \times F}\right)=d \pi(\tilde{\sigma})$ is a zero plane that exponentiates to a flat. Applying Lemma 23 to $\pi: E \rightarrow B$ we conclude that every horizontal lift of $\sigma$ is a horizontal flat.

Remark 25 Combining the Main Lemma with the concept of projectable Jacobi fields from [20] one gets a shorter (but more learned) proof of the Corollary.

## Chapter 3

## Riemannian Submersions Need

## Not Preserve Positive Curvature

### 3.1 Vertical Warping

Given a Riemannian submersion $\pi: M \rightarrow B$, the vertical and horizontal distributions are defined as $\mathcal{V}:=\operatorname{ker} \pi_{*}$ and $\mathcal{H}:=\left(\operatorname{ker} \pi_{*}\right)^{\perp}$, respectively. This gives a splitting of the tangent bundle as

$$
T M=\mathcal{V} \oplus \mathcal{H} .
$$

If $g$ is the metric on $M$, we denote by $g^{h}$ and $g^{v}$ the restrictions of $g$ to $\mathcal{H}$ and $\mathcal{V}$. Define a new metric $g_{\nu}:=e^{2 \nu} g^{v}+g^{h}$, where $\nu$ is any smooth function on $B$. Note that both $\mathcal{H}$ and $g^{h}$ are unchanged, so $\pi:\left(M, g_{\nu}\right) \rightarrow B$ is also Riemannian.

The calculations that give important geometric quantities associated to $g_{\nu}$ in terms of $g$ and $\nu$ are carried out in ([20], p. 45). In particular, the ( 0,2 ) Ricci tensor $\operatorname{Ric}_{\nu}$ of $g_{\nu}$
is given in detail. When $M=B^{m} \times F^{k}$ with $g$ a product metric, these quantities reduce to the following (Corollary 2.2.2 [20]):

For horizontal $X, Y$ and vertical $U, V$, we have

$$
\begin{align*}
\operatorname{Ric}_{\nu}(X, Y) & =\operatorname{Ric}_{B}(X, Y)-k(\operatorname{Hess} \nu(X, Y)+g(\nabla \nu, X) g(\nabla \nu, Y))  \tag{3.1}\\
\operatorname{Ric}_{\nu}(X, U) & =0  \tag{3.2}\\
\operatorname{Ric}_{\nu}(U, V) & =\operatorname{Ric}_{F}(U, V)-g(U, V) e^{2 \nu}\left(\Delta \nu+k|\nabla \nu|^{2}\right) \tag{3.3}
\end{align*}
$$

Here we denote by the same letter those fields which are $\pi_{1}$-related where $\pi_{1}: B \times F \rightarrow B$ is projection onto the first factor. We write $B \times{ }_{\nu} F$ to denote the warped product metric $g_{\nu}$ on $B \times F$.

## $3.2 S_{\varphi}^{2} \times_{\nu} F$

Choose $\varphi:[0, \pi] \rightarrow[0, \infty)$ so that $S^{2}$ equipped with the metric $g_{\varphi}=d r^{2}+\varphi^{2} d \theta^{2}$ is a smooth Riemannian manifold denoted by $S_{\varphi}^{2}$. Let $\nu:[0, \pi] \rightarrow \mathbb{R}$ be a function on $S_{\varphi}^{2}$ that only depends on $r$. Consider the warped product $S_{\varphi}^{2} \times{ }_{\nu} F$ where $\left(F, g_{F}\right)$ is any $k$-dimensional manifold $(k \geq 2)$ with $\operatorname{Ric}_{F} \geq 1$. Using the notation $\dot{\nu}=\partial_{r} \nu$, since $\nu$ only depends on $r$

$$
\nabla \nu=\dot{\nu} \partial_{r}
$$

If $L$ denotes Lie derivative we have,

$$
\begin{aligned}
2 \operatorname{Hess} \nu & =L_{\nabla \nu} g_{\varphi} \\
& =L_{\dot{\nu} \partial_{r}} g_{\varphi} \\
& =\dot{\nu} L_{\partial_{r}} g_{\varphi}+d \dot{\nu} d r+d r d \dot{\nu} \\
& =2 \dot{\nu} \operatorname{Hess} r+2 \ddot{\nu} d r^{2},
\end{aligned}
$$

and so the Hessian of $\nu$ is given by

$$
\text { Hess } \nu=\ddot{\nu} d r^{2}+\dot{\nu} \varphi \dot{\varphi} d \theta^{2} .
$$

The Ricci tensor of $S_{\varphi}^{2}$ is (see p. 69 [47]) given as

$$
\operatorname{Ric}_{S_{\varphi}^{2}}=-\frac{\ddot{\varphi}}{\varphi} g_{\varphi} .
$$

Let $\operatorname{Ric}_{\nu}^{h}$ and $\operatorname{Ric}_{\nu}^{v}$ denote $\operatorname{Ric}_{\nu}$ restricted to the horizontal and vertical distribution, respectively. Equation (3.1) can be written as

$$
\begin{equation*}
-\operatorname{Ric}_{\nu}^{h}=\left[\frac{\ddot{\varphi}}{\varphi}+k\left(\ddot{\nu}+\dot{\nu}^{2}\right)\right] d r^{2}+\varphi[\ddot{\varphi}+k \dot{\nu} \dot{\varphi}] d \theta^{2} \tag{3.4}
\end{equation*}
$$

and equation (3.3) can be written as

$$
\begin{equation*}
\operatorname{Ric}_{\nu}^{v}=\operatorname{Ric}_{F}-e^{2 \nu}\left(\ddot{\nu}+\frac{\dot{\varphi} \dot{\nu}}{\varphi}-k \dot{\nu}^{2}\right) g_{F} \tag{3.5}
\end{equation*}
$$

Notice that since $\operatorname{Ric}_{F} \geq 1$, if $\operatorname{Ric}_{\nu}^{h}$ is positive, then these equations together with Equation 3.2 imply that $S_{\varphi}^{2} \times{ }_{\nu+\ln \lambda} F$ has positive Ricci curvature, provided $\lambda$ is a sufficiently small positive constant.

By requiring that $\ddot{\varphi}(p)>0$ for some point $p \in(0, \pi)$, the projection $\pi_{1}: S_{\varphi}^{2} \times_{\nu}$ $F \longrightarrow S_{\varphi}^{2}$ is a Riemannian submersion for which the base has points of negative Ricci curvature.

To describe a Riemannian submersion that does not preserve non-negative Ricci curvature, it suffices to find functions $\varphi$ and $\nu$, and a metric $g_{F}$ on $F$ so that

1. $S_{\varphi}^{2}$ is smooth and has points of negative curvature, i.e.,

$$
\begin{array}{r}
\varphi^{(\mathrm{even})}(0)=\varphi^{(\mathrm{even})}(\pi)=0, \\
\dot{\varphi}(0)=-\dot{\varphi}(\pi)=1, \\
\ddot{\varphi}(p)=\eta>0
\end{array}
$$

for some point $p \in(0, \pi)$,
2. $\operatorname{Ric}_{\varphi}^{h} \geq 0$, i.e.,

$$
\begin{aligned}
\ddot{\nu}+\dot{\nu}^{2} & \leq-\frac{\ddot{\varphi}}{k \varphi} \\
\dot{\varphi} \dot{\nu} & \leq-\frac{\ddot{\varphi}}{k} .
\end{aligned}
$$

and
3. $\operatorname{Ric}_{\varphi}^{v} \geq 0$, i.e.,

$$
\operatorname{Ric}_{F} \geq e^{2 \nu}\left(\ddot{\nu}+\varphi \dot{\varphi} \dot{\nu}-k \dot{\nu}^{2}\right) g_{F}
$$

Assuming $F$ admits a metric with positive Ricci curvature, once functions satisfying (1) and (2) are found, we can scale down to a metric $g_{F}$ that strictly satisfies (3). So all that remains is to find functions $\varphi$ and $\nu$ satisfying (1) and (2).

In fact, we show $S_{\varphi}^{2} \times{ }_{\nu} F$ can have positive Ricci curvature by showing the existence of functions satisfying (1) and (2) with strict inequalities. This will follow by finding smooth functions $\varphi$ and $\nu$ and numbers $a, \varepsilon>0$, and $b>p+\varepsilon$ such that
(A) $\varphi$ satisfies (1) and

$$
\ddot{\varphi}<0
$$

on $(0, \pi) \backslash[p-\varepsilon, p+\varepsilon]$,

$$
\dot{\varphi} \geq a
$$

on $[0, b]$.
(B) $\dot{\nu}=0$ on $[0, \pi] \backslash(p / 2, b)$ and

$$
\begin{aligned}
\dot{\nu} & <-\frac{\eta}{k a} \\
\ddot{\nu}+\dot{\nu}^{2} & <-\frac{\eta}{k \varphi(p-\varepsilon)}
\end{aligned}
$$

on $(p-\varepsilon, p+\varepsilon)$.
(C)

$$
\ddot{\nu}+\dot{\nu}^{2}<-\frac{\ddot{\varphi}}{k \varphi}
$$

on $(p+\varepsilon, b]$.

The only constraint for a function $\varphi$ that satisfies all conditions of $(\mathrm{A})$ is that

$$
\int_{0}^{b} \ddot{\varphi} d r \geq a-1
$$

On $(0, p-\varepsilon),|\ddot{\varphi}|$ may be chosen arbitrarily small, so this constraint may be written as

$$
\begin{equation*}
\int_{p+\varepsilon}^{b} \ddot{\varphi} d r \geq a-1 \tag{3.6}
\end{equation*}
$$

Take $\nu$ so that on $[0, p / 2], \dot{\nu}=0$. On some subinterval of $[p / 2, p-\varepsilon]$, require $\ddot{\nu}$ small enough so that

$$
\begin{aligned}
\ddot{\nu}+\dot{\nu}^{2} & \leq 0 \\
\dot{\nu}(p-\varepsilon) & =-\frac{2 \eta}{k a},
\end{aligned}
$$

and on $(p-\varepsilon, p+\varepsilon)$, we may set

$$
\ddot{\nu}=\frac{-2 \eta}{k \varphi(p-\varepsilon)}-\left(\frac{2 \eta}{k a}\right)^{2}
$$

Then

$$
\dot{\nu}(p+\varepsilon)=-\frac{2 \eta}{k a}+O(\varepsilon)
$$

and therefore on $(p-\varepsilon, p+\varepsilon)$,

$$
\ddot{\nu}+\dot{\nu}^{2} \leq-\frac{2 \eta}{k \varphi(p-\varepsilon)}+O(\varepsilon)
$$

So (B) will be satisfied provided $\varepsilon$ is small enough and $\dot{\nu}=0$ on $[b, \pi]$. This last constraint can be written as

$$
\begin{align*}
\int_{p+\varepsilon}^{b} \ddot{\nu} d r & =-\dot{\nu}(p+\varepsilon)  \tag{3.7}\\
& =\frac{2 \eta}{k a}-O(\varepsilon) .
\end{align*}
$$

On $[p+\varepsilon, b), \varphi \geq(p+\varepsilon) a$. So (3.6) says

$$
\int_{p+\varepsilon}^{b}-\frac{\ddot{\varphi}}{k \varphi} d r \leq \frac{1-a}{k(p+\varepsilon) a}
$$

On the same interval,

$$
\dot{\nu} \geq-\frac{2 \eta}{k a}+O(\varepsilon)
$$

This, together with (3.7) says

$$
\int_{p+\varepsilon}^{b} \ddot{\nu}+\dot{\nu}^{2} d r \leq \frac{2 \eta}{k a}+\left(\frac{2 \eta}{k a}\right)^{2}(b-(p+\varepsilon))+O(\varepsilon) .
$$

Therefore, on $(p+\varepsilon, b]$, if we take $\ddot{\varphi}$ small enough so that

$$
\ddot{\varphi}<-k a(p+\varepsilon)\left(\ddot{\nu}+\dot{\nu}^{2}\right),
$$

(C) will be satisfied provided

$$
\frac{2 \eta}{k a}+\left(\frac{2 \eta}{k a}\right)^{2}(b-(p+\varepsilon))+O(\varepsilon)<\frac{1-a}{k(p+\varepsilon) a} .
$$

If $\eta<1 /(4(p+\varepsilon))$, this will be satisfied, for example, by taking $a=1-4(p+\varepsilon), b=p+2 \varepsilon$ and $\varepsilon$ sufficiently small.

Notice that $\eta$ can be taken large and $\varphi(p)$ will be small provided $p$ is sufficiently small. Given $C>0$, the metric $S_{\varphi}^{2}$ may be taken to have points of curvature less than $-C$.

## Chapter 4

## The Diffeomorphism Type of

## Manifolds with almost maximal

## volume

Section 4.1 introduces notations and conventions. Section 4.2 is review of necessary tools from Alexandrov geometry. Section 4.3 develops machinery and proves Theorem 11 in the case when $n \neq 4$. Theorem 11 in dimension 4 is proven in Section 4.4, and Theorem 12 is proven in Section 4.5.

Throughout the remainder of the paper, we assume without loss of generality, by rescaling if necessary, that $k=-1,0$ or 1 .

### 4.1 Conventions and Notations

We assume a basic familiarity with Alexandrov spaces, including but not limited to [5]. Let $X$ be an $n$-dimensional Alexandrov space and $x, p, y \in X$.

1. We call minimal geodesics in $X$ segments. We denote by $p x$ a segment in $X$ with endpoints $p$ and $x$.
2. We let $\Sigma_{p}$ and $T_{p} X$ denote the space of directions and tangent cone at $p$, respectively.
3. For $v \in T_{p} X$ we let $\gamma_{v}$ be the segment whose initial direction is $v$.
4. Following [46], $\Uparrow_{x}^{p} \subset \Sigma_{x}$ will denote the set of directions of segments from $x$ to $p$, and $\uparrow_{x}^{p} \in \Uparrow_{x}^{p}$ denotes the direction of a single segment from $x$ to $p$.
5. We let $\varangle(x, p, y)$ denote the angle of a hinge formed by $p x$ and $p y$ and $\tilde{\varangle}(x, p, y)$ denote the corresponding comparison angle.
6. Following [43], we let $\tau: \mathbb{R}^{k} \rightarrow \mathbb{R}_{+}$be any function that satisfies

$$
\lim _{x_{1}, \ldots, x_{k} \rightarrow 0} \tau\left(x_{1}, \ldots, x_{k}\right)=0
$$

and abusing notation we let $\tau: \mathbb{R}^{k} \times \mathbb{R}^{n} \rightarrow \mathbb{R}$ be any function that satisfies

$$
\lim _{x_{1}, \ldots, x_{k} \rightarrow 0} \tau\left(x_{1}, \ldots, x_{k} \mid y_{1}, \ldots, y_{n}\right)=0,
$$

provided that $y_{1}, \ldots, y_{n}$ remain fixed.
When making an estimate with a function $\tau$ we implicitly assert the existence of such a function for which the estimate holds.
7. We denote by $\mathbb{R}^{1, n}$ the Minkowski space $\left(\mathbb{R}^{n+1}, g\right)$, where $g$ is the semi-Riemannian metric defined by

$$
g=-d x_{0}^{2}+d x_{1}^{2}+\cdots+d x_{n}^{2}
$$

for coordinates $\left(x_{0}, x_{1}, \cdots, x_{n}\right)$ on $\mathbb{R}^{n+1}$.
8. We reserve $\left\{e_{j}\right\}_{j=0}^{m}$ for the standard orthonormal basis in both euclidean and Minkowski space.
9. We use two isometric models for hyperbolic space,

$$
H_{+}^{n}:=\left\{\left(x_{0}, x_{1}, \cdots, x_{n}\right) \in \mathbb{R}^{n+1} \mid-\left(x_{0}\right)^{2}+\left(x_{1}\right)^{2}+\cdots+\left(x_{n}\right)^{2}=-1, x_{0}>0\right\}
$$

and

$$
H_{-}^{n}:=\left\{\left(x_{0}, x_{1}, \cdots, x_{n}\right) \in \mathbb{R}^{n+1} \mid-\left(x_{0}\right)^{2}+\left(x_{1}\right)^{2}+\cdots+\left(x_{n}\right)^{2}=-1, x_{0}<0\right\} .
$$

10. We obtain explicit double disks, $\mathbb{D}_{k}^{n}(r):=\mathcal{D}_{k}^{n}(r)^{+} \cup_{\partial \mathcal{D}_{k}^{n}(r)^{ \pm}} \mathcal{D}_{k}^{n}(r)^{-}$, by viewing $\mathcal{D}_{k}^{n}(r)^{+}$and $\mathcal{D}_{k}^{n}(r)^{-}$explicitly as

$$
\mathcal{D}_{k}^{n}(r)^{+}:=\left[\begin{array}{cc}
\left\{z \in H_{+}^{n} \subset \mathbb{R}^{1, n} \mid \operatorname{dist}_{H_{+}^{n}}\left(e_{0}, z\right) \leq r\right\} & \text { if } k=-1 \\
\left\{z \in\left\{e_{0}\right\} \times \mathbb{R}^{n} \subset \mathbb{R}^{n+1} \mid \operatorname{dist}_{\mathbb{R}^{n+1}}\left(e_{0}, z\right) \leq r\right\} & \text { if } k=0 \\
\left\{z \in S^{n} \subset \mathbb{R}^{n+1} \mid \operatorname{dist}_{S^{n}}\left(e_{0}, z\right) \leq r\right\} & \text { if } k=1,
\end{array}\right.
$$

and

$$
\mathcal{D}_{k}^{n}(r)^{-}:=\left[\begin{array}{cc}
\left\{z \in H_{-}^{n} \subset \mathbb{R}^{1, n} \mid \operatorname{dist}_{H_{-}^{n}}\left(-e_{0}, z\right) \leq r\right\} & \text { if } k=-1 \\
\left\{z \in\left\{-e_{0}\right\} \times \mathbb{R}^{n} \subset \mathbb{R}^{n+1} \mid \operatorname{dist}_{\mathbb{R}^{n+1}}\left(-e_{0}, z\right) \leq r\right\} & \text { if } k=0 \\
\left\{z \in S^{n} \subset \mathbb{R}^{n+1} \mid \operatorname{dist}_{S^{n}}\left(-e_{0}, z\right) \leq r\right\} & \text { if } k=1 .
\end{array}\right.
$$

Since $r<\frac{\pi}{2}$ when $k=1, \mathcal{D}_{k}^{n}(r)^{+}$and $\mathcal{D}_{k}^{n}(r)^{-}$are disjoint in all three cases.

### 4.2 Basic Tools From Alexandrov Geometry

The notion of strainers [5] in an Alexandrov space forms the core of the calculus arguments used to prove our main theorem. In this section, we review this notion and its relevant consequences. In some sense the idea can be traced back to [43], and some of the ideas that we review first appeared in other sources such as [58] and [62].

Definition 26 Let $X$ be an Alexandrov space. A point $x \in X$ is said to be $(n, \delta, r)$-strained by the strainer $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n} \subset X \times X$ provided that for all $i \neq j$ we have

$$
\begin{gathered}
\widetilde{\varangle}\left(a_{i}, x, b_{j}\right)>\frac{\pi}{2}-\delta, \quad \widetilde{\varangle}\left(a_{i}, x, b_{i}\right)>\pi-\delta, \\
\widetilde{\varangle}\left(a_{i}, x, a_{j}\right)>\frac{\pi}{2}-\delta, \quad \widetilde{\varangle}\left(b_{i}, x, b_{j}\right)>\frac{\pi}{2}-\delta, \text { and } \\
\min _{i=1, \ldots, n}\left\{\operatorname{dist}\left(\left\{a_{i}, b_{i}\right\}, x\right)\right\}>r .
\end{gathered}
$$

We say a metric ball $B \subset X$ is an ( $n, \delta, r$ )-strained neighborhood with strainer $\left\{a_{i}, b_{i}\right\}_{i=1}^{n}$ provided every point $x \in B$ is $(n, \delta, r)$-strained by $\left\{a_{i}, b_{i}\right\}_{i=1}^{n}$.

The following is observed in [62].

Proposition 27 Let $X$ be a compact n-dimensional Alexandrov space. Then the following are equivalent.

1 There is a (sufficiently small) $\eta>0$ so that for every $p \in X$

$$
\operatorname{dist}_{G-H}\left(\Sigma_{p}, S^{n-1}\right)<\eta .
$$

2 There is a (sufficiently small) $\delta>0$ and an $r>0$ such that $X$ is covered by finitely many $(n, \delta, r)$-strained neighborhoods.

Theorem 28 ([5] Theorem 9.4) Let $X$ be an $n$-dimensional Alexandrov space with curvature bounded from below. Let $p \in X$ be $(n, \delta, r)$-strained by $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$. Provided $\delta$ is small enough, there is a $\rho>0$ such that the map $f: B(p, \rho) \rightarrow \mathbb{R}^{n}$ defined by

$$
f(x)=\left(\operatorname{dist}\left(a_{1}, x\right), \operatorname{dist}\left(a_{2}, x\right), \ldots, \operatorname{dist}\left(a_{n}, x\right)\right)
$$

is a bi-Lipschitz embedding with Lipschitz constants in $(1-\tau(\delta, \rho), 1+\tau(\delta, \rho))$.

If every point in $X$ is $(n, \delta, r)$-strained, we can equip $X$ with a $C^{1}$-differentiable structure defined by Otsu and Shioya in [44]. The charts will be smoothings of the map from the theorem above and are defined as follows: Let $x \in X$ and choose $\sigma>0$ so that $B(x, \sigma)$ is $(n, \delta, r)$-strained by $\left\{a_{i}, b_{i}\right\}_{i=1}^{n}$. Define $d_{i, x}^{\eta}: B(x, \sigma) \rightarrow \mathbb{R}$ by

$$
d_{i, x}^{\eta}(y)=\frac{1}{\operatorname{vol}\left(B\left(a_{i}, \eta\right)\right)} \int_{z \in B\left(a_{i}, \eta\right)} \operatorname{dist}(y, z)
$$

Then $\varphi_{x}^{\eta}: B(x, \sigma) \rightarrow \mathbb{R}^{n}$ is defined by

$$
\begin{equation*}
\varphi_{x}^{\eta}(y)=\left(d_{1, x}^{\eta}(y), \ldots, d_{n, x}^{\eta}(y)\right) \tag{4.1}
\end{equation*}
$$

If $B$ is $(n, \delta, r)$-strained by $\left\{a_{i}, b_{i}\right\}_{i=1}^{n}$, any choice of $2 n$-directions $\left\{\left(\uparrow_{x}^{a_{i}}, \uparrow_{x}^{b_{i}}\right)\right\}_{i=1}^{n}$ where $x \in B$ will be called a set of straining directions for $\Sigma_{x}$. As in, [5, 62], we say an Alexandrov space $\Sigma$ with curv $\Sigma \geq 1$ is globally $(m, \delta)$-strained by pairs of subsets $\left\{A_{i}, B_{i}\right\}_{i=1}^{m}$ provided

$$
\begin{aligned}
& \left|\operatorname{dist}\left(a_{i}, b_{j}\right)-\frac{\pi}{2}\right|<\delta, \quad \operatorname{dist}\left(a_{i}, b_{i}\right)>\pi-\delta \\
& \left|\operatorname{dist}\left(a_{i}, a_{j}\right)-\frac{\pi}{2}\right|<\delta, \quad\left|\operatorname{dist}\left(b_{i}, b_{j}\right)-\frac{\pi}{2}\right|<\delta
\end{aligned}
$$

for all $a_{i} \in A_{i}, b_{i} \in B_{i}$ and $i \neq j$.

Theorem 29 ([5] Theorem 9.5, cf also [43] Section 3) Let $\Sigma$ be an ( $n-1$ )-dimensional Alexandrov space with curvature $\geq 1$. Suppose $\Sigma$ is globally strained by $\left\{A_{i}, B_{i}\right\}$. There is a map $\tilde{\Psi}: \mathbb{R}^{n} \longrightarrow S^{n-1}$ so that $\Psi: \Sigma \rightarrow S^{n-1}$ defined by

$$
\Psi(x)=\tilde{\Psi} \circ\left(\operatorname{dist}\left(A_{1}, x\right), \operatorname{dist}\left(A_{2}, x\right), \ldots, \operatorname{dist}\left(A_{n}, x\right)\right)
$$

is a bi-Lipschitz homeomorphisms with Lipshitz constants in $(1-\tau(\delta), 1+\tau(\delta))$.

Remark 30 The description of $\tilde{\Psi}: \mathbb{R}^{n} \longrightarrow S^{n-1}$ in [5] is explicit but is geometric rather than via a formula. Combining the proof in [5] with a limiting argument, one can see that the map $\Psi$ can be given by

$$
\Psi(x)=\left(\sum \cos ^{2}\left(\operatorname{dist}\left(A_{i}, x\right)\right)\right)^{-1 / 2}\left(\cos \left(\operatorname{dist}\left(A_{1}, x\right)\right), \ldots, \cos \left(\operatorname{dist}\left(A_{n}, x\right)\right)\right)
$$

In particular, the differentials of $\varphi_{x}^{\eta}: B(x, \sigma) \subset X \longrightarrow \varphi(B(x, \sigma))$ are almost isometries.

Next we state a powerful lemma showing that for an $(n, \delta, r)$ strained neighborhood, angle and comparison angle almost coincide for geodesic hinges with one side in this neighborhood and the other reaching a strainer.

Lemma 31 ([5] Lemma 5.6) Let $B \subset X$ be $(1, \delta, r)$-strained by $\left(y_{1}, y_{2}\right)$. For any $x, z \in B$

$$
\left|\tilde{\varangle}\left(y_{1}, x, z\right)+\tilde{\varangle}\left(y_{2}, x, z\right)-\pi\right|<\tau(\delta, \operatorname{dist}(x, z) \mid r)
$$

In particular, for $i=1,2$,

$$
\left|\varangle\left(y_{i}, x, z\right)-\tilde{\varangle}\left(y_{i}, x, z\right)\right|<\tau(\delta, \operatorname{dist}(x, z) \mid r) .
$$

Corollary 32 Let $B \subset X$ be $(1, \delta, r)$-strained by $(a, b)$. Let $\left\{X^{\alpha}\right\}_{\alpha=1}^{\infty}$ be a sequence of Alexandrov spaces with curv $X^{\alpha} \geq k$ such that $X^{\alpha} \longrightarrow X$. For $x, z \in B$, suppose that $a^{\alpha}, b^{\alpha}, x^{\alpha}, z^{\alpha} \in X^{\alpha}$ converge to $a, b, x$, and $z$ respectively. Then

$$
\left|\varangle\left(a^{\alpha}, x^{\alpha}, z^{\alpha}\right)-\varangle(a, x, z)\right|<\tau(\delta, \operatorname{dist}(x, z), \tau(1 / \alpha \mid \operatorname{dist}(x, z)) \mid r) .
$$

Proof. The convergence $X^{\alpha} \longrightarrow X$ implies that we have convergence of the corresponding comparison angles. The result follows from the previous lemma.

Lemma 33 Let $B \subset X$ be $(n, \delta, r)$-strained by $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$. Let $\left\{X^{\alpha}\right\}_{\alpha=1}^{\infty}$ have curv $X^{\alpha} \geq k$ and suppose that $X_{\alpha} \longrightarrow X . \operatorname{Let}\left\{\left(\gamma_{1, \alpha}, \gamma_{2, \alpha}\right)\right\}_{\alpha=1}^{\infty}$ be a sequence of geodesic hinges in the $X^{\alpha}$ that converge to a geodesic hinge $\left(\gamma_{1}, \gamma_{2}\right)$ with vertex in $B$. Then

$$
\left|\varangle\left(\gamma_{1, \alpha}^{\prime}(0), \gamma_{2, \alpha}^{\prime}(0)\right)-\varangle\left(\gamma_{1}^{\prime}(0), \gamma_{2}^{\prime}(0)\right)\right|<\tau\left(\delta, \tau\left(1 / \alpha \mid \operatorname{len}\left(\gamma_{1}\right), \text { len }\left(\gamma_{2}\right)\right) \mid r\right) .
$$

Remark 34 Note that without the strainer, ${\lim \inf _{\alpha \rightarrow \infty} \varangle\left(\gamma_{1, \alpha}^{\prime}(0), \gamma_{2, \alpha}^{\prime}(0)\right) \geq \varangle\left(\gamma_{1}^{\prime}(0), \gamma_{2}^{\prime}(0)\right), ~(0)}$ [24], [5].

Proof. Apply the previous corollary with $x^{\alpha}=\gamma_{1, \alpha}(0), z^{\alpha}=\gamma_{1, \alpha}(\varepsilon), x^{\alpha} \rightarrow x$, and $z^{\alpha} \rightarrow z$ to conclude

$$
\left|\varangle\left(\Uparrow_{x_{i}^{\alpha}}^{a_{i}^{\alpha}}, \gamma_{1, \alpha}^{\prime}(0)\right)-\varangle\left(\Uparrow_{x}^{a_{i}}, \gamma_{1}^{\prime}(0)\right)\right|<\tau(\delta, \operatorname{dist}(x, z), \tau(1 / \alpha \mid \operatorname{dist}(x, z)) \mid r) .
$$

Similar reasoning with $x^{\alpha}=\gamma_{2, \alpha}(0), z^{\alpha}=\gamma_{2, \alpha}(\varepsilon), x=\lim _{\alpha \rightarrow \infty} x^{\alpha}$, and $z=\lim _{\alpha \rightarrow \infty} z^{\alpha}$ gives

$$
\left|\varangle\left(\Uparrow_{x^{\alpha}}^{a_{i}^{\alpha}}, \gamma_{2, \alpha}^{\prime}(0)\right)-\varangle\left(\Uparrow_{x}^{a_{i}}, \gamma_{2}^{\prime}(0)\right)\right|<\tau(\delta, \operatorname{dist}(x, z), \tau(1 / \alpha \mid \operatorname{dist}(x, z)) \mid r) .
$$

Since dist $(x, z)$ may be as small as we please, the result then follows from Theorem 29.

Lemma 35 ([62] Lemma 1.8.2) Let $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$ be an $(n, \delta, r)$-strainer for $B \subset X$. For any $x \in B$ and $\mu>0$, let $\Sigma_{x}^{\mu}$ be the set of directions $v \in \Sigma_{x}$ so that $\left.\gamma_{v}\right|_{[0, \mu]}$ is a segment. For any sufficiently small $\mu>0, \Sigma_{x}^{\mu}$ is $\tau(\delta, \mu)$-dense in $\Sigma_{x}$.

Corollary 36 Suppose $X^{\alpha} \longrightarrow X,\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$ is an $(n, \delta, r)$-strainer for $B \subset X$, and $(n, \delta, r)$-strainers $\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n}$ for $B^{\alpha} \subset X^{\alpha}$ satisfy

$$
\left(\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n}, B^{\alpha}\right) \longrightarrow\left(\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}, B\right)
$$

For any fixed $\mu>0$ and any sequence of directions $\left\{v^{\alpha}\right\}_{a=1}^{\infty} \subset \Sigma_{x^{\alpha}}$ with $x^{\alpha} \in B^{\alpha}$, there is a sequence $\left\{w^{\alpha}\right\}_{a=1}^{\infty} \subset \Sigma_{x^{\alpha}}^{\mu}$ with

$$
\varangle\left(w^{\alpha}, v^{\alpha}\right)<\tau(\delta, \mu)
$$

so that a subsequence of $\left\{\gamma_{w^{\alpha}}\right\}_{\alpha=1}^{\infty}$ converges to a geodesic $\gamma:[0, \mu] \longrightarrow X$.

From Arzela-Ascoli and Hopf-Rinow, we conclude

Proposition 37 Let $X$ be an Alexandrov space and $p, q \in X$. For any $\varepsilon>0$, there is $a$ $\delta>0$ so that for all $x \in B(p, \delta)$ and all $y \in B(q, \delta)$ and any segment $x y$, there is a segment pq so that

$$
\operatorname{dist}(x y, p q)<\varepsilon .
$$

We end this section by showing that convergence to a compact Alexandrov space $X$ without collapse implies the convergence of the corresponding universal covers, provided $\left|\pi_{1}(X)\right|<\infty$. For our purposes, when $X=C_{k, r}^{n}$, it would be enough to use [52] or [15].

The key tools are Perelman's Stability and Local Structure Theorems and the notion of first systole, which is the length of the shortest closed non-contractible curve.

Perelman's proof of the Local Structure Theorem can be found in [45], this result is also a corollary to his Stability Theorem, whose proof is published in [33].

Theorem 38 Let $\left\{X_{i}\right\}_{i=1}^{\infty}$ be a sequence of $n$-dimensional Alexandrov spaces with a uniform lower curvature bound converging to a compact, $n$-dimensional Alexandrov space $X$. If the fundamental group of $X$ is finite, then

1 A subsequence of the universal covers, $\left\{\tilde{X}_{i}\right\}_{i=1}^{\infty}$, of $\left\{X_{i}\right\}_{i=1}^{\infty}$ converges to the universal cover, $\tilde{X}$, of $X$.

2 A subsequence of the deck action by $\pi_{1}\left(X_{i}\right)$ on $\left\{\tilde{X}_{i}\right\}_{i=1}^{\infty}$ converges to the deck action of $\pi_{1}(X)$ on $\tilde{X}$.

Proof. In [45], Perelman shows $X$ is locally contractible. Let $\left\{U_{j}\right\}_{j=1}^{n}$ be an open cover of $X$ by contractible sets and let $\mu$ be a Lebesgue number of this cover. By Perelman's Stability Theorem, there are $\tau\left(\frac{1}{i}\right)$-Hausdorff approximations

$$
h_{i}: X \longrightarrow X_{i}
$$

that are also homeomorphisms. Therefore, if $i$ is sufficiently large, $\left\{h_{i}\left(U_{j}\right)\right\}_{j=1}^{n}$ is an open cover for $X_{i}$ by contractible sets with Lebesgue number $\mu / 2$. It follows that the first systoles of the $X_{i} \mathrm{~s}$ are uniformly bounded from below by $\mu$. Since the minimal displacement of the deck transformations by $\pi_{1}\left(X_{i}\right)$ on $\tilde{X}_{i} \longrightarrow X_{i}$ is equal to the first systole of $X_{i}$, this displacement is also uniformly bounded from below by $\mu$. By precompactness, a subsequence of $\left\{\tilde{X}_{i}\right\}$ converges to a length space $Y$. From Proposition 3.6 of [15], a subsequence of the actions $\left(\tilde{X}_{i}, \pi_{1}\left(X_{i}\right)\right)$ converges to an isometric action by some group $G$ on $Y$. By Theorem
2.1 in [14], $X=Y / G$. Since the displacements of the (nontrivial) deck transformations by $\pi_{1}\left(X_{i}\right)$ on $\tilde{X}_{i} \longrightarrow X_{i}$ are uniformly bounded from below, the action by $G$ on $Y$ is properly discontinuous. Hence $Y \longrightarrow Y / G=X$ is a covering space of $X$. By the Stability Theorem, $Y$ is simply connected, so $Y$ is the universal cover of $X$.

Remark 39 When the $X_{i}$ are Riemannian manifolds, one can get the uniform lower bound for the systoles of the $X_{i}$ s from the generalized Butterfly Lemma in [23]. The same argument also works in the Alexandrov case but requires Perelman's critical point theory, and hence is no simpler than what we presented above.

Lens spaces show that without the noncollapsing hypothesis this result is false even in constant curvature.

### 4.3 Cross Cap Stability

The main step to prove Theorem 11 is the following.

Theorem 40 Let $\left\{M^{\alpha}\right\}_{\alpha=1}^{\infty}$ be a sequence of closed Riemannian n-manifolds with sec $M^{\alpha} \geq k$ so that

$$
M^{\alpha} \longrightarrow C_{k, r}^{n}
$$

in the Gromov-Hausdorff topology. Let $\tilde{M}^{\alpha}$ be the universal cover of $M^{\alpha}$. Then for all but finitely many $\alpha$, there is a $C^{1}$ embedding

$$
\tilde{M}^{\alpha} \hookrightarrow \mathbb{R}^{n+1} \backslash\{0\}
$$

that is equivariant with respect to the deck transformations of $\tilde{M}^{\alpha} \longrightarrow M^{\alpha}$ and the $Z_{2}{ }^{-}$ action on $R^{n+1}$ generated by -id.

Two and three manifolds have unique differential structures up to diffeomorphism; so in dimensions two and three Theorems 11 and 40 follow from the main result of [25]. We give the proof in dimension 4 in section 4.4. Until then, we assume that $n \geq 5$.

Proof of Theorem 11 modulo Theorem 40.. By Perelman's Stability Theorem all but finitely many $\left\{\tilde{M}^{\alpha}\right\}_{\alpha=1}^{\infty}$ are homeomorphic to $S^{n}(\operatorname{cf}[25])$. Combining this with Theorem 40 and Brown's Theorem 9.7 in [39] gives an H -cobordism between the embedded image of $\tilde{M}^{\alpha} \subset \mathbb{R}^{n+1}$ and the standard $S^{n}$. Modding out by $\mathbb{Z}_{2}$, we see that $M^{\alpha}$ and $\mathbb{R} P^{n}$ are H -cobordant. Since the Whitehead group of $\mathbb{Z}_{2}$ is trivial ( [32], [40], p. 373), any Hcobordism between $M_{\alpha}$ and $\mathbb{R} P^{n}$ is an S -cobordism and hence a product, which completes the proof. $[2,38,53]$

The proof of Theorem 11 does not exploit any a priori differential structure on the Crosscap. Instead we exploit a model embedding of the double disk

$$
\mathbb{D}_{k}^{n}(r) \hookrightarrow \mathbb{R}^{n+1}
$$

whose restriction to either half, $\mathcal{D}_{k}^{n}(r)^{+}$or $\mathcal{D}_{k}^{n}(r)^{-}$, is the identity on the last $n$-coordinates. By describing the identity $\mathcal{D}_{k}^{n}(r) \longrightarrow \mathcal{D}_{k}^{n}(r)$ in terms of distance functions, we then argue that this embedding can be lifted to all but finitely many of a sequence $\left\{M^{\alpha}\right\}$ converging to $\mathbb{D}_{k}^{n}(r)$.

## The Model Embedding

Let $A: \mathbb{D}_{k}^{n}(r) \rightarrow \mathbb{D}_{k}^{n}(r)$ be the free involution mentioned in Example 9. For $z \in \mathbb{D}_{k}^{n}(r)$, we define $f_{z}: \mathbb{D}_{k}^{n}(r) \rightarrow \mathbb{R}$ by

$$
\begin{equation*}
f_{z}(x)=h_{k} \circ \operatorname{dist}(A(z), x)-h_{k} \circ \operatorname{dist}(z, x) \tag{4.2}
\end{equation*}
$$

where $h_{k}: \mathbb{R} \rightarrow \mathbb{R}$ is defined as

$$
h_{k}(x)=\left\{\begin{array}{cc}
\frac{1}{2 \sinh r} \cosh (x) & \text { if } k=-1 \\
\frac{x^{2}}{4 r} & \text { if } k=0 \\
\frac{1}{2 \sin r} \cos (x) & \text { if } k=1
\end{array}\right.
$$

Recall that we view $\mathcal{D}_{k}^{n}(r)^{ \pm}$as metric $r$-balls centered at $p_{0}=e_{0}$ and $A\left(p_{0}\right)=-e_{0}$ in either $H_{ \pm}^{n},\left\{ \pm e_{0}\right\} \times \mathbb{R}^{n}$, or $S^{n}$. For $i=1,2, \ldots, n$ we set

$$
p_{i}:=\left\{\begin{array}{cc}
\cosh (r) e_{0}+\sinh (r) e_{i} & \text { if } k=-1  \tag{4.3}\\
e_{0}+r e_{i} & \text { if } k=0 \\
\cos (r) e_{0}-\sin (r) e_{i} & \text { if } k=1 .
\end{array}\right.
$$

The functions $\left\{f_{i}\right\}_{i=1}^{n}:=\left\{f_{p_{i}}\right\}_{i=1}^{n}$ are then restrictions of the last $n$-coordinate functions of $\mathbb{R}^{n+1}$ to $\mathcal{D}_{k}^{n}(r)^{ \pm}$. We set $f_{0}:=f_{p_{0}}$. In contrast to $f_{1}, \ldots, f_{n}$, our $f_{0}$ is not a coordinate function. On the other hand its gradient is well defined everywhere on $\mathbb{D}_{k}^{n}(r) \backslash\left\{p_{0}, A\left(p_{0}\right)\right\}$, even on $\partial \mathcal{D}_{k}^{n}(r)^{+}=\partial \mathcal{D}_{k}^{n}(r)^{-}$where it is normal to $\partial \mathcal{D}_{k}^{n}(r)^{+}=\partial \mathcal{D}_{k}^{n}(r)^{-}$.

Define $\Phi: \mathbb{D}_{k}^{n}(r) \rightarrow \mathbb{R}^{n+1}$, by

$$
\Phi=\left(f_{0}, f_{1}, f_{2}, \cdots, f_{n}\right),
$$

and observe that

Proposition $41 \Phi$ is a continuous, $\mathbb{Z}_{2}$-equivariant embedding.

Proof. Write $\mathbb{R}^{n+1}=\mathbb{R} \times \mathbb{R}^{n}$ and let $\pi: \mathbb{R} \times \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ be projection. Since $f_{1}, f_{2}, \cdots, f_{n}$ are coordinate functions, the restrictions

$$
\left.\pi \circ \Phi\right|_{\mathcal{D}_{k}^{n}(r)^{ \pm}}: \mathcal{D}_{k}^{n}(r)^{ \pm} \longrightarrow \mathbb{R}^{n}
$$

are both the identity. From this and the definition of $f_{0}$, we conclude that $\Phi$ is one-toone. Since $\mathbb{D}_{k}^{n}(r)$ is compact, it follows that $\Phi$ is an embedding. The $\mathbb{Z}_{2}$-equivariance is immediate from definition 4.2.

## Lifting the Model Embedding

To start the proof of Theorem 40 let $\left\{M^{\alpha}\right\}_{\alpha=1}^{\infty}$ be a sequence of closed Riemannian $n-$ manifolds with $\sec M^{\alpha} \geq k$ so that

$$
M^{\alpha} \longrightarrow C_{k, r}^{n}
$$

and we let $\left\{\tilde{M}^{\alpha}\right\}_{\alpha=1}^{\infty}$ denote the corresponding sequence of universal covers. From Theorem 38, a subsequence of $\left\{\tilde{M}^{\alpha}\right\}_{\alpha=1}^{\infty}$ together with the deck transformations $\tilde{M}^{\alpha} \longrightarrow M^{\alpha}$ converge to $\left(\mathbb{D}_{k}^{n}(r), A\right)$. For all but finitely many $\alpha, \pi_{1}\left(M^{\alpha}\right)$ is isomorphic to $\mathbb{Z}_{2}$. We abuse notation and call the nontrivial deck transformation of $\tilde{M}^{\alpha} \longrightarrow M^{\alpha}, A$.

First we extend definition 4.2 by letting $f_{z}^{\alpha}: \tilde{M}^{\alpha} \rightarrow \mathbb{R}$ be defined by

$$
\begin{equation*}
f_{z}^{\alpha}(x)=h_{k} \circ \operatorname{dist}(A(z), x)-h_{k} \circ \operatorname{dist}(z, x) . \tag{4.4}
\end{equation*}
$$

Let $p_{i}^{\alpha} \in \tilde{M}^{\alpha}$ converge to $p_{i} \in \mathbb{D}_{k}^{n}(r)$, and for some $d>0$ define $f_{i, d}^{\alpha}: \tilde{M}^{\alpha} \rightarrow \mathbb{R}$ by

$$
\begin{equation*}
f_{i, d}^{\alpha}(x)=\frac{1}{\operatorname{vol} B\left(p_{i}^{\alpha}, d\right)} \int_{q^{\alpha} \in B\left(p_{i}^{\alpha}, d\right)} f_{q^{\alpha}}^{\alpha}(x) \tag{4.5}
\end{equation*}
$$

Differentiation under the integral gives

Proposition 42 The $f_{i, d}^{\alpha}$ are $C^{1}$ and $\left|\nabla f_{i, d}^{\alpha}\right| \leq 2$.

We now define $\Phi_{d}^{\alpha}: \tilde{M}^{\alpha} \rightarrow \mathbb{R}^{n+1}$ by

$$
\Phi_{d}^{\alpha}=\left(f_{0, d}^{\alpha}, f_{1, d}^{\alpha}, f_{2, d}^{\alpha}, \cdots, f_{n, d}^{\alpha}\right)
$$

As $\alpha \rightarrow \infty$ and $d \rightarrow 0, \Phi_{d}^{\alpha}$ converges to $\Phi$ in the Gromov-Hausdorff sense. Since $\Phi$ is an embedding it follows that $\Phi_{d}^{\alpha}$ is one-to-one in the large. More precisely,

Proposition 43 For any $\nu>0$, if $\alpha$ is sufficiently large and $d$ is sufficiently small, then

$$
\Phi_{d}^{\alpha}(x) \neq \Phi_{d}^{\alpha}(y),
$$

provided dist $(x, y)>\nu$.

Since the $\mathbb{Z}_{2}$-equivariance of $\Phi_{d}^{\alpha}$ immediately follows from definition 4.5 , all that remains to prove Theorem 40 is the following proposition:

Proposition 44 There is a $\rho>0$ so that $\Phi_{d}^{\alpha}$ is one to one on all $\rho$-balls, provided that $\alpha$ is sufficiently large and d is sufficiently small.

This is a consequence of Key Lemma 46 (stated below), whose statement and proof occupy the remainder of this section.

## Uniform Immersion

The proof of the Inverse Function Theorem in [50] gives

Theorem 45 (Quantitative Immersion Theorem) Let

$$
\mathbb{R}_{\hat{\imath}}^{n}:=\left\{\left(x_{1}, x_{2}, \ldots, x_{i-1}, 0, x_{i+1}, \ldots, x_{n+1}\right)\right\} \subset \mathbb{R}^{n+1}
$$

and let

$$
P_{\hat{\imath}}: \mathbb{R}^{n+1} \longrightarrow \mathbb{R}_{\hat{\imath}}^{n}
$$

be orthogonal projection.

Let $F: \mathbb{R}^{n} \longrightarrow \mathbb{R}^{n+1}$ be a $C^{1}$ map so that for some $a \in \mathbb{R}^{n}, \lambda>0$, and $\rho>0$, there is an $i \in\{1, \ldots, n+1\}$ so that

$$
\left|d\left(P_{\imath} \circ F\right)_{a}(v)\right| \geq \lambda|v|
$$

and

$$
\left|d\left(P_{\imath} \circ F\right)_{a}(v)-d\left(P_{\imath} \circ F\right)_{x}(v)\right|<\frac{\lambda}{2}|v|
$$

for all $x \in B(a, \rho)$ and $v \in \mathbb{R}^{n}$, then $\left.\left(P_{\hat{\imath}} \circ F\right)\right|_{B(a, \rho)}$ is a one-to-one, open map.

We note that every space of directions to $\mathbb{D}_{k}^{n}(r)$ is isometric to $S^{n-1}$. By proposition 27 , there are $r, \delta>0$ so that every point in the double disk has a neighborhood $B$ that is $(n, \delta, r)$-strained. If $B \subset \mathbb{D}_{k}^{n}(r)$ is $(n, \delta, r)$-strained by $\left\{a_{i}, b_{i}\right\}_{i=1}^{n}$, by continuity of comparison angles, we may assume there are sets $B^{\alpha} \subset \tilde{M}^{\alpha}(n, \delta, r)$-strained by $\left\{a_{i}^{\alpha}, b_{i}^{\alpha}\right\}_{i=1}^{n}$ such that

$$
\left(\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n}, B^{\alpha}\right) \longrightarrow\left(\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}, B\right) .
$$

Given $x^{\alpha} \in B^{\alpha}$, we let $\varphi_{x^{\alpha}}^{\eta}$ be as in 4.1.
To prove Proposition 44 it suffices to prove the following.

Key Lemma 46 There is a $\lambda>0$ and $\rho>0$ so that for all $x^{\alpha} \in \tilde{M}^{\alpha}$ there is an $i_{x^{\alpha}} \in$ $\{0,1, \ldots, n\}$ such that the function $F:=\Phi_{d}^{\alpha} \circ\left(\varphi_{x^{\alpha}}^{\eta}\right)^{-1}$ satisfies
1.

$$
\left|d\left(P_{\hat{\imath}_{x^{\alpha}}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}\left(x^{\alpha}\right)}(v)\right|>\lambda|v|
$$

and
2.

$$
\left|d\left(P_{i_{x^{\alpha}}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}(y)}(v)-d\left(P_{\hat{x}_{x^{\alpha}}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}\left(x^{\alpha}\right)}(v)\right|<\frac{\lambda}{2}|v|
$$

for all $y \in B\left(x^{\alpha}, \rho\right)$ and $v \in \mathbb{R}^{n}$, provided that $\alpha$ is sufficiently large and $d$ and $\eta$ are sufficiently small.

We show in the next subsection that part 1 of Key Lemma 46 holds, and in the following subsection we show that part 2 holds.

## Lower bound on the differential

We begin by illustrating that, in a sense, the first part of the key lemma holds for the model embedding.

Lemma 47 There is a $\lambda>0$ so that for all $v \in T \mathbb{D}_{k}^{n}(r)$ there is a $j(v) \in\{0,1, \ldots, n\}$ so that

$$
\left|D_{v} f_{j(v)}\right|>\lambda|v| .
$$

Proof. Recall that the double disk $\mathbb{D}_{k}^{n}(r)$ is the union of two copies of $\mathcal{D}_{k}^{n}(r)$ that we call $\mathcal{D}_{k}^{n}(r)^{+}$and $\mathcal{D}_{k}^{n}(r)^{-}$-glued along their common boundary - that throughout this section we call $\mathcal{S}:=\partial \mathcal{D}_{k}^{n}(r)^{ \pm}$.

If $x \in \mathbb{D}_{k}^{n}(r) \backslash \mathcal{S}$, then for $i \neq 0, \nabla f_{i}$ is unambiguously defined; moreover,

$$
\left\{\nabla f_{i}(x)\right\}_{i=1}^{n}
$$

is an orthonormal basis. Thus the lemma certainly holds on $\mathbb{D}_{k}^{n}(r) \backslash \mathcal{S}$.

For $x \in \mathcal{S}$ and $i \in\{1, \ldots, n\}$, we can think of the gradient of $f_{i}$ as multivalued. More precisely, for $x \in \mathcal{S}$, we view

$$
\mathcal{S} \subset \mathcal{D}_{k}^{n}(r)^{ \pm} \subset\left\{\begin{array}{cl}
H_{ \pm}^{n} & \text { if } k=-1 \\
\left\{ \pm e_{0}\right\} \times \mathbb{R}^{n} & \text { if } k=0 \\
S^{n} & \text { if } k=1
\end{array}\right.
$$

and define $\nabla f_{i}^{ \pm}$to be the gradient at $x$ of the coordinate function that extends $f_{i}$ to either $H_{ \pm}^{n},\left\{ \pm e_{0}\right\} \times \mathbb{R}^{n}$, or $S^{n}$.

From definition 4.2, for any $v \in T_{x} \mathbb{D}_{k}^{n}(r)$

$$
D_{v} f_{i}= \begin{cases}\left\langle\nabla f_{i}^{+}, v\right\rangle & \text { if } v \text { is inward to } \mathcal{D}_{k}^{n}(r)^{+} \\ \left\langle\nabla f_{i}^{-}, v\right\rangle & \text { if } v \text { is inward to } \mathcal{D}_{k}^{n}(r)^{-}\end{cases}
$$

Notice that the projections of $\nabla f_{i}^{+}$and $\nabla f_{i}^{-}$onto $T_{x} \mathcal{S}$ coincide, so for $v \in T_{x} \mathcal{S}$ we have $D_{v} f_{i}=\left\langle\nabla f_{i}^{+}, v\right\rangle=\left\langle\nabla f_{i}^{-}, v\right\rangle$. As $\left\{\nabla f_{i}^{+}\right\}_{i=1}^{n}$ is an orthonormal basis, the lemma holds for $v \in T \mathcal{S}$ and hence also for $v$ in a neighborhood $U$ of $\left.T \mathcal{S} \subset T \mathbb{D}_{k}^{n}(r)\right|_{\mathcal{S}}$. Since $\nabla f_{0}$ is well defined on $\mathcal{S}$ and normal to $\mathcal{S}$, for any unit $\left.v \in T \mathbb{D}_{k}^{n}(r)\right|_{\mathcal{S}} \backslash U$, we have $\left|D_{v} f_{0}\right|>0$. The lemma follows from the compactness of the set of unit vectors in $\left.T \mathbb{D}_{k}^{n}(r)\right|_{\mathcal{S}} \backslash U$.

Notice that at $p_{k}$ and $A\left(p_{k}\right)$ the gradients of $f_{k}$ and $f_{0}$ are colinear. Using this we conclude

Addendum 4.3.1 Let $p_{k}$ be any of $p_{1}, \ldots p_{n}$. There is an $\varepsilon>0$ so that for all $x \in B\left(p_{k}, \varepsilon\right) \cup$ $B\left(A\left(p_{k}\right), \varepsilon\right)$ and all $v \in T_{x} \mathbb{D}_{k}^{n}(r)$, the index $j(v)$ in the previous lemma can be chosen to be different from $k$.

Lemma 48 There is a $\lambda>0$ so that for all $v \in T_{x} \mathbb{D}_{k}^{n}(r)$ there is a $j(v) \in\{0,1, \ldots, n\}$ so
that

$$
\left|D_{v} f_{z}\right|>\lambda|v|
$$

for all $z \in B\left(p_{j(v)}, d\right)$, provided $d$ is sufficiently small.

Proof. If not then for each $i=0,1, \ldots, n$ there is a sequence $\left\{z_{i}^{j}\right\}_{j=1}^{\infty} \subset \mathbb{D}_{k}^{n}(r)$ with $\operatorname{dist}\left(z_{i}^{j}, p_{i}\right)<\frac{1}{j}$ and a sequence of unit $v^{j} \in T_{x^{j}} \mathbb{D}_{k}^{n}(r)$ so that

$$
\left|D_{v^{j}} f_{z_{i}^{j}}\right|<\frac{1}{j} .
$$

Choose the segments $x^{j} z_{i}^{j}$ and $x^{j} A\left(z_{i}^{j}\right)$ so that

$$
\begin{aligned}
\varangle\left(\uparrow_{x_{i}^{j}}^{z_{i}^{j}}, v^{j}\right) & =\varangle\left(\Uparrow_{x^{j}}^{z_{i}^{j}}, v^{j}\right) \text { and } \\
\varangle\left(\uparrow_{x^{j}}^{A\left(z_{i}^{j}\right)}, v^{j}\right) & =\varangle\left(\Uparrow_{x^{j}}^{A\left(z_{i}^{j}\right)}, v^{j}\right) .
\end{aligned}
$$

After passing to subsequences, we have $v^{j} \rightarrow v, x^{j} \rightarrow x$ and

$$
\begin{aligned}
x^{j} z_{i}^{j} & \rightarrow x p_{i} \\
x^{j} A\left(z_{i}^{j}\right) & \rightarrow x A\left(p_{i}\right),
\end{aligned}
$$

for some choice of segments $x p_{i}$ and $x A\left(p_{i}\right)$. Using Lemma 33 and Corollary 36 we conclude

$$
\begin{align*}
\left|\varangle\left(\uparrow_{x^{j}}^{z^{j}}, v^{j}\right)-\varangle\left(\uparrow_{x}^{p_{i}}, v\right)\right| & <\tau\left(\delta, \tau\left(\left.\frac{1}{j} \right\rvert\, \operatorname{dist}\left(x, p_{i}\right)\right)\right), \\
\left|\varangle\left(\uparrow_{x^{j}}^{A\left(z_{i}^{j}\right)}, v^{j}\right)-\varangle\left(\uparrow_{x}^{A\left(p_{i}\right)}, v\right)\right| & <\tau\left(\delta, \tau\left(\left.\frac{1}{j} \right\rvert\, \operatorname{dist}\left(x, A\left(p_{i}\right)\right)\right)\right) . \tag{4.6}
\end{align*}
$$

If $x \notin \mathcal{S}$, then the segments $x p_{i}$ and $x A\left(p_{i}\right)$ are unambiguously defined, and so the previous inequality and the hypothesis $\left|D_{v^{j}} f_{z_{i}^{j}}\right|<\frac{1}{j}$, contradict the previous lemma and its addendum.

If $x \in \mathcal{S}$ and $v \in T_{x} \mathcal{S}$, then

$$
\varangle\left(\uparrow_{x}^{p_{i}}, v\right) \text { and } \varangle\left(\uparrow_{x}^{A\left(p_{i}\right)}, v\right)
$$

are independent of the choice of the segments $x p_{i}$ and $x A\left(p_{i}\right)$, so the hypothesis $\left|D_{v^{j}} f_{z_{i}^{j}}\right|<$ $\frac{1}{j}$ together with the Inequalities 4.6 contradict the previous lemma and its addendum. Thus our result holds for $v \in T \mathcal{S}$ and hence also for $v$ in a neighborhood $U$ of $\left.T \mathcal{S} \subset T \mathbb{D}_{k}^{n}(r)\right|_{\mathcal{S}}$.

For a unit vector $\left.v \in T \mathbb{D}_{k}^{n}(r)\right|_{\mathcal{S}} \backslash U$, we saw in the proof of the previous lemma that for some $\lambda>0$

$$
\begin{equation*}
\left|D_{v} f_{0}\right|>\lambda . \tag{4.7}
\end{equation*}
$$

For $x \in \mathcal{S}$, we have unique segments $x p_{0}$ and $x A\left(p_{0}\right)$, so the hypothesis $\left|D_{v^{j}} f_{z_{i}^{j}}\right|<\frac{1}{j}$ and inequalities 4.6 contradict Inequality 4.7 .

Combining the proof of the previous lemma with Addendum 4.3.1, we get

Addendum 4.3.2 Let $p_{k}$ be any of $p_{1}, \ldots p_{n}$. There is an $\varepsilon>0$ so that for all $x \in B\left(p_{k}, \varepsilon\right) \cup$ $B\left(A\left(p_{k}\right), \varepsilon\right)$ and all $v \in T_{x} \mathbb{D}_{k}^{n}(r)$, the index $j(v)$ in the previous lemma can be chosen to be different from $k$.

Lemma 49 There is a $\lambda>0$ so that for all $v \in T \tilde{M}^{\alpha}$ there is a $j(v) \in\{0,1, \ldots, n\}$ so that

$$
D_{v} f_{j(v), d}^{\alpha}>\lambda|v|,
$$

provided $\alpha$ is sufficiently large and $d$ is sufficiently small.

Proof. If the lemma were false, then there would be a sequence of unit vectors $\left\{v^{\alpha}\right\}_{\alpha=1}^{\infty}$ with $v^{\alpha} \in T_{x^{\alpha}} \tilde{M}^{\alpha}$ such that for all $i$,

$$
\left|D_{v^{\alpha}} f_{i, d}^{\alpha}\right|<\tau\left(\frac{1}{\alpha}, d\right)
$$

Let $\lim _{\alpha \rightarrow \infty} x^{\alpha}=x \in \mathbb{D}_{k}^{n}(r)$. By Corollary 36 , for any $\mu>0$ there is a sequence $\left\{w^{\alpha}\right\}_{\alpha=1}^{\infty}$ with $w^{\alpha} \in \Sigma_{x^{\alpha}}^{\mu}$ such that

$$
\varangle\left(v^{\alpha}, w^{\alpha}\right)<\tau(\delta, \mu)
$$

Since $\left|\nabla f_{i, d}^{\alpha}\right| \leq 2$,

$$
\begin{equation*}
\left|D_{w^{\alpha}} f_{i, d}^{\alpha}\right|<\tau\left(\delta, \mu, \frac{1}{\alpha}, d\right) \tag{4.8}
\end{equation*}
$$

for all $i$. After passing to a subsequence, we conclude that $\left\{\left.\gamma_{w^{\alpha}}\right|_{[0, \mu]}\right\}_{\alpha=1}^{\infty}$ converges to a segment $\left.\gamma_{w}\right|_{[0, \mu]}$. By the previous lemma, there is a $\lambda>0$ and a $j(w)$ so that for all $z \in B\left(p_{j(w)}, d\right)$,

$$
\begin{equation*}
\left|D_{w} f_{z}\right|>\lambda|w| \tag{4.9}
\end{equation*}
$$

provided $d$ is small enough. Moreover, by Addendum 4.3.2 we may assume that

$$
\begin{align*}
\operatorname{dist}\left(x, p_{j(w)}\right) & >100 d>\mu \text { and } \\
\operatorname{dist}\left(x, A\left(p_{j(w)}\right)\right) & >100 d>\mu . \tag{4.10}
\end{align*}
$$

By the Mean Value Theorem, there is a $z_{j(w)}^{\alpha} \in B\left(p_{j(w)}^{\alpha}, d\right)$ with

$$
\begin{equation*}
D_{w^{\alpha}} f_{z_{j(w)}^{\alpha}}^{\alpha}=D_{w^{\alpha}} f_{j(w), d}^{\alpha} \tag{4.11}
\end{equation*}
$$

Choose segments $x^{\alpha} z_{j(w)}^{\alpha}$ and $x^{\alpha} A\left(z_{j(w)}^{\alpha}\right)$ in $\tilde{M}^{\alpha}$ so that

$$
\begin{aligned}
\varangle\left(\uparrow_{x^{\alpha}}^{z_{j(w)}^{\alpha}}, w^{\alpha}\right) & =\varangle\left(\Uparrow_{x^{\alpha}}^{z_{j(w)}^{\alpha}}, w^{\alpha}\right) \text { and } \\
\varangle\left(\uparrow_{x^{\alpha}}^{A\left(z_{j(w)}^{\alpha}\right)}, w^{\alpha}\right) & =\varangle\left(\Uparrow_{x^{\alpha}}^{A\left(z_{j(w)}^{\alpha}\right)}, w^{\alpha}\right) .
\end{aligned}
$$

After passing to a subsequence, we may assume that for some $z_{j(w)} \in B\left(p_{j(w)}, d\right), x^{\alpha} z_{j(w)}^{\alpha}$ and $x^{\alpha} A\left(z_{j(w)}^{\alpha}\right)$ converge to segments $x z_{j(w)}$ and $x A\left(z_{j(w)}\right)$, respectively. By Lemma 33,

$$
\begin{aligned}
\left|\varangle\left(\uparrow_{x_{j}^{\alpha}}^{z_{j(w)}^{\alpha}}, \gamma_{w^{\alpha}}^{\prime}(0)\right)-\varangle\left(\uparrow_{x}^{z_{j(w)}}, \gamma_{w}^{\prime}(0)\right)\right| & <\tau\left(\delta, \tau\left(1 / \alpha \mid \mu, \operatorname{dist}\left(x, z_{j(w)}\right)\right)\right) \\
\left|\varangle\left(\uparrow_{x^{\alpha}}^{A\left(z_{j(w)}^{\alpha}\right)}, \gamma_{w^{\alpha}}^{\prime}(0)\right)-\varangle\left(\uparrow_{x}^{A\left(z_{j(w)}\right)}, \gamma_{w}^{\prime}(0)\right)\right| & <\tau\left(\delta, \tau\left(1 / \alpha \mid \mu, \operatorname{dist}\left(x, A\left(z_{j(w)}\right)\right)\right)\right) .
\end{aligned}
$$

Combining the previous two sets of displays with 4.10

$$
\begin{equation*}
\left|D_{w^{\alpha}} f_{z_{j(w)}^{\alpha}}^{\alpha}-D_{w} f_{z_{j(w)}}\right|<\tau(\delta, \tau(1 / \alpha \mid \mu)) . \tag{4.12}
\end{equation*}
$$

So by Equation 4.11,

$$
\left|D_{w^{\alpha}} f_{j(w), d}^{\alpha}-D_{w} f_{z_{j(w)}}\right|<\tau(\delta, \tau(1 / \alpha \mid \mu)),
$$

but this contradicts Inequalities 4.8 and 4.9.
The first claim of Key Lemma 46 follows by combining the previous lemma with the fact that the differentials of the $\varphi_{x^{\alpha}}^{\eta}$ 's are almost isometries.

Remark 50 Note that when $x^{\alpha}$ is close to $p_{k}$ or $A\left(p_{k}\right)$, the desired estimate

$$
\left|d\left(P_{\hat{i}_{x^{\alpha}}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}\left(x^{\alpha}\right)}(v)\right|>\lambda|v|
$$

holds with $P_{\hat{i}_{x} \alpha}=P_{\hat{k}}$. This follows from Addendum 4.3.2 and the proof of the previous lemma.

## Equicontinuity of Differentials

In this subsection, we establish the second part of the key lemma. If $x^{\alpha}$ is not close to one of the $p_{k} s$ or $A\left(p_{k}\right) s$ we will show the stronger estimate

$$
\begin{equation*}
\left|d(F)_{\varphi_{x^{\alpha}}^{\eta}(y)}(v)-d(F)_{\varphi_{x^{\alpha}}^{\eta}\left(x^{\alpha}\right)}(v)\right|<\frac{\lambda}{2}|v| . \tag{4.13}
\end{equation*}
$$

So at such points, the second part of the key lemma holds with any choice of coordinate projection $P_{\hat{\imath}_{x^{\alpha}}}$.

For $x^{\alpha}$ close to $p_{k}$ or $A\left(p_{k}\right)$, we will show

$$
\begin{equation*}
\left|d\left(P_{\hat{k}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}(y)}(v)-d\left(P_{\hat{k}} \circ F\right)_{\varphi_{x^{\alpha}}^{\eta}\left(x^{\alpha}\right)}(v)\right|<\frac{\lambda}{2}|v|, \tag{4.14}
\end{equation*}
$$

where $\lambda$ is the constant whose existence was established in the previous section. Together with remark 50 , this will establish the key lemma.

Suppose $B \subset \mathbb{D}_{k}^{n}(r)$ is $(n, \delta, r)$-strained by $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$. Let $x, y \in B$ and let

$$
\varphi^{\eta}: B \longrightarrow \mathbb{R}^{n}
$$

be the map defined in 4.1 and [44]. Set

$$
P_{x, y}:=\left(d \varphi^{\eta}\right)_{y}^{-1} \circ\left(d \varphi^{\eta}\right)_{x}: T_{x} \mathbb{D}_{k}^{n}(r) \rightarrow T_{y} \mathbb{D}_{k}^{n}(r) .
$$

It follows that $P_{x, y}$ is a $\tau(\delta, \eta)$-isometry.

Lemma 51 Let $B \subset \mathbb{D}_{k}^{n}(r)$ be $(n, \delta, r)$-strained by $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$. Given $\varepsilon>0$ and $x \in B$, there is a $\rho(x, \varepsilon)>0$ so that the following holds.

For all $k \in\{0,1, \ldots, n\}$, there is a subset $E_{k, x} \subset\left\{B\left(p_{k}, d\right) \cup B\left(A\left(p_{k}\right), d\right)\right\}$ with measure $\mu\left(E_{k, x}\right)<\varepsilon$ so that for all $z \in B\left(p_{k}, d\right) \backslash E_{k, x}$, all $y \in B(x, \rho(x, \varepsilon))$, and all $v \in \Sigma_{x}$,

$$
\begin{aligned}
\left|\varangle\left(v, \uparrow_{x}^{z}\right)-\varangle\left(P_{x, y}(v), \uparrow_{y}^{z}\right)\right| & <\tau(\varepsilon, \delta, \eta \mid \operatorname{dist}(x, z)) \text { and } \\
\left|\varangle\left(v, \uparrow_{x}^{A(z)}\right)-\varangle\left(P_{x, y}(v), \uparrow_{y}^{A(z)}\right)\right| & <\tau(\varepsilon, \delta, \eta \mid \operatorname{dist}(x, A(z))) .
\end{aligned}
$$

Proof. Let $C_{x}=\{z \mid z \in \operatorname{Cutlocus}(x)$ or $A(z) \in \operatorname{Cutlocus}(x)\}$ and set

$$
E_{k, x}=B\left(C_{x}, \nu\right) \cap\left\{B\left(p_{k}, d\right) \cup B\left(A\left(p_{k}\right), d\right)\right\} .
$$

Choose $\nu>0$ so that $\mu\left(E_{k, x}\right)<\varepsilon$.
By Proposition 37, for each $z \in B\left(p_{k}, d\right) \backslash E_{k, x}$, there is a $\rho(x, z, \varepsilon)$ so that for all $y \in B(x, \rho(x, z, \varepsilon))$ and any choice of segment $z y$,

$$
\operatorname{dist}(z x, z y)<\varepsilon,
$$

where $z x$ is the unique segment from $z$ to $x$.
Making $\rho(x, z, \varepsilon)$ smaller and using Corollary 32, it follows that for any $\tilde{a}_{i}, \bar{a}_{i} \in$ $B\left(a_{i}, \eta\right)$,

$$
\begin{aligned}
\left|\varangle\left(\Uparrow_{x}^{a_{i}}, \uparrow_{x}^{z}\right)-\varangle\left(\Uparrow_{y}^{\bar{a}_{i}}, \uparrow_{y}^{z}\right)\right| & <\tau(\delta, \varepsilon, \eta \mid \operatorname{dist}(x, z), \operatorname{dist}(y, z)) \\
& =\tau(\delta, \varepsilon, \eta \mid \operatorname{dist}(x, z)) .
\end{aligned}
$$

It follows that

$$
\left|\left(d \varphi^{\eta}\right)_{x}\left(\uparrow_{x}^{z}\right)-\left(d \varphi^{\eta}\right)_{y}\left(\uparrow_{y}^{z}\right)\right|<\tau(\delta, \varepsilon, \eta \mid \operatorname{dist}(x, z)),
$$

and hence

$$
\varangle\left(P_{x, y}\left(\uparrow_{x}^{z}\right), \uparrow_{y}^{z}\right)=\varangle\left(\left(d \varphi^{\eta}\right)_{y}^{-1} \circ\left(d \varphi^{\eta}\right)_{x}\left(\uparrow_{x}^{z}\right),\left(\uparrow_{y}^{z}\right)\right)<\tau(\delta, \varepsilon, \eta \mid \operatorname{dist}(x, z)) .
$$

So for any $v \in \Sigma_{x}$,

$$
\begin{aligned}
\left|\varangle\left(v, \uparrow_{x}^{z}\right)-\varangle\left(P_{x, y}(v), \uparrow_{y}^{z}\right)\right| \leq & \left|\varangle\left(v, \uparrow_{x}^{z}\right)-\varangle\left(P_{x, y}(v), P_{x, y}\left(\uparrow_{x}^{z}\right)\right)\right|+ \\
& \left|\varangle\left(P_{x, y}(v), P_{x, y}\left(\uparrow_{x}^{z}\right)\right)-\varangle\left(P_{x, y}(v), \uparrow_{y}^{z}\right)\right| \\
< & \tau(\delta, \eta)+\tau(\varepsilon, \delta, \eta \mid \operatorname{dist}(x, z)) \\
= & \tau(\varepsilon, \delta, \eta \mid \operatorname{dist}(x, z)) .
\end{aligned}
$$

Using Proposition 37 and the precompactness of $B\left(p_{k}, d\right) \backslash E_{k, x}$, we can then choose $\rho(x, z, \varepsilon)$ to be independent of $z \in B\left(p_{k}, d\right) \backslash E_{k, x}$. A similar argument gives the second inequality.

Corollary 52 Given any $\varepsilon>0$, there is a $\rho(\varepsilon)>0$ so that for any $x \in \mathbb{D}_{k}^{n}(r), y \in$ $B(x, \rho(\varepsilon))$, and $z \in B\left(p_{i}, d\right) \backslash E_{i, x}$, we have

$$
\left|D_{v} f_{z}-D_{P_{x, y}(v)} f_{z}\right|<\tau(\varepsilon, \delta, \eta \mid \operatorname{dist}(z, x), \operatorname{dist}(A(z), x))
$$

for all unit vectors $v \in \Sigma_{x}$.

Proof. Since $\mathbb{D}_{k}^{n}(r)$ is compact, the $\rho(\varepsilon, x)$ from the previous lemma can be chosen to be independent of $x$.

Given $x \in \mathbb{D}_{k}^{n}(r), y \in B(x, \rho(\varepsilon))$, and $v \in \Sigma_{x}$, choose segments $y z$ and $y A(z)$ so that

$$
\begin{aligned}
\varangle\left(\uparrow_{y}^{z}, P_{x, y}(v)\right) & =\varangle\left(\Uparrow_{y}^{z}, P_{x, y}(v)\right) \text { and } \\
\varangle\left(\uparrow_{y}^{A(z)}, P_{x, y}(v)\right) & =\varangle\left(\Uparrow_{y}^{A(z)}, P_{x, y}(v)\right) .
\end{aligned}
$$

Since the segments $x z$ and $x A(z)$ are unique, the result follows from the formula for directional derivatives of distance functions, the previous lemma, and the chain rule.

We can lift a strainer from $\mathbb{D}_{k}^{n}(r)$ to any $\tilde{M}^{\alpha}$ if $\operatorname{dist}_{G H}\left(\tilde{M}^{\alpha}, \mathbb{D}_{k}^{n}(r)\right)$ is sufficiently small. So if $x^{\alpha}$ and $y^{\alpha}$ are sufficiently close, we define

$$
P_{x^{\alpha}, y^{\alpha}}:=\left(d \varphi^{\eta}\right)_{y^{\alpha}}^{-1} \circ\left(d \varphi^{\eta}\right)_{x^{\alpha}}: T_{x^{\alpha}} \tilde{M}^{\alpha} \rightarrow T_{y^{\alpha}} \tilde{M}^{\alpha} .
$$

Lemma 53 Let $i$ be in $\{0, \ldots, n\}$. There is a $\rho>0$ so that for any $x^{\alpha} \in \tilde{M}^{\alpha}$, any $y^{\alpha} \in$ $B\left(x^{\alpha}, \rho\right)$, and any unit $v^{\alpha} \in T_{x^{\alpha}} \tilde{M}^{\alpha}$ we have

$$
\left|D_{v^{\alpha}} f_{i, d}^{\alpha}-D_{P_{x^{\alpha}, y^{a}}\left(v^{\alpha}\right)} f_{i, d}^{\alpha}\right|<\tau\left(\rho, \frac{1}{\alpha}, \delta, \eta \mid \operatorname{dist}\left(x^{\alpha}, p_{i}^{\alpha}\right), \operatorname{dist}\left(x^{\alpha}, A\left(p_{i}^{\alpha}\right)\right)\right),
$$

provided d is sufficiently small.

Proof. If not, then for any $\rho>0$ and some $i=0,1, \ldots, n$, there would be a sequence of points $x^{\alpha} \rightarrow x \in \mathbb{D}_{k}^{n}(r)$, a sequence of unit vectors $\left\{v^{\alpha}\right\}_{\alpha=1}^{\infty}$ and a constant $C>0$ that is independent of $\alpha, \delta$, and $\eta$ so that

$$
\begin{align*}
\left|D_{v^{\alpha}} f_{i, d}^{\alpha}-D_{P_{x^{\alpha}, y^{\alpha}}\left(v^{\alpha}\right)} f_{i, d}^{\alpha}\right| & \geq C, \\
\operatorname{dist}\left(x, p_{i}\right) & \geq C, \text { and } \\
\operatorname{dist}\left(x, A\left(p_{i}\right)\right) & \geq C \tag{4.15}
\end{align*}
$$

for some $y^{\alpha} \in B\left(x^{\alpha}, \rho\right)$. Choose $\varepsilon>0$ and take $\rho<\rho(\varepsilon)$ where $\rho(\varepsilon)$ is from the previous corollary. We assume $B(x, \rho(\varepsilon))$ is $(n, \delta, r)$-strained. Let $y=\lim y^{\alpha}$ and $\mu>0$ be sufficiently small. By corollary 36 , there are sequences $\left\{w^{\alpha}\right\}_{\alpha=1}^{\infty} \in \Sigma_{x^{\alpha}}^{\mu}$ and $\left\{\tilde{w}^{\alpha}\right\}_{\alpha=1}^{\infty} \in \Sigma_{y^{\alpha}}^{\mu}$ so that

$$
\begin{align*}
\varangle\left(v^{\alpha}, w^{\alpha}\right) & <\tau(\delta, \mu) \\
\varangle\left(P_{x^{\alpha}, y^{a}}\left(w^{\alpha}\right), \tilde{w}^{\alpha}\right) & <\tau(\delta, \mu) \tag{4.16}
\end{align*}
$$

and subsequences $\left\{\gamma_{w^{\alpha}}\right\}_{\alpha=1}^{\infty}$ and $\left\{\gamma_{\tilde{w}^{\alpha}}\right\}_{\alpha=1}^{\infty}$ converging to segments $\gamma_{w}$ and $\gamma_{\tilde{w}}$ that are parameterized on $[0, \mu]$. Since $\left|\nabla f_{i, d}^{\alpha}\right| \leq 2$, we may assume for a possibly smaller constant $C$ that

$$
\left|D_{w^{\alpha}} f_{i, d}^{\alpha}-D_{\tilde{w}^{\alpha}} f_{i, d}^{\alpha}\right| \geq C .
$$

Thus for some $z^{\alpha} \in B\left(p_{i}^{\alpha}, d\right)$ with $\operatorname{dist}_{\text {Haus }}\left(z^{\alpha}, E_{i, x}\right)>2 \nu$,

$$
\begin{equation*}
\left|D_{w^{\alpha}} f_{z^{\alpha}}^{\alpha}-D_{\tilde{w}^{\alpha}} f_{z^{\alpha}}^{\alpha}\right| \geq \frac{C}{2} \tag{4.17}
\end{equation*}
$$

Passing to a subsequence, we have $z^{\alpha} \rightarrow z \in B\left(p_{i}, d\right) \backslash E_{i, x}$. As in the proof of Lemma 49 (Inequality 4.12), we have

$$
\begin{aligned}
&\left|D_{w^{\alpha}} f_{z^{\alpha}}^{\alpha}-D_{w} f_{z}\right|<\tau(\delta, \tau(1 / \alpha \mid \mu)) \text { and } \\
&\left|D_{\tilde{w}^{\alpha}} f_{z^{\alpha}}^{\alpha}-D_{\tilde{w}} f_{z}\right|<\tau(\delta, \tau(1 / \alpha \mid \mu)) .
\end{aligned}
$$

Thus,

$$
\begin{aligned}
\left|D_{w^{\alpha}} f_{z^{\alpha}}^{\alpha}-D_{\tilde{w}^{\alpha}} f_{z^{\alpha}}^{\alpha}\right| & \leq\left|D_{w^{\alpha}} f_{z^{\alpha}}^{\alpha}-D_{w} f_{z}\right|+\left|D_{w} f_{z}-D_{\tilde{w}} f_{z}\right|+\left|D_{\tilde{w}} f_{z}-D_{\tilde{w}^{\alpha}} f_{z^{\alpha}}^{\alpha}\right| \\
& <\left|D_{w} f_{z}-D_{\tilde{w}} f_{z}\right|+\tau(\delta, \tau(1 / \alpha \mid \mu)) \\
& \leq\left|D_{w} f_{z}-D_{P_{x, y}(w)} f_{z}\right|+\left|D_{P_{x, y}(w)} f_{z}-D_{\tilde{w}} f_{z}\right|+\tau(\delta, \tau(1 / \alpha \mid \mu)) \\
& \leq \tau(\varepsilon, \delta, \mu, \eta, \tau(1 / \alpha \mid \mu))
\end{aligned}
$$

by the previous corollary and Inequalities 4.15 and 4.16. Choosing $\varepsilon, \delta, \eta, \mu$, and $1 / \alpha$ small enough, we have a contradiction to 4.17 .

The previous lemma, together with the definitions of $\Phi_{d}^{\alpha},\left(\varphi^{\eta}\right)^{-1}$ and $P_{x^{\alpha}, y^{a}}$ establishes the estimates 4.13 and 4.14 and hence the second part of Key Lemma, completing the proof of Theorem 11, except in dimension 4.

### 4.4 Recognizing $\mathbb{R} P^{4}$

To prove Theorem 11 in dimension 4, we exploit the following corollary of the fact that Diff $_{+}\left(S^{3}\right)$ is connected [7].

Corollary 54 Let $M$ be a smooth 4-manifold obtained by smoothly gluing a 4-disk to the boundary of the nontrivial 1-disk bundle over $\mathbb{R} P^{3}$. Then $M$ is diffeomorphic to $\mathbb{R} P^{4}$.

To see that our $M^{\alpha}$ s have this structure, we use standard triangle comparison and argue as we did in the part of Section 4.3 titled "Lower Bound on Differential" to conclude

Proposition 55 For any fixed $\rho_{0}>0, f_{0, d}^{\alpha}$ does not have critical points on $M^{\alpha} \backslash\left\{B\left(p_{0}^{\alpha}, \rho_{0}\right) \cup B\left(A\left(p_{0}^{\alpha}\right), \rho_{0}\right)\right\}$, and $\nabla f_{0, d}^{\alpha}$ is gradient-like for $\operatorname{dist}\left(A\left(p_{0}^{\alpha}\right), \cdot\right)$ and $-\operatorname{dist}\left(p_{0}^{\alpha}, \cdot\right)$, provided $\alpha$ is sufficiently large and $d$ is sufficiently small.

Finally, using Swiss Cheese Volume Comparison (see 1.1 in [25]) we will show

Proposition 56 There is a $\rho_{0}>0$ so that dist $\left(p_{0}^{\alpha}, \cdot\right)$ does not have critical points in $B\left(p_{0}^{\alpha}, \rho_{0}\right)$, provided $\alpha$ is sufficiently large.


Figure 4.1: The model $\mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right)$.

Proof. Since vol $M^{\alpha} \rightarrow \operatorname{vol} \mathcal{D}_{k}^{n}(r), \operatorname{vol} B\left(p_{0}^{\alpha}, r\right) \rightarrow \operatorname{vol} \mathcal{D}_{k}^{n}(r)$. Via Swiss Cheese Volume Comparison (see 1.1 in [25]) we shall see that the presence of a critical point close to $p_{0}^{\alpha}$ contradicts $\operatorname{vol} B\left(p_{0}^{\alpha}, r\right) \rightarrow \operatorname{vol} \mathcal{D}_{k}^{n}(r)$. Suppose $q_{\alpha}$ is critical for $\operatorname{dist}\left(p_{0}^{\alpha}, \cdot\right)$, and $\operatorname{dist}\left(p_{0}^{\alpha}, q_{\alpha}\right)=d_{\alpha} \rightarrow 0$. Let $x, y$ be points in $\partial \mathcal{D}_{k}^{n}\left(d_{\alpha}\right)$ at maximal distance. By Swiss Cheese Comparison and 1.4 in [25],

$$
\begin{aligned}
\operatorname{vol}\left(B\left(q_{\alpha}, 2 d_{\alpha}\right) \backslash B\left(p_{0}^{\alpha}, d_{\alpha}\right)\right) & \leq \operatorname{vol}\left(\mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right) \backslash\left\{B\left(x, d_{\alpha}\right) \cup B\left(y, d_{\alpha}\right)\right\}\right) \\
& =\operatorname{vol}\left(\mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right)\right)-2 \operatorname{vol}\left(\mathcal{D}_{k}^{n}\left(d_{\alpha}\right)\right)
\end{aligned}
$$

Since

$$
\operatorname{vol} B\left(p_{0}^{\alpha}, d_{\alpha}\right) \leq \operatorname{vol} \mathcal{D}_{k}^{n}\left(d_{\alpha}\right),
$$

we conclude

$$
\begin{aligned}
\operatorname{vol}\left(B\left(q_{\alpha}, 2 d_{\alpha}\right)\right) & \leq \operatorname{vol}\left(\mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right)\right)-\operatorname{vol}\left(\mathcal{D}_{k}^{n}\left(d_{\alpha}\right)\right) \\
& <\kappa \cdot \operatorname{vol} \mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right)
\end{aligned}
$$

for some $\kappa \in(0,1)$. By relative volume comparison for $\rho \geq 2 d_{\alpha}$,

$$
\kappa>\frac{\operatorname{vol} B\left(q_{\alpha}, 2 d_{\alpha}\right)}{\operatorname{vol} \mathcal{D}_{k}^{n}\left(2 d_{\alpha}\right)} \geq \frac{\operatorname{vol} B\left(q_{\alpha}, \rho\right)}{\operatorname{vol} \mathcal{D}_{k}^{n}(\rho)}
$$

or

$$
\kappa \cdot \operatorname{vol} \mathcal{D}_{k}^{n}(\rho)>\operatorname{vol} B\left(q_{\alpha}, \rho\right) .
$$

Since

$$
\begin{aligned}
B\left(p_{0}^{\alpha}, r\right) & \subset B\left(q_{\alpha}, r+d_{\alpha}\right), \\
\operatorname{vol} B\left(p_{0}^{\alpha}, r\right) & <\kappa \cdot \operatorname{vol} \mathcal{D}_{k}^{n}\left(r+d_{\alpha}\right) .
\end{aligned}
$$

Letting $d_{\alpha} \rightarrow 0$, we conclude that

$$
\operatorname{vol} B\left(p_{0}^{\alpha}, r\right)<\kappa \cdot \operatorname{vol} \mathcal{D}_{k}^{n}(r),
$$

a contradiction.

## An identical argument shows

Proposition 57 There is a $\rho_{0}>0$ so that dist $\left(A\left(p_{0}^{\alpha}\right), \cdot\right)$ does not have critical points in $B\left(A\left(p_{0}^{\alpha}\right), \rho\right)$, provided $\alpha$ is sufficiently large.

Combining the previous three propositions, we see that $\left(f_{0, d}^{\alpha}\right)^{-1}(0)$ is diffeomorphic to $S^{3}$. By Geometrization, $\left(f_{0, d}^{\alpha}\right)^{-1}(0) /\{\operatorname{id}, A\}$ is diffeomorphic to $\mathbb{R} P^{3}$. If $\rho_{0}$ is as in Proposition 55, it follows that $\left(f_{0, d}^{\alpha}\right)^{-1}\left(\left[-\rho_{0}, \rho_{0}\right]\right) /\{\mathrm{id}, A\}$ is the nontrivial 1 -disk bundle over $\mathbb{R} P^{3} . \tilde{M}^{\alpha} \backslash\left(f_{0, d}^{\alpha}\right)^{-1}\left(\left[-\rho_{0}, \rho_{0}\right]\right)$ consists of two smooth 4-disks that get interchanged by $A$. Thus $M^{\alpha}$ has the structure of Corollary 54 and is hence diffeomorphic to $\mathbb{R} P^{4}$.

Remark 58 The proof of Perelman's Parameterized Stability Theorem [33] can substitute for Geometrization to allow us to conclude that $f^{-1}(0) /\{\mathrm{id}, A\}$ is homeomorphic and therefore diffeomorphic to $\mathbb{R} P^{3}$. The need to cite the proof rather than the theorem stems from the fact that the definition of admissible functions in [33] excludes $f_{0, d}^{\alpha}$. It is straightforward (but tedious) to see that the proof goes through for an abstract class that includes $f_{0, d}^{\alpha}$.

The fact that $\mathbb{R} P^{4}$ admits exotic differential structures can be seen by combining [31] with either [6] or [13].

### 4.5 Purse Stability

We let $\Gamma^{n}$ denote the group of twisted $n$-spheres. Recall that there is a filtration

$$
\{e\} \subset \Gamma_{n-1}^{n} \subset \cdots \subset \Gamma_{1}^{n}=\Gamma^{n}
$$

by subgroups, which are called Gromoll groups [18]. Rather than using the definition of the $\Gamma_{q}^{n} \mathrm{~S}$ from [18], we use the equivalent notion from Theorem D in [29].

Definition 59 Let

$$
f: S^{q-1} \times S^{n-q} \longrightarrow S^{q-1} \times S^{n-q}
$$

be a diffeomorphism that satisfies

$$
p_{q-1} \circ f=p_{q-1}
$$

where

$$
p_{q-1}: S^{q-1} \times S^{n-q} \longrightarrow S^{q-1}
$$

is projection to the first factor. Then $\Gamma_{q}^{n}$ consists of those smooth manifolds that are diffeomorphic to

$$
\begin{equation*}
D^{q} \times S^{n-q} \cup_{f} S^{q-1} \times D^{n-q+1} \tag{4.18}
\end{equation*}
$$

Theorem 60 Let $\left\{M^{\alpha}\right\}_{\alpha=1}^{\infty}$ be a sequence of closed, Riemannian $n$-manifolds with

$$
\sec M^{\alpha} \geq k
$$

so that

$$
M_{\alpha} \longrightarrow P_{k, r}^{n}
$$

in the Gromov-Hausdorff topology. Then for $\alpha$ sufficiently large, $M_{\alpha} \in \Gamma_{n-1}^{n}$.

Notice that a diffeomorphism $f: S^{n-2} \times S^{1} \longrightarrow S^{n-2} \times S^{1}$ so that $p_{n-2} \circ f=p_{n-2}$ gives rise to an element of $\pi_{n-2}\left(\right.$ Diff $\left._{+}\left(S^{1}\right)\right)$. If two such diffeomorphisms give the same homotopy class, then the construction 4.18 yields diffeomorphic manifolds (cf [29]). Since the group of orientation preserving diffeomorphisms of the circle deformation retracts to $S O(2)$, it follows that for $n \geq 4, \Gamma_{n-1}^{n}=\{e\}$. Since $\Gamma^{n}=\{e\}$ for $n=1,2,3$, we have $\Gamma_{n-1}^{n}=\{e\}$ for all $n$. Thus all but finitely many of the $M^{\alpha} \mathrm{s}$ in Theorem 60 are diffeomorphic to $S^{n}$, and to prove Theorem 12 it suffices to prove Theorem 60.

## The Model Submersion

Recall that we view $\mathcal{D}_{k}^{n}(r)$ as a metric $r$-ball centered at $p_{0}=e_{0}$ in either $H_{+}^{n} \subset$ $\mathbb{R}^{1, n},\left\{e_{0}\right\} \times \mathbb{R}^{n} \subset \mathbb{R}^{n+1}$, or $S^{n} \subset \mathbb{R}^{n+1}$, and we defined

$$
p_{i}:=\left\{\begin{array}{cc}
\cosh (r) e_{0}+\sinh (r) e_{i} & \text { if } k=-1 \\
e_{0}+r e_{i} & \text { if } k=0 \\
\cos (r) e_{0}-\sin (r) e_{i} & \text { if } k=1
\end{array}\right.
$$

We let the totally geodesic hyperplane $H \subset \mathcal{D}_{k}^{n}(r)$ that defines $P_{k, r}^{n}$ be the one containing $p_{0}, p_{1}, \ldots, p_{n-1}$. We denote the singular subset of $P_{k, r}^{n}$ by $\mathcal{S}$, that is, $\mathcal{S}$ is the copy of $S^{n-2}$ which is the boundary of the $(n-1)$-disk $\mathcal{D}_{k}^{n}(r) \cap H$. Thus $\left\{p_{i}\right\}_{i=1}^{n-1} \subset \mathcal{S}$.


Figure 4.2: One side of $P_{k, r}^{n}$ for $n=3$ and $k=0$.

As the antipodal map $A: \mathcal{D}_{k}^{n}(r) \longrightarrow \mathcal{D}_{k}^{n}(r)$ commutes with the reflection $R$ in $H$, it induces a well-defined involution of $P_{k, r}^{n}$, which we also call $A$. Note that $A: P_{k, r}^{n} \longrightarrow P_{k, r}^{n}$ restricts to the antipodal map of $\mathcal{S}$ and fixes the circle at maximal distance from $\mathcal{S}$.

For $i=1, \ldots, n-1$, we view $\mathcal{S} \subset \mathcal{D}_{k}^{n}(r)$ and define $f_{i}$ as in 4.2

$$
f_{i}(x):=h_{k} \circ \operatorname{dist}\left(A\left(p_{i}\right), x\right)-h_{k} \circ \operatorname{dist}\left(p_{i}, x\right) .
$$

We let $\Psi: P_{k, r}^{n} \longrightarrow \mathbb{R}^{n-1}$ be defined by

$$
\Psi=\left(f_{1}, f_{2}, \ldots, f_{n-1}\right) .
$$

## Lifting The Model Submersion

Let $\left\{M^{\alpha}\right\}_{\alpha=1}^{\infty}$ be a sequence of closed, Riemannian $n$-manifolds with

$$
\sec M^{\alpha} \geq k
$$

so that

$$
M_{\alpha} \longrightarrow P_{k, r}^{n} .
$$

In contrast to the situation for the Crosscap, the isometry $A: P_{k, r}^{n} \longrightarrow P_{k, r}^{n}$ need not lift to an isometry of $M^{\alpha}$. We nevertheless let $A: M^{\alpha} \longrightarrow M^{\alpha}$ denote any map that is Gromov-Hausdorff close to $A: P_{k, r}^{n} \longrightarrow P_{k, r}^{n}$.

As before, we define $f_{i, d}^{\alpha}: M^{\alpha} \longrightarrow \mathbb{R}$ by

$$
\begin{equation*}
f_{i, d}^{\alpha}(x)=\int_{z \in B\left(A\left(p_{i}^{\alpha}\right), d\right)} h_{k} \circ \operatorname{dist}(z, x)-\int_{z \in B\left(p_{i}^{\alpha}, d\right)} h_{k} \circ \operatorname{dist}(z, x) . \tag{4.19}
\end{equation*}
$$

We let $\Psi_{d}^{\alpha}: M^{\alpha} \longrightarrow \mathbb{R}^{n-1}$ be defined by

$$
\Psi_{d}^{\alpha}=\left(f_{1, d}^{\alpha}, \ldots, f_{n-1, d}^{\alpha}\right) .
$$

## The Handles

We identify $\mathbb{R}^{n-1}$ with

$$
\mathbb{R}^{n-1} \equiv \operatorname{span}\left\{e_{1}, \ldots, e_{n-1}\right\} \subset \begin{cases}\mathbb{R}^{1, n} & \text { if } k=-1 \\ \mathbb{R}^{n+1} & \text { if } k=0 \\ \mathbb{R}^{n+1} & \text { if } k=1\end{cases}
$$

For small $\varepsilon>0$, we set

$$
\begin{aligned}
E_{0}(\varepsilon) & :=(\Psi)^{-1}\left(D^{n-1}(0, r-\varepsilon)\right), \\
E_{0}^{\alpha}(\varepsilon) & :=\left(\Psi_{d}^{\alpha}\right)^{-1}\left(D^{n-1}(0, r-\varepsilon)\right), \\
E_{1}(\varepsilon) & :=(\Psi)^{-1}\left(\overline{A^{n-1}(0, r-\varepsilon, 2 r)}\right), \text { and } \\
E_{1}^{\alpha}(\varepsilon) & :=\left(\Psi_{d}^{\alpha}\right)^{-1}\left(\overline{A^{n-1}(0, r-\varepsilon, 2 r)}\right),
\end{aligned}
$$

where $\overline{A^{n-1}(0, r-\varepsilon, 2 r)}$ is the closed annulus in $\mathbb{R}^{n-1}$ centered at 0 with inner radius $r-\varepsilon$ and outer radius $2 r$, and $D^{n-1}(0, r-\varepsilon)$ is the closed ball in $\mathbb{R}^{n-1}$ centered at 0 with radius $r-\varepsilon$.

Theorem 60 is a consequence of the next two lemmas.

Key Lemma 61 For any sufficiently small $\varepsilon>0$,

$$
\Psi_{d}^{\alpha}: E_{0}^{\alpha}(\varepsilon) \longrightarrow D^{n-1}(0, r-\varepsilon)
$$

is a trivial $S^{1}$-bundle, provided $\alpha$ is sufficiently large and d is sufficiently small.

$$
\text { Let pr : } \overline{A^{n-1}(0, r-\varepsilon, 2 r)} \rightarrow \partial\left(D^{n-1}(0, r-\varepsilon)\right)=S^{n-2} \text { be radial projection and }
$$ set

$$
\begin{aligned}
g & :=\operatorname{pr} \circ \Psi: E_{1}(\varepsilon) \rightarrow \partial\left(D^{n-1}(0, r-\varepsilon)\right) \\
g_{d}^{\alpha} & :=\operatorname{pr} \circ \Psi_{d}^{\alpha}: E_{1}^{\alpha}(\varepsilon) \rightarrow \partial\left(D^{n-1}(0, r-\varepsilon)\right) .
\end{aligned}
$$

Key Lemma 62 There is an $\varepsilon>0$ so that

$$
g_{d}^{\alpha}: E_{1}^{\alpha}(\varepsilon) \longrightarrow \partial\left(D^{n-1}(0, r-\varepsilon)\right)
$$

is a trivial $D^{2}$-bundle over $\partial\left(D^{n-1}(0, r-\varepsilon)\right)=S^{n-2}$, provided $\alpha$ is sufficiently large and $d$ is sufficiently small.

Since every space of directions of $P_{k, r}^{n}$ contains an isometrically embedded, totally geodesic copy of $S^{n-3}$, and every space of directions of $P_{k, r}^{n} \backslash \mathcal{S}$ contains an isometrically embedded, totally geodesic copy of $S^{n-1}$, we get the following. (Cf Proposition 27.)

Proposition 63 There are $r, \delta>0$ so that every point in the purse $P_{k, r}^{n}$ has a neighborhood $B$ that is $(n-2, \delta, r)$-strained.

For any neighborhood $U$ of $\mathcal{S}$, there are $r, \delta>0$ so that every point in $P_{k, r}^{n} \backslash U$ has a neighborhood $B$ that is $(n, \delta, r)$-strained.

Remark 64 For $x \in \mathcal{S}$, the strainer $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-2}$ can be chosen to lie in $\mathcal{S}$.

Because the $f_{i}: P_{k, r}^{n} \longrightarrow \mathbb{R}$ are coordinate functions, $\left.\Psi\right|_{\mathcal{D}_{k}^{n}(r) \cap H}$ differs from the identity by a translation. Using this and ideas from Section 4.3 , we will be able to prove

Proposition 65 There is a neighborhood $U$ of $\mathcal{S} \subset P_{k, r}^{n}$ so that for any family of open sets $U^{\alpha} \subset M^{\alpha}$ with $U^{\alpha} \rightarrow U,\left.g_{d}^{\alpha}\right|_{U^{\alpha}}$ is a submersion, provided $\alpha$ is sufficiently large and $d$ is sufficiently small.

We will show that our key lemmas hold for any $\varepsilon>0$ so that

$$
\Psi^{-1}\left(\overline{A^{n-1}(0, r-\varepsilon, r)}\right) \subset U
$$

Since $\left\{f_{i}\right\}_{i=1}^{n-1}$ are the $(n-1)$-coordinate functions for the standard embedding of $\mathcal{S}=S^{n-2} \subset \mathbb{R}^{n-1}$, we have

Lemma 66 There is a $\lambda>0$ so that for all $v \in T \mathcal{S}$, there is an $j$ so that the $j^{\text {th }}$-component function of $g$ satisfies

$$
\left|D_{v}\left(g_{j}\right)\right|>\lambda|v| .
$$

As in Section 4.3, we have

Addendum 4.5.1 Let $p_{k}$ be any of $p_{1}, \ldots p_{n-1}$. There is an $\varepsilon>0$ so that for all $x \in$ $B\left(p_{k}, \varepsilon\right) \cup B\left(A\left(p_{k}\right), \varepsilon\right)$ and all $v \in T_{x} \mathcal{S}$, the index $j$ in the previous lemma can be chosen to be different from $k$.

To lift Lemma 66 to the $M^{\alpha}$ s, we need an analog of $T \mathcal{S}$ within each $M^{\alpha}$, or better a notion of $g_{d}^{\alpha}$-almost horizontal for each $U^{\alpha} \subset M^{\alpha}$. To achieve this, cover $\mathcal{S}$ by a finite number of $(n-2, \delta, r)$-strained neighborhoods $B \subset P_{k, r}^{n}$ with strainers $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-2} \subset \mathcal{S}$. Let $U$ be the union of this finite collection, and let $U^{\alpha} \subset M^{\alpha}$ converge to $U$.

Given $x^{\alpha} \in U^{\alpha}$, we now define a $g_{d}^{\alpha}$-almost horizontal space at $x^{\alpha}$ as follows. Let $B^{\alpha}$ be a $(n-2, \delta, r)$-strained neighborhood for $x^{\alpha}$ with strainers $\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n-2}$ that converge

$$
\left(B^{\alpha},\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n-2}\right) \longrightarrow\left(B,\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-2}\right)
$$

where $\left(B,\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-2}\right)$ is part of our finite collection of $(n-2, \delta, r)$-strained neighborhoods for points in $\mathcal{S} \subset P_{k, r}^{n}$. We set

$$
H_{x^{\alpha}}^{g_{d}^{\alpha}}:=\operatorname{span}_{i \in\{1, \ldots, n-2\}}\left\{\uparrow_{x_{i}^{\alpha}}^{a^{\alpha}}\right\}
$$

where $\uparrow_{x^{\alpha}}^{a_{i}^{\alpha}}$ is the direction of any segment from $x^{\alpha}$ back to $a_{i}^{\alpha}$. Regardless of this choice, $H_{x^{\alpha}}^{g_{d}^{\alpha}}$ satisfies the following Lemma, from which Proposition 65 follows.

Lemma 67 There is a $\lambda>0$ so that for all $x^{\alpha} \in U^{\alpha}$ and all $v \in H_{x^{\alpha}}^{g_{\alpha}^{\alpha}}$, there is an $j$ so that the $j^{\text {th }}$-component function of $g_{d}^{\alpha}$ satisfies

$$
\left|D_{v}\left(\left(g_{d}^{\alpha}\right)_{j}\right)\right|>\lambda|v|,
$$

provided $U$ and $d$ are sufficiently small and $\alpha$ is sufficiently large. In particular, $\left.g_{d}^{\alpha}\right|_{U^{\alpha}}$ is a submersion.

Proof. Let $x_{\alpha} \rightarrow x$, and for all $j=1, \ldots, n-1$, let $z_{j}^{\alpha} \rightarrow z_{j} \in B\left(p_{j}, d\right)$. If $x_{\alpha} z_{j}^{\alpha}$ converges to $x z_{j}$, then by Corollary 32 ,

$$
\left|\varangle\left(\uparrow_{x^{\alpha}}^{a_{i}^{\alpha}}, \uparrow_{x^{\alpha}}^{z_{j}^{\alpha}}\right)-\varangle\left(\uparrow_{x}^{a_{i}}, \uparrow_{x}^{z j}\right)\right|<\tau\left(\delta, 1 / \alpha \mid \operatorname{dist}\left(x, z_{j}\right)\right) .
$$

Similarly for a sequence of segments $x_{\alpha} A\left(z_{j}^{\alpha}\right)$ converging to $x A\left(z_{j}\right)$, we have

$$
\mid \varangle\left(\uparrow_{x^{\alpha}}^{\left.a_{i}^{\alpha}, \uparrow_{x^{\alpha}}^{A\left(z_{j}^{\alpha}\right)}\right)-\varangle\left(\uparrow_{x}^{a_{i}}, \uparrow_{x}^{A\left(z_{j}\right)}\right) \mid<\tau\left(\delta, 1 / \alpha \mid \operatorname{dist}\left(x, A\left(z_{j}\right)\right)\right) . . . . ~}\right.
$$

Arguing as in the proof of Lemma 49, we have for all $i$ and $j$,

$$
\left|D_{\uparrow_{x^{\alpha}}^{a_{i}^{\alpha}}}\left(g_{d}^{\alpha}\right)_{j}-D_{\uparrow_{x}^{a_{i}}}(g)_{j}\right|<\tau\left(\delta, d, 1 / \alpha \mid \operatorname{dist}\left(x, p_{j}\right) \text {, dist }\left(x, A\left(p_{j}\right)\right)\right) .
$$

Since $v \in H_{x^{\alpha}}^{g_{\alpha}^{\alpha}}=\operatorname{span}_{i \in\{1, \ldots, n-2\}}\left\{\begin{array}{c}\uparrow_{x^{\alpha}}^{\alpha}\end{array}\right\}$, the lemma follows from the previous display together with Lemma 66, Addendum 4.5.1, and the hypothesis that $U$ is sufficiently small.

Let $p_{n} \in \mathcal{D}_{k}^{n}(r)$ be as in 4.3, and let $Q: \mathcal{D}_{k}^{n}(r) \longrightarrow P_{k, r}^{n}$ be the quotient map. We abuse notation and call $Q\left(p_{n}\right), p_{n}$. We define $f_{n}: P_{k, r}^{n} \rightarrow \mathbb{R}$ by

$$
f_{n}(x):=h_{k} \circ \operatorname{dist}\left(\left(p_{n}\right), x\right)-h_{k} \circ \operatorname{dist}\left(p_{0}, x\right) .
$$

With a slight modification of the proof of Proposition 27, we get

Lemma 68 There are $\delta, r>0$ so that for all $x \in E_{0}(\varepsilon / 2)$ there is an $(n, \delta, r)$-strainer $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}$ with

$$
\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-1} \subset f_{n}^{-1}(l)
$$

for some $l \in \mathbb{R}$.

We cover $E_{0}(\varepsilon / 2)$ by a finite number of such $(n, \delta, r)$-strained sets and make

Definition 69 For $x \in E_{0}(\varepsilon / 2)$, set

$$
H_{x}^{\Psi}:=\operatorname{span}_{i \in\{1, \ldots, n-1\}}\left\{\uparrow_{x}^{a_{i}}\right\}
$$

where $\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n-1}$ is as in the previous lemma.

Since $\Psi: E_{0}(\varepsilon / 2) \longrightarrow D^{n-1}(r-\varepsilon / 2)$ is simply orthogonal projection, we have

Lemma 70 There is $a \lambda>0$ so that for all $x \in E_{0}(\varepsilon / 2)$ and all $v \in H_{x}^{\Psi}$, there is an $i$ so that

$$
\left|D_{v} f_{i}\right|>\lambda|v|
$$

To lift this lemma to the $M^{\alpha}$ s, we need a notion of $\Psi_{d}^{\alpha}$-almost horizontal for each $M^{\alpha}$. Given $z^{\alpha} \in E_{0}^{\alpha}(\varepsilon / 2)$, we define a $\Psi_{d}^{\alpha}$-almost horizontal space at $z^{\alpha}$ as follows. Let $B^{\alpha}$ be a $(n, \delta, r)$-strained neighborhood for $z^{\alpha}$ with strainers $\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n}$ that converge

$$
\left(B^{\alpha},\left\{\left(a_{i}^{\alpha}, b_{i}^{\alpha}\right)\right\}_{i=1}^{n}\right) \longrightarrow\left(B,\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}\right),
$$

where $\left(B,\left\{\left(a_{i}, b_{i}\right)\right\}_{i=1}^{n}\right)$ is part of our finite collection of $(n, \delta, r)$-strained neighborhoods for points in $E_{0}(\varepsilon / 2)$ that comes from Lemma 68 . We set

$$
H_{z^{\alpha}}^{\Psi_{d}^{\alpha}}:=\operatorname{span}_{i \in\{1, \ldots, n-1\}}\left\{\uparrow_{z^{\alpha}}^{a_{i}^{\alpha}}\right\}
$$

where $\uparrow_{z^{\alpha}}^{a_{i}^{\alpha}}$ is the direction of any segment from $z^{\alpha}$ back to $a_{i}^{\alpha}$. Regardless of this choice, $H_{z^{\alpha}}^{\Psi_{d}^{\alpha}}$ satisfies the following Lemma, whose proof is nearly identical to the proof of Lemma 49.

Lemma 71 There is a $\lambda>0$ so that for all $z^{\alpha} \in E_{0}^{\alpha}(\varepsilon / 2)$ and all $v \in H_{z^{\alpha}}^{\Psi_{d}^{\alpha}}$, there is an $i \in\{1, \ldots, n-1\}$ so that

$$
\left|D_{v} f_{i, d}^{\alpha}\right|>\lambda|v|,
$$

provided $\alpha$ is sufficiently large and $d$ is sufficiently small. In particular, $\left.\Psi_{d}^{\alpha}\right|_{E_{0}^{\alpha}(\varepsilon / 2)}$ is a submersion.

Proposition $72 E_{1}^{\alpha}(\varepsilon)$ is homeomorphic to $S^{n-2} \times D^{2}$, and $E_{0}^{\alpha}(\varepsilon)$ is homeomorphic to $D^{n-1} \times S^{1}$, provided $\alpha$ is sufficiently large and $d$ is sufficiently small.

Proof. First we show that $E_{0}^{\alpha}(\varepsilon)$ is connected. By the Stability Theorem [33], we have homeomorphisms $h_{\alpha}: P_{k}^{n}(r) \longrightarrow M^{\alpha}$ that are also Gromov-Hausdorff approximations (cf [23], [25] and [45]). Thus for $\alpha$ sufficiently large, we have

$$
E_{0}^{\alpha}(\varepsilon) \subset h_{\alpha}\left(E_{0}(\varepsilon / 2)\right) .
$$

Let $\rho^{\alpha}: M^{\alpha} \longrightarrow \mathbb{R}$ be defined by

$$
\rho^{\alpha}(x):=\left|\Psi_{d}^{\alpha}(x)\right| .
$$

Since $\left.\Psi_{d}^{\alpha}\right|_{E_{0}^{\alpha}(\varepsilon / 2)}$ is a submersion, it follows that $\rho^{\alpha}$ does not have critical points on $E_{0}^{\alpha}(\varepsilon / 2) \backslash$ $E_{0}^{\alpha}(2 \varepsilon)$. By construction, the flow lines of $\nabla \rho^{\alpha}$ are transverse to the boundary of $E_{0}^{\alpha}(\varepsilon)$ and hence can be used to move $h_{\alpha}\left(E_{0}(\varepsilon / 2)\right)$ onto $E_{0}^{\alpha}(\varepsilon)$. It follows that $E_{0}^{\alpha}(\varepsilon)$ is connected.

Since $\left.\Psi_{d}^{\alpha}\right|_{E_{0}^{\alpha}(\varepsilon)}$ is a proper submersion, it is a fiber bundle with contractible base $D^{n-1}(0, r-\varepsilon)$. Since the fiber is $1-$ dimensional and the total space is connected, we conclude that $E_{0}^{\alpha}(\varepsilon)$ is homeomorphic to $D^{n-1} \times S^{1}$.

We choose a homeomorphism $h_{0}: E_{0}(\varepsilon / 2) \longrightarrow E_{0}^{\alpha}(\varepsilon / 2)$ so that

commutes. Using the proof of the Gluing Theorem ([33], Theorem 4.6), we construct a homeomorphism $h: P_{k}^{n}(r) \longrightarrow M^{\alpha}$ so that

$$
h=\left\{\begin{array}{cc}
h_{0} & \text { on } E_{0}(\varepsilon) \\
h_{\alpha} & \text { on } E_{1}(\varepsilon / 4)
\end{array}\right.
$$

It follows that $h\left(E_{1}(\varepsilon)\right)=E_{1}^{\alpha}(\varepsilon)$. Since $E_{1}(\varepsilon)$ is homeomorphic to $S^{n-2} \times D^{2}$, the result follows.

Proof of Key Lemma 62. By Proposition $65, g_{d}^{\alpha}: E_{1}^{\alpha}(\varepsilon) \longrightarrow \partial D^{n-1}(0, r-\varepsilon)=$ $S^{n-2}$ is a submersion. Since $g_{d}^{\alpha}$ is proper, $g_{d}^{\alpha}$ is a fiber bundle with two-dimensional fiber $F$. From the long exact homotopy sequence and Proposition 72, we conclude that $F$ is a 2-disk. For $n \neq 4$, every $D^{2}$-bundle over $S^{n-2}$ is trivial by Theorem 1 of [36]. When $n=4$, $E_{1}^{\alpha}(\varepsilon)$ is a $D^{2}$-bundle over $S^{2}$ whose total space is homeomorphic to $S^{2} \times D^{2}$. It follows for example from [54] that $E_{1}^{\alpha}(\varepsilon)$ is trivial in all cases, completing the proof of Key Lemma 62.

Proof of Key Lemma 61. Since $\left.\Psi_{d}^{\alpha}\right|_{E_{0}^{\alpha}(\varepsilon)}$ is a proper submersion, $\left(E_{0}^{\alpha}(\varepsilon), \Psi_{d}^{\alpha}\right)$ is a fiber bundle over $D^{n-1}(0, r-\varepsilon)$ with one-dimensional fiber $F$. Since $E_{0}^{\alpha}(\varepsilon)$ is also
homeomorphic to $D^{n-1} \times S^{1}$, it follows that the fiber is $S^{1}$. The base is contractible, so the bundle is trivial. This completes the proof of Key Lemma 61 and hence the proofs of Theorems 60 and 12, establishing our Main Theorem.

## Double Disk Stability

## The proof of Theorem 11 also yields

Corollary 73 Let $\left\{M_{i}\right\}_{i=1}^{\infty}$ be a sequence of closed Riemannian n-manifolds with $\sec M_{i} \geq$ $k$ so that

$$
M_{i} \longrightarrow \mathbb{D}_{k}^{n}(r)
$$

in the Gromov-Hausdorff topology. Then all but finitely many of the $M_{i}$ s are diffeomorphic to $S^{n}$.

Proof. In contrast to Theorem 40, we do not necessarily have an isometric involution of the $M_{i}$ s. Instead, we let $A: M_{i} \longrightarrow M_{i}$ be any map which is Gromov-Hausdorff close to $A: \mathbb{D}_{k}^{n}(r) \longrightarrow \mathbb{D}_{k}^{n}(r)$. We then define $f_{i, d}^{\alpha}: M_{i} \longrightarrow \mathbb{R}$ as in 4.19 and proceed as in the proof of Theorem 11.

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