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Recent Advances in Direct Cardiac Reprogramming

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Abstract

Human adult cardiomyocytes have limited regenerative capacity resulting in permanent loss of cardiomyocytes in the setting of many forms of heart disease. In an effort to replace lost cells, several groups have reported successful reprogramming of fibroblasts into induced cardiomyocyte-like cells (iCMs) without going through an intermediate progenitor or stem cell stage in murine and human models. This direct cardiac reprogramming approach holds promise as a potential method for regenerative medicine in the future and for dissecting the regulatory control of cell fate determination. Here we review the recent advances in the direct cardiac reprogramming field and the challenges that must be overcome to move this strategy closer to clinical application.

Introduction

Heart disease remains the leading cause of morbidity and mortality in developed countries [1]. Currently, there are no solutions to replenish cardiomyocytes lost to heart injury. The lost cardiomyocytes in the injured region are replaced by scar tissue formed from activated fibroblasts and the extracellular matrix secreted by those fibroblasts [2]. Mammalian hearts do appear to have a small amount of cardiomyocyte turnover over a lifetime [3,4], however it is insufficient for meaningful regeneration.

Although cell-based efforts for regenerative therapy are aggressively being pursued, an alternative approach to regenerate an injured heart is to directly reprogram resident cardiac fibroblasts (CFs) into induced cardiomyocyte-like cells (iCMs) using a cocktail of developmental regulatory proteins that normally guide cardiac fate during cardiogenesis. While this approach has its own limitations and obstacles, it circumvents some of the obstacles of cell-based therapy, including efficient transplantation and integration within the

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area of injured myocardium and creation of mature cardiomyocytes for transplantation. Here, we will discuss advances in direct cardiac reprogramming and consider the challenges and potential of this strategy for regenerative medicine.

Reprogramming of Mouse Fibroblasts into Cardiomyocyte-like Cells

In 2010, our group reported that mouse cardiac and dermal fibroblasts could be converted into cardiomyocyte-like cells *in vitro* with ectopic expression of three transcription factors: Gata4, Mef2c, and Tbx5 (GMT) [5]. This strategy was inspired by the successes in molecular reprogramming from somatic cells into induced pluripotent stem cells (iPSCs) [6–8] and provided a new potential strategy to regenerate cardiomyocytes. Similar to iPSC reprogramming, a larger population of cells were partially reprogrammed, but full reprogramming to a contractile state occurred with similar frequency as true iPSC colonies [9]. Unlike iPSCs, however, the iCMs quickly exited the cell cycle and did not form colonies [5]. Despite the low percentage of fully reprogrammed cardiomyocytes, genome-wide transcriptome studies of cells activating the α -myosin heavy chain (α -MHC)-reporter revealed that the partially reprogrammed population induced a broad cardiac transcriptional program involving hundreds of genes and also broadly silenced the fibroblast transcriptome. This was an epigenetically stable event and overexpression of the exogenous factors was not necessary after approximately 2 weeks [5].

Interestingly, the more fully reprogrammed iCMs had action potentials that were most similar to adult ventricular myocytes. This observation was in contrast to the relatively immature electrical activity noted in ES- or iPS-derived cardiomyocytes. Using a Cre-based strategy, we found that iCMs failed to express *Mesp1* or *Isl1*, markers of early cardiac progenitors, during the process of cardiac reprogramming [5]. This suggested that the reprogramming event represented a direct conversion from one post-natal somatic cell type to another rather than traversing through a progenitor stage. The rapidity of initial conversion and the more mature electrophysiology observed in iCMs is consistent with this interpretation.

In Vivo Cardiac Reprogramming

The initial intention of the *in vitro* reprogramming effort was to ultimately harness the large pool of endogenous CFs as an alternative resource for cardiac regeneration *in situ*. Accordingly, in 2012, three groups found that *in vivo* delivery of the GMT transcription factors directly into the heart using a gene therapy approach converted endogenous mouse non-myocytes into iCMs [9–11]. The mice had decreased infarct size and attenuated cardiac dysfunction after coronary ligation and *in vivo* GMT delivery [10]. Direct reprogramming upon co-administration of Thymosin β 4, a 43-amino-acid G-actin monomer-binding protein that can promote angiogenesis, as well as cell survival, proliferation and migration [12,13] was enhanced significantly. Furthermore, it was reported that addition of one more transcription factor, *Hand2*, with GMT (referred to as GHMT) improved mouse cardiac reprogramming efficiency *in vitro*, and also resulted in the regeneration of cardiomyocytes *in vivo* with improved function [9]. *In vitro*, the GHMT appears to result in a spectrum of ventricular, atrial and conduction cell types [14].

Remarkably, Jayawardena et al. reported *in vivo* cardiac reprogramming using microRNAs in a mouse model of myocardial infarction [15]. In their pilot *in vitro* screening, a combination of miR-1, -133, -208, -499 was found to be sufficient to convert cardiac fibroblasts to cardiomyocyte-like cells *in vitro* and *in vivo*. This microRNA-mediated conversion could be further enhanced by the addition of JAKI inhibitor, in agreement with the cardiac reprogramming study using iPSC factors by Efe et al [16]. miR-1 appeared to be the most important miRNA, consistent with its essential role in regulating appropriate cardiac sarcomerogenesis and gene expression [17–19]. Recent *in vivo* data suggests that the combination of miRNAs introduced with a lentivirus after infarct can result in generation of new myocytes and improved cardiac function [20].

In addition to generation of new myocytes, *in vivo* reprogramming in each study was associated with a significant reduction in fibrosis. It is possible that the newly emerged iCMs secrete certain factors that may inhibit expression of collagen and the activity of matrix metalloproteinase, thus reducing cardiac fibrosis. Furthermore, fibroblasts that were infected by reprogramming factors but failed to reprogram may be intrinsically altered and therefore may have impaired ability to promote fibrosis. It is likely that a combination of these effects ultimately leads to the significant restoration of heart function and decrease in scar after injury.

Enhancing Efficiency of Direct Cardiac Reprogramming

Since the publication of the initial mouse study of *in vitro* cardiac reprogramming in 2010, several groups have reported methods to improve the efficiency of this approach. Here we discuss the recent results that reported improvements in mouse cardiac reprogramming by 1) altering the combination of reprogramming factors [9,21–25], 2) manipulating signaling pathways [26,27], or 3) optimizing the stoichiometry of the reprogramming factors [28]. Some of the strategies for improved reprogramming efficiency could lead to future breakthroughs in translating this approach and in understanding the underlying biology behind the cell fate transition.

1) Altering the combination of reprogramming factors

The first minimal cardiac reprogramming cocktail, GMT, was established by a reductionist approach similar to those used in mouse and human iPS cell studies [6,8]. While this approach is suitable for finding the minimal set of reprogramming factors, it may not necessarily identify the optimal combination. Furthermore, the master regulatory genes function in self-reinforcing networks and activate one another, suggesting that multiple combinations could lead to similar establishment of the cardiac gene network. Figure 1 summarizes the published approaches for cardiac reprogramming and while there are numerous combinations of factors, GMT is common to most, suggesting that they establish a core regulatory network for the cardiac fate. A few examples are explored below.

- Hirai et al. fused a transactivation domain from MyoD to individual factors in the GHMT cocktail and found that a Mef2c C-terminus fusion with the MyoD transactivation domain plus wild-type Gata4, Hand2 and Tbx5 accelerated cardiac reprogramming, created larger beating clusters from mouse embryonic

fibroblasts with a 15-fold greater efficiency than GHMT without the fusion [22]. This is consistent with the observation that reprogramming requires high levels of gene expression and activity to overcome the high barrier of cellular stability inherently present in adult somatic cells [6].

- Protze et al. screened 120 triplet combinations of 10 candidate factors delivered by lentiviral expressing vectors in mouse embryonic fibroblasts (MEFs) with a quantitative PCR panel of five cardiac marker genes (Myh6, Myl2, Actc1, Nkx2.5, Scn5a) as readout. They found the set of Mef2c, Tbx5, and Myocd was the optimal cardiac reprogramming cocktail [23].
- To assess functional success from cardiac reprogramming, the Gearhart laboratory developed a calcium indicator GCaMP reporter driven by human cardiac troponin T (TNNT2) promoter in a lentivirus expression system. With this calcium reporter system, they tested several combinations of cardiac reprogramming factors in mouse embryonic and adult cardiac fibroblasts. They observed that a combination of Hand2, Nkx2.5, Gata4, Mef2c, and Tbx5 (referred to as HNGMT) was the most effective with a 50-fold greater reprogramming efficiency than GMT in cardiac fibroblasts [24].
- Christoforou et al. started from 10 transcription factors (nine human genes and Mesp1 from mouse) delivered by a Tet-On lentivirus expression system in four modules, and found that MYOCD with SRF, or MYOCD, SRF, SMARCD3 and Mesp1 significantly enhanced the cardiac reprogramming effect of human GMT in mouse embryonic fibroblasts [21]. The same report found that valproic acid enhanced cardiac reprogramming by two-fold as measured by Actn2 or Tnnt2 expression.
- Recently, Muraoka et al. reported that overexpression of miR-1 or miR-133 with GMT generated iCMs more efficiently from MEFs [25]. Furthermore, the effect from miR-133 addition is sufficient to shorten the time to reprogramming MEFs into beating iCMs from 30 days to 10 and generates sevenfold more beating iCMs than GMT only. They also demonstrated that miR-133 enhances cardiac reprogramming partially by silencing the fibroblasts signature gene network by suppressing Snai1.

2) Manipulating signaling pathways

Since there is no defined culturing system for maintaining mature cardiomyocytes, cardiac reprogramming can be affected by cell culture conditions that different laboratories use and the batch-to-batch variations in serum products. Much work remains to be done to improve cardiac reprogramming efficiency by stimulating or inhibiting the right signaling pathways.

In 2012, Mathison et al. reported that preconditioning infarcted rat hearts with VEGF delivered by AAV enhanced the efficacy of GMT treatment, resulting in an improvement in ejection fraction after injury [26]. It is not known whether the angiogenesis effect from VEGF improves function as an independent effect, or if VEGF improves function by promoting the generation of new iCMs in vivo.

With the TNNT2-GCaMP reporter system, the Gearhart group set out to test the effect of signaling pathways on cardiac reprogramming. They reported up to five-fold greater reprogramming efficiency by using a TGF β signaling inhibitor, SB431542, in addition to the HNGMT cocktail, in MEFs and adult mouse cardiac fibroblasts [27]. They also found that adding TGF β 1 or TGF β 2 to the culture system inhibited cardiac reprogramming. It is not clear whether the improved cardiac reprogramming by TGF β signaling inhibition is due to suppression of fibroblast gene expression programs, as suggested in the induced pluripotent stem cell field [29].

3) Optimizing the stoichiometry of the reprogramming factors

Most of the published studies in the cardiac reprogramming used various viral vectors expressing different combinations of individual factors. The ratio of expression level from each reprogramming factor in the infected fibroblasts is inconsistent in this setting and could contribute to the significant differences in reported reprogramming efficiency. Wang et al. constructed six polycistronic constructs to include all ordered combinations of Gata4, Mef2c and Tbx5 with identical self-cleaving 2A sequences and showed distinct protein levels of the three transcription factors based on the splicing order [28]. They further demonstrated that relatively higher protein level of Mef2c with modest levels of Gata4 and Tbx5 led to more efficient cardiac reprogramming, and an optimized MGT combination with puromycin selection resulted in over 10-fold increase in beating iCMs. This report convincingly showed that the protein ratio from cardiac reprogramming factors could greatly influence the efficiency and quality of iCMs. More importantly, this study established a single vector platform that provides consistent and reproducible cardiac reprogramming potential, and could serve as a springboard to preclinical large animal studies.

Direct Cardiac Reprogramming in Human Cells

In 2013, three reports demonstrated successful cardiac reprogramming in the human system [30–32]. All three groups found that neither the combination of GMT nor GHMT was sufficient to reprogram human fibroblasts into iCMs. Each group used additional factors to successfully achieve some degree of human cardiac reprogramming. Nam et al. found that the combination of four human transcription factors (GATA4, HAND2, TBX5 and MYOCD) plus two microRNAs (miR-1 and miR-133) activated cardiac marker gene expression from human foreskin, cardiac and dermal fibroblasts in vitro. Although the converted cells displayed some sarcomere structures and calcium transients, few cells showed spontaneous contractility after 11 weeks in culture [30]. Wada et al. showed that adding MESP1 and MYOCD to the original GATA4, MEF2C, and TBX5 combination could reprogram human neonatal and adult cardiac fibroblasts into cardiomyocyte-like cells with calcium oscillations [31]. The human iCMs from the Wada 2013 report did not exhibit spontaneously contractility, but developed action potentials and contracted synchronously when co-cultured with murine cardiomyocytes. Our group found that, in addition to GMT, ESRRG and MESP1 are needed to convert human fibroblasts into a cardiomyocyte-like state, and two more transcription factors, MYOCD and ZFPM2, further enhanced human cardiac reprogramming [32]. The human iCMs from our study were reprogrammed at a level similar to mouse in vitro iCMs as determined by global gene expression analysis. However,

we did not observe spontaneous contractility from those human iCMs after 16 weeks in culture. A detailed comparison of the three human cardiac reprogramming studies is available in [33].

These studies provide a foundation for direct cardiac reprogramming in the human system. Unlike in the mouse system, cardiac reprogramming in the human cells requires expression from more factors and longer time, and will likely improve with further study. Whether the current combinations of reprogramming factors result in more complete reprogramming in vivo, similar to the experience in mouse cells, await studies in large animals.

Challenges and Future Directions for Cardiac Reprogramming

Recent advances made in mouse and human systems indicate that the cardiac reprogramming efficiency is steadily being advanced by various strategies and might eventually become powerful enough for clinical application and disease modeling studies. One intriguing area worth noting is the qualitative difference observed from iCMs between in vitro and in vivo settings [9,10]. iCMs generated in vivo appeared to be more similar to the endogenous cardiomyocytes than those from in vitro studies, indicating potential beneficial effects of environmental cues like extra-cellular matrix, signaling pathways and mechanical or electrical stimulations. It will be important to increase the efficiency of reprogramming, particularly in vitro, in order to be able to use such cells for disease modeling and ultimately to improve the ability to create new myocytes in vivo. Identification of the signals that improve efficiency in vivo is currently under study in many laboratories, and more unbiased searches such as chemical screening or genome-wide inhibition screens will likely reveal critical barriers to direct cardiac reprogramming.

A fascinating feature of direct cellular reprogramming in most cell types is the progressive, yet rapid, alteration of cellular phenotype in the absence of significant cellular division once the reprogramming process has begun. Genome-wide epigenetic and transcriptional changes occur to establish the necessary landscape for a new cell type without progression through a progenitor state. How this change occurs temporally at the epigenetic level is an important area of study and will likely be revealed in the coming years, providing insight into the regulatory networks that can dictate cellular fate.

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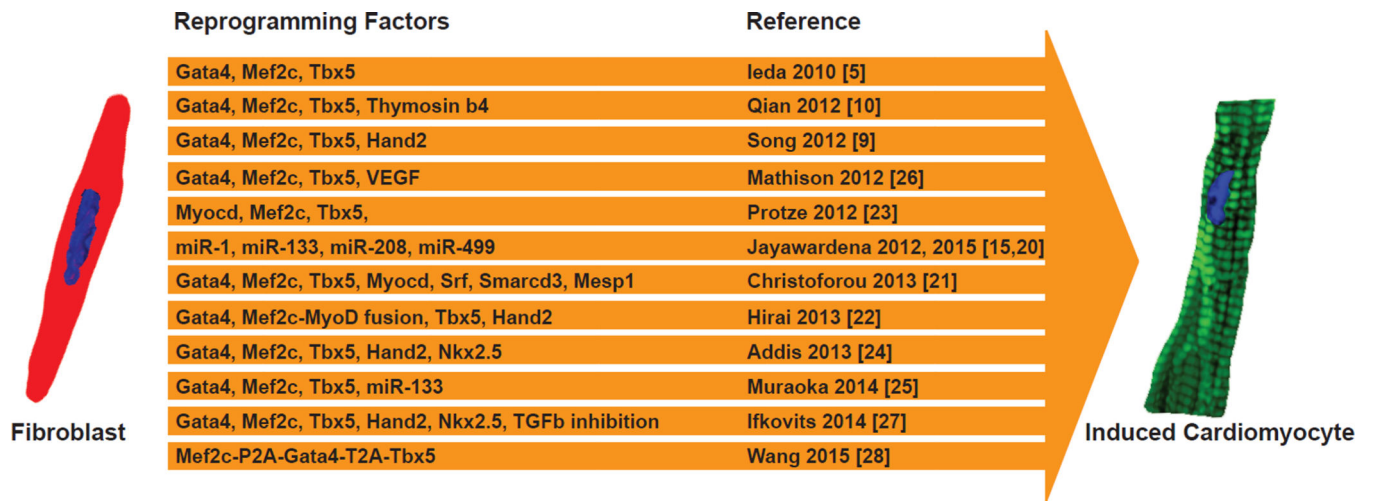


Figure 1. Different combinations of reprogramming factors used to convert fibroblasts into cardiomyocyte-like cells in mouse.