

## UC Irvine

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### Title

Local Anesthetic Systemic Toxicity (LAST) and Fascia Iliaca Compartment Block (FICB) Simulation: A Pilot Study

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**Objectives:** 1. To improve knowledge of CBRNE events 2. To understand the role of antidotal therapy and decontamination in CBRNE emergencies 3. To practice resuscitation in simulated CBRNE cases

**Curricular Design:** This module was developed by content expert teams in conjunction with a disaster management educational programmer to teach CBRNE emergencies. The teams sought to improve knowledge, skills, and attitudes for six emergency topics: Personal Protective Equipment (PPE), nerve agents, botulism, airway irritants, radiation, and cyanide. The sessions utilized various teaching methods including simulation-based resuscitations, hands-on practical training, case-based presentations, and table-top discussions. This was taught over a 2.5-hour session at a single accredited EM Post Graduate Year (PGY) 1-3 Residency Program to EM residents.

**Impact:** There were 36 learners given 14 objective content questions pre- and post-curriculum implementation. We received 35 responses to the pre-test and 22 responses to the post-test. The average score on the pre-test was 43% and 77.6% on the post-test (34.6% improvement). There were significant improvements in scores overall with a mean difference of 4.9 (95%CI 3.7-6.0) ( $p < 0.001$ ). See table 1. Conclusion: Implementation of CBRNE educational curriculum significantly improved knowledge at every PGY level on CBRNE-related emergencies.

Table 1.

	Pre-test	Post-Test	Confidence interval	Mean difference
PGY1	32.7%	74%	3.6-8.1	5.9
PGY2	47.5%	77.6%	2.9-5.9	4.4
PGY3	46.7%	81.4%	21.5-8.7	4.6

## 56 Local Anesthetic Systemic Toxicity (LAST) and Fascia Iliaca Compartment Block (FICB) Simulation: A Pilot Study

*Katherine Griesmer, Jaron Raper, Briana Miller, Maxwell Thompson, Andrew Bloom*

**Introduction/Background:** Regional anesthesia, including fascia iliaca compartment blocks (FICB), are increasingly falling into the scope of Emergency Medicine (EM) given the increasing training and proficiency with ultrasound-guided procedures. Though rare, local anesthetic systemic toxicity (LAST) is estimated to occur in 0.03% of peripheral nerve blocks, with a different ACLS algorithm in the event of cardiac arrest. We present a novel curriculum for a combined simulation and procedural simulation for LAST and FICB.

**Objectives:** Recognize clinical signs and symptoms of LAST. Develop an appropriate treatment algorithm for LAST and manage potential outcomes including cardiac arrest. Perform FICB successfully and troubleshoot complications. Determine proper lidocaine dosing to prevent LAST.

**Curricular Design:** 19 emergency medicine residents

performed two separate but contiguous simulations with one being a LAST simulation with cardiac arrest and the other a procedural simulation involving setup for and performance of a FICB. Pre and post surveys were obtained to gauge previous comfort level and expertise compared to following the simulation.

**Impact/Effectiveness:** Residents reported improved comfort and knowledge in recognizing and managing LAST, as well as performing FICB. Perceptions towards recognizing and treating uncommon causes of cardiac arrest, including LAST, improved following simulation (5.11 vs 6.21,  $p=0.003$ ; 3.89 vs 6.16,  $p=0.008$ ). While many residents felt confident in their ultrasound skills (6.77, SD 2.23), ultrasound-guided nerve blocks were rated lower with regards to knowledge and procedural techniques prior to the simulation (4.47 vs 9.25,  $p < 0.001$ ). Comfort with performing FICB had a positive trend following the simulation (3.47 vs 8.56,  $p < 0.001$ ). Residents perceived ultrasound-guided nerve blocks, in particular FICB, as a useful skill (9.63). Figure 1. LAST perceptions Figure 2. FICB perceptions

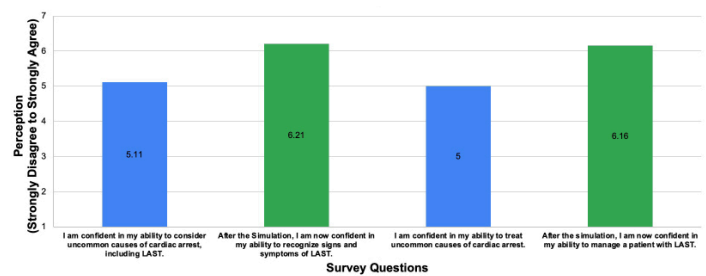


Figure 1. LAST perceptions.

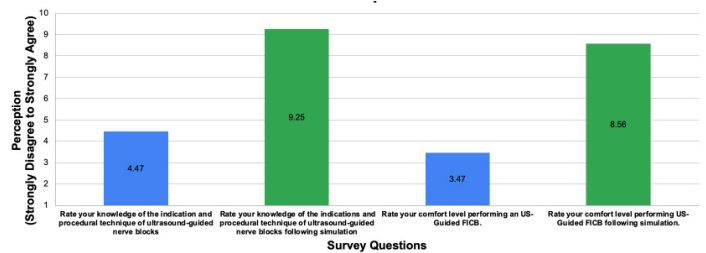


Figure 2. FICB perceptions.

## 57 “Heads Up!” Toxicology

*Elsbeth Pearce, Jeremiah Ojha*

**Background:** Gamification is a popular way to increase engagement in didactics and motivation to learn. Another way to increase engagement is having learners teach topics as near-peers. This allows the learner-as-teacher to solidify their knowledge of a particular topic. Using both gamification and near-peer teaching I sought to enhance our toxicology content review through a small group activity.