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Enriched East Asian oxygen isotope of precipitation indicates reduced summer seasonality in regional climate and westerlies

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Speleothem oxygen isotope records over East Asia reveal apparently large and rapid paleoclimate changes over the last several hundred thousand years. However, what the isotopic variation actually represent in terms of the regional climate and circulation is debated. We present an answer that emerges from an analysis of the interannual variation in amount-weighted annual $\delta^{18}O$ of precipitation over East Asia as simulated by an isotope-enabled model constrained by large-scale atmospheric reanalysis fields. ^{18}O-enriched years have reduced summer seasonality both in terms of precipitation isotopes and in the large-scale circulation. Changes occur between June and October, where the $\delta^{18}O$ of precipitation ($\delta^{18}O_p$) transitions from the isotopically heavier winter to the lighter summer regime. For ^{18}O-enriched years, this transition is less pronounced. Variations in precipitation amount alone are insufficient to explain the amount-weighted annual $\delta^{18}O_p$ between ^{18}O-enriched and ^{18}O-depleted years. Reduced summer seasonality is also expressed in the low-level monsoonal southerlies and upper-level westerlies; for the latter, the northward migration across the Tibetan Plateau in the summer is less pronounced. Our result thus implicates the westerlies across the plateau as the proximate cause of East Asian paleomonsoon changes, manifested as a modulation of its summer peak.

paleoclimate | monsoon | westerlies | East Asia

Speleothem oxygen isotope ($\delta^{18}O_c$) records over East Asia and other tropical regions have revolutionized our understanding of the global paleomonsoon (1, 2). However, there remains a basic question of what the calcite oxygen isotopic records represent in terms of regional climate changes, specifically the large-scale circulation. This is particularly true for the East Asian records, even though they are among the most studied (3). Previous interpretations proposed modulation of "monsoon intensity" through changes to the ratio of summer to winter precipitation (4), variation of the isotopic depletion of moisture advected by convection upstream of the speleothem sites (5–7), and selection among different moisture source regions (8).

From a dynamical perspective, there are two general approaches to analyzing East Asian climate and its seasonality. Traditionally, East Asia is viewed as a monsoon system—in the summer, differential warming between the land and ocean creates pressure differences that in turn drive low-level southerly flows that bring warm, moist air from the surrounding oceans into East Asia (9). Atmospheric heating from convection, especially in the southern reaches of the Tibetan Plateau, provides an important positive feedback (10). Seasonality is integral to monsoon systems: In the winter, the land–ocean thermal contrast reverses, and northerlies sweep cold and dry air across East Asia.

An alternative viewpoint shifts the focus to tropospheric westerlies. East Asia is sufficiently north to be within the westerly belt even in the early summer, and the Tibetan Plateau provides both a mechanical and thermal obstacle that deflects the westerlies, generating a stationary eddy circulation downstream; the interaction of this circulation with the low-level monsoonal flow generates the rainfall climate over East Asia (11, 12). The westerly core shifts from south of the plateau in the winter and spring to north of the plateau in the height of summer before transitioning back again (13). Thus, the westerly migration adds its own imprint onto the seasonality of East Asia, noted by Chinese meteorologists since at least the 1950s (14, 15). Molnar et al. (12) formalized this view by hypothesizing a correspondence between the seasonal evolution of East Asian summer rainfall with the meridional position of the westerlies.

Here, we present an analysis that describes East Asian climate and large-scale circulation changes when the oxygen-18 isotope composition in precipitation ($^{18}O_p$) becomes depleted or enriched, derived from an analysis of the latter's interannual variability in an isotope-enabled model simulation (Isotope-incorporated Global Spectral Model version 2 (hereafter isoGSM2), ref. 16) that simulates modern East Asian rainfall and $\delta^{18}O_p$ with fidelity. The climatological monthly variation of East Asian $\delta^{18}O_p$ in isoGSM2 compares favorably with direct measurements and performs significantly better than isotope-enabled model simulations used in previous studies of East Asia (*SI Appendix*, section 1). Moreover, it is able to simulate the interannual variability of warm-season $\delta^{18}O_p$ to the extent that this can be compared to the limited measurements (*SI Appendix*, section 2). A clear interpretation emerges: Years with

Significance

Cave oxygen isotope records have revolutionized our understanding of East Asian paleoclimate. However, the climate interpretation of these records has proven controversial, with some arguing for substantial swings in monsoon intensity while others suggest that they do not indicate climate changes over East Asia. A modern-day analog provides an answer, namely, a modulation in the seasonal amplitude of East Asian summer climate and circulation. A strong connection exists with the seasonal migration of the westerlies across the Tibetan Plateau, consistent with dynamical arguments that point to this migration to control East Asian summer monsoon seasonality. Our result thus inserts paleoclimate evidence into the current debate on East Asian summer monsoon dynamics, in favor of a greater role for the westerlies.

Author contributions: J.C.H.C. and M.J.H. designed research; J.C.H.C. and M.J.H. performed research; K.Y. contributed data; J.C.H.C. and M.J.H. analyzed data; and J.C.H.C., M.J.H., K.Y., and I.Y.F. wrote the paper.

The authors declare no competing interest.

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Data deposition: Data used in the analysis, including the monthly mean isoGSM2 data and enriched and depleted year climatologies of isoGSM2 fields, have been deposited in Dryad, https://datadryad.org/stash/dataset/doi:10.6078/D1MM6B.

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enriched $^{18}O_p$ over East Asia have reduced amplitudes of the annual cycle, both in $\delta^{18}O_p$ and in the regional large-scale circulation, mainly due to reductions in the magnitudes of the excursions during the summer seasons. We shall refer to this as "reduced summer seasonality," which could mean lower summer peaks (e.g., precipitation) or shallower summer troughs (e.g., $\delta^{18}O_p$). Moreover, we demonstrate a strong link between East Asian $^{18}O_p$ and the meridional position of the westerlies, with enriched values associated with a southward-shifted jet during summer.

Results

Interannual Variability of Amount-Weighted Annual $\delta^{18}O$ over East Asia. The dominant interannual variation of isoGSM2 amount-weighted annual $\delta^{18}O_p$ over East Asia, extracted through an empirical orthogonal function (EOF) analysis (see *Materials and Methods*), possesses a mostly uniform sign across East Asia extending from the Bay of Bengal to northeastern China and eastward to the Philippines (Fig. 1*A*). Over China, it extends from Hebei Province in the northeast to Yunnan Province in the southwest (as highlighted by the parallelogram in Fig. 1*A*). Interestingly, this region encompasses the key speleothem locations of Hulu, Dongge, and Sanbao caves, as well as several others with strong temporal coherence in the proxy record (filled black dots in Fig. 1*A*). Extending this comparison, we reviewed existing speleothem studies over East Asia and marked their location if a record exhibited temporal variations seen in the Hulu–Dongge–Sanbao record (17) (*SI Appendix*, section 3); notably, the cave locations cluster within the parallelogram region (open black dots in Fig. 1*A*).

We create an interannual index for $\delta^{18}O_p$ by averaging the amount-weighted annual $\delta^{18}O$ over the parallelogram region (Fig. 1*B*, black line; hereafter referred to as the parallelogram $\delta^{18}O_p$ index). This index allows us to identify years with enriched and depleted $^{18}O_p$, upon which we form composites to examine their characteristics in terms of seasonal behavior and large-scale circulation. The parallelogram $\delta^{18}O_p$ index is strongly correlated with the principal component of EOF1 (Fig. 1*B*, blue line) ($r = 0.87$, $P < 0.01$), indicating that the interannual variation in amount-weighted annual $\delta^{18}O_p$ within the parallelogram region is coherent and tied to EOF1. Variations in the parallelogram $\delta^{18}O_p$ index are ~2‰ (peak to peak), comparable in magnitude to millennial variations of $\delta^{18}O$ in speleothem records (4). We composite various climate fields for years of higher and lower values of the parallelogram $\delta^{18}O_p$ index (corresponding to ^{18}O-enriched and ^{18}O-depleted years, respectively), using ±0.5 standard deviation as the threshold (Fig. 1*B*, dashed red lines).

Fig. 2*A* shows the month-to-month variation in rain amount multiplied by $\delta^{18}O_p$ averaged over the parallelogram region for $^{18}O_p$-enriched and $^{18}O_p$-depleted years. Differences between enriched and depleted years occur exclusively in the warm season, from June through October (JJASO). A similar conclusion is reached if solely $\delta^{18}O_p$ is considered (Fig. 2*B*), with $\delta^{18}O_p$ being higher across JJASO for enriched years relative to depleted years. Rainfall during enriched years is also somewhat less than in depleted years (Fig. 2*C*), and while the differences for each month are not significant (apart from October), rainfall reduction summed over JJASO is significant at $P < 0.01$. The reduced summer precipitation seasonality during enriched years is more clearly shown if month-to-month fluctuations—tied to strong weather variations over East Asia—are filtered out prior to compositing (*SI Appendix*, section 4 and Fig. S7*C*), as is the case for rain amount × $\delta^{18}O_p$ and $\delta^{18}O_p$ (*SI Appendix*, Fig. S7 *A* and *B*,respectively). Overall, enriched years occur because there is reduced summer seasonality in $\delta^{18}O_p$—it does not become as isotopically light in the summer compared to that in depleted years. Additional analyses of $\delta^{18}O_p$ over the parallelogram region (*SI Appendix*, section 5) confirm this interpretation.

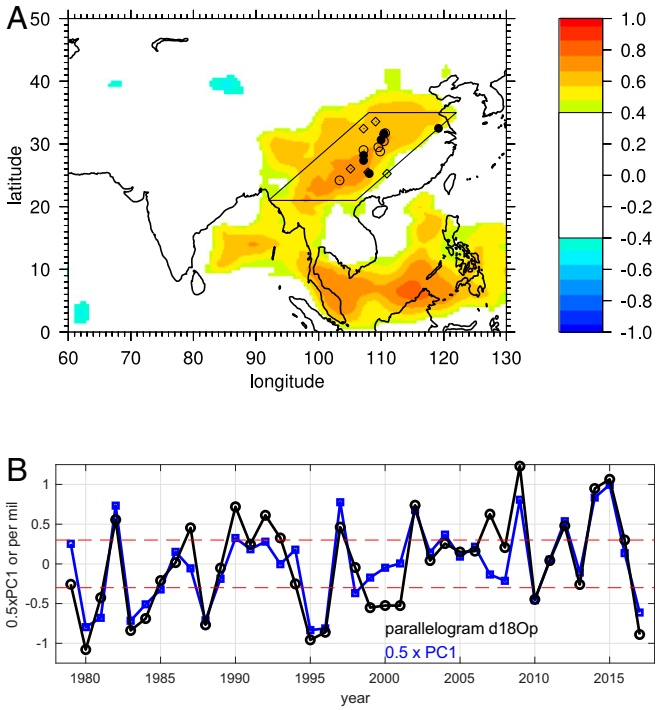

Fig. 1. (*A*) First EOF of normalized amount-weighted annual $\delta^{18}O_p$, taken over 60°E to 130°E and 0°N to 50°N. The dots reference locations of speleothem records; the black filled dots are the key speleothem records of Hulu, Dongge, and Sanbao, sites with excellent coherence to these records (Sanbao: 110.43°E, 31.67°N; Heshang: 110.42°E, 30.45°N; Hulu: 119.17°E, 32.5°N; Dongge: 108.08°E, 25.28°N; Haozhu: 109.98°E, 30.68°N; Shigao: 107.17°E, 28.18°N; Sanxing: 107.18°E, 27.37°N). Caves sites with good and fair coherence with the Hulu–Dongge–Sanbao record are shown as open circles and open diamonds, respectively. See *SI Appendix*, section 3 for a list of these records, method of comparison, and references. The parallelogram marks the region used to generate an interannual index of amount-weighted annual $\delta^{18}O_p$ and encompasses the region with large EOF1 loading and location of caves sites. The vertices of the parallelogram are at (counterclockwise from the bottom left point) 92°E, 21°N; 106°E, 21°N; 122°E, 35°N; 108°E, 35°N. (*B*) Principal component (PC) time series of the first EOF scaled by 1/2 (blue) and average of amount-weighted annual $\delta^{18}O_p$ (units: per mil) across the parallelogram region with the mean removed (black). Dashed red lines indicate ±0.5 standard deviation. Black dots beyond these limits represent years comprising the enriched ($n = 13$; above) and depleted ($n = 12$; below) composites. The correlation coefficient between the two time series is $r = 0.87$ ($P < 0.01$).

Large-Scale Circulation Changes Associated with $\delta^{18}O_p$ Variation. Changes to the surface circulation are consistent with the interpretation of reduced summer seasonality for enriched years (Fig. 3). Warm season east–west pressure contrast between the Asian continent and western North Pacific is reduced, largely as a result of a weaker and/or eastward-shifted western Pacific subtropical high (Fig. 3*A*, shaded). The vertically integrated moisture flux into East Asia from the South China Sea is also reduced (Fig. 3*A*, vectors). Seasonally, the northward moisture flux over southeastern China is weaker during July to September (Fig. 3*B*), a consequence of weaker lower tropospheric meridional winds (Fig. 3*C*). Changes in the upper-level circulation are also consistent with reduced summer seasonality for enriched years. Enriched years show decreased warm-season westerlies to the north of the plateau and increased westerlies to the south of it (Fig. 3*D*), indicating a reduced northward migration of the westerlies. We track the latitudinal position of westerlies across Asia centered on the Tibetan Plateau (see *Materials and Methods*) for enriched years and depleted years (Fig. 3*E*); the analysis

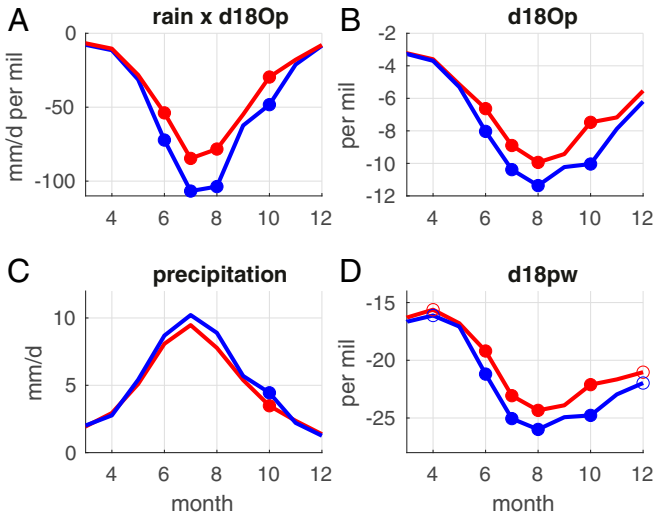

Fig. 2. (*A*) Rain amount multiplied by $\delta^{18}O_p$ for each month of enriched (red) and depleted (blue) years. (*B*) Same as *A*, but for $\delta^{18}O_p$. (*C*) Same as *A*, but for rainfall. (*D*) Same as *A*, but for $\delta^{18}O$ of precipitable water. Months where the differences in the means are significant at $P < 0.01$ (using a two-sided *t* test) are indicated with filled circles, and those at $P < 0.05$ are shown by open circles. While only the difference for October is significant at $P < 0.01$, the June to October average precipitation difference between enriched and depleted years is also significant at $P < 0.01$.

shows a systematic southward shift of the westerlies across all months from March through December during enriched years, although the difference is significant only for July through October ($P < 0.05$).

There is a robust link between the latitude position of the warm season westerlies and $\delta^{18}O_p$ over the parallelogram region. Correlation of the latitude of the 200 mb zonal wind maximum across Asia centered on the Tibetan Plateau (40°E to 140°E) with $\delta^{18}O_p$ averaged over the parallelogram region shows significant correlation for June, July, October, and November (*SI Appendix*, Fig. S10*A*). $\delta^{18}O_p$ is generally not associated with the strength of the jet, however (*SI Appendix*, Fig. S10*B*). Furthermore, an objective spatiotemporal analysis method designed to find coupled behavior between fields shows that the leading summertime mode is a pattern with reduced westerlies north of the plateau and increased westerlies to the south of the plateau associated with enriched $^{18}O_p$ over the parallelogram region (*SI Appendix*, section 6ii and Fig. S11). The temporal behavior of this mode is correlated with principal component 1 of the EOF of amount-weighted annual $\delta^{18}O_p$ (Fig. 1) at $r = 0.92$ ($P < 0.01$), meaning that both analysis methods extracted essentially the same interannual behavior for $\delta^{18}O_p$ over East Asia. The evidence thus suggests robust physical relationships between the large-scale westerly wind and the summertime East Asian $\delta^{18}O_p$.

Implications for Interpretation of East Asian Speleothem Records. Wang et al. (4) proposed "monsoon intensity" (the ratio of winter-to-summer rainfall amounts) as an explanation for speleothem $\delta^{18}O_c$ variations at Hulu cave, observing that wintertime rainfall was isotopically heavy compared to the summer. An alternative hypothesis proposed that East Asian $\delta^{18}O_c$ reflects the isotopic composition of moisture advected from the Indian and Pacific source regions, depleted by Rayleigh fractionation from convection upstream (5–7). Recent proxy and modeling evidence lends support to both hypotheses: In particular, Pausata et al. (6) showed that a Heinrich-like simulation leads to increased $\delta^{18}O_p$ over East Asia because of a decrease in rainfall upstream, and Orland et al. (18) showed evidence for both monsoon intensity and source changes from a remarkable set of seasonally resolved speleothem measurements over northeastern China. Liu et al. (19) merged the two interpretations by arguing that $\delta^{18}O_c$ variations reflected monsoon intensity through the strength of the low-level monsoonal southerlies and magnitude of rainfall over northeastern China while also reflecting the continental-scale Asian monsoon rainfall response and its effect on upstream depletion. Finally, differing moisture source regions were also proposed as an explanation (8).

We estimate the contributions of precipitation anomalies and $\delta^{18}O_p$ variation to the parallelogram $\delta^{18}O_p$ index. Enriched years have a mean amount-weighted annual $\delta^{18}O_p$ anomaly of +0.66 per mil relative to the climatological value, and depleted years have −0.71 per mil, a difference of 1.37 per mil. Local precipitation differences (i.e., monsoon intensity) alone contribute only +0.11 per mil to this difference, whereas differences in the $\delta^{18}O_p$ contribute +1.07 per mil; the contribution from the covariance between precipitation and $\delta^{18}O_p$ adds the remaining +0.18 per mil. Thus, summertime changes to $\delta^{18}O_p$ contribute to the majority of the difference in amount-weighted annual $\delta^{18}O_p$ between enriched and depleted years. This conclusion mirrors the results of Orland et al. (18) for their seasonally resolved speleothem records over northeastern China, and they also found that summertime changes to $\delta^{18}O_p$ contribute more to the differences in the $\delta^{18}O_c$ between the early Holocene and Younger Dryas.

To check whether changes to fractionation effects from rainfall processes in the parallelogram region can account for the $\delta^{18}O_p$ change, we plot the $\delta^{18}O$ of precipitable water ($\delta^{18}O_{pw}$) averaged over the parallelogram region for enriched and depleted years (Fig. 2*D*). The monthly difference between enriched and depleted years for the $\delta^{18}O_{pw}$ quantitatively mirrors that for $\delta^{18}O_p$ (*SI Appendix*, Fig. S12), indicating that differences between $\delta^{18}O_p$ between enriched and depleted years arise mainly from differences in the $\delta^{18}O$ of moisture advected into the region and not from fractionation effects of local rainfall. This conclusion is further supported by the lesser significance of rainfall differences (Fig. 2*C*) between enriched and depleted years in the parallelogram region.

Thus, understanding the origins of water vapor $\delta^{18}O$ changes over the parallelogram region is key to understanding $\delta^{18}O_p$. Air parcel trajectories into the parallelogram region at 700 mb show that both the origin of the trajectory and source vapor from the neighboring oceans exhibit reduced summer seasonality during enriched years relative to depleted years. In climatology, air parcel trajectories originate from southwest of the parallelogram region during June and July, south of the parallelogram region in August, and east of the parallelogram region in September and October (*SI Appendix*, Fig. S13); in other words, the origin shifts counterclockwise from the Bay of Bengal in the early summer to the South China Sea in midsummer and to the western North Pacific in late summer. The origin point of enriched year trajectories "sweeps" through these regions faster than in depleted years (Fig. 4 *A*–*C*), consistent with our interpretation of reduced summer seasonality. Less water vapor will be sourced from the South China Sea in this case, and precipitable water over the parallelogram region will be isotopically heavier. In addition, the $\delta^{18}O$ of precipitable water over the neighboring ocean regions—Bay of Bengal, South China Sea, and northwestern Pacific—do not become as isotopically light over the summer months for enriched years relative to depleted years (Fig. 4 *D*–*F*), again consistent with the interpretation of reduced summer seasonality. A more detailed analysis of air parcel trajectories into the parallelogram region also suggests a role for upstream depletion (*SI Appendix*, section 8 and Fig. S14).

The $\delta^{18}O_{pw}$ change is part of a larger pattern of changes with positive anomalies extending from central eastern Asia to the Maritime Continent; in the central Pacific, $^{18}O_{pw}$ is isotopically lighter (Fig. 4*G*). This pattern is reminiscent of changes associated with the El Niño–Southern Oscillation (20), and indeed, there

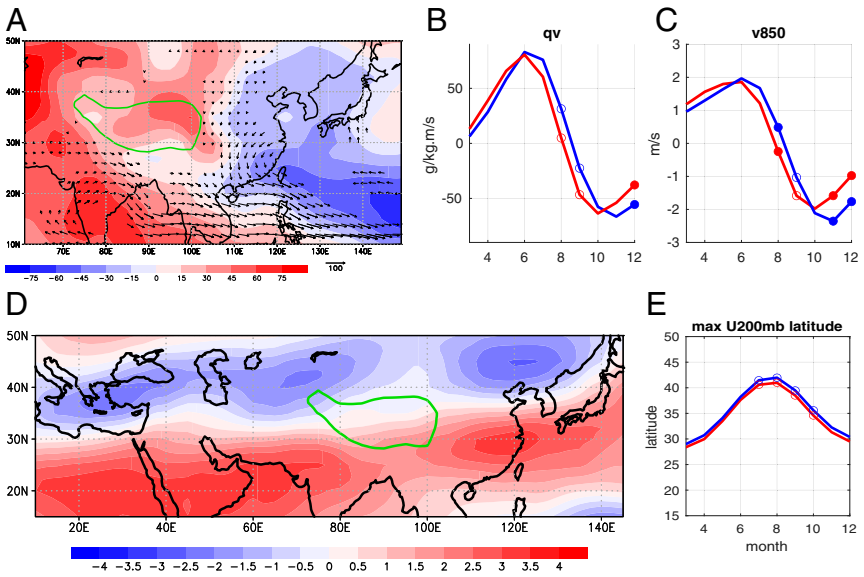

Fig. 3. Seasonal changes in the atmospheric circulation. (*A*) The enriched minus depleted difference in JJASO vertically integrated moisture flux (vectors) and mean sea level pressure (shaded, in Pa). The green contour is the climatological 700 mb surface pressure contour, denoting the location of the Tibetan Plateau. Only vectors for which either the zonal or meridional component is significant at $P < 0.1$ are plotted. (*B*) Vertically integrated meridional moisture flux averaged over 105°E to 120°E, 20°N to 30°N for enriched (red) and depleted (blue) years (in kg/[m s]). (*C*) Same as *B*, but for meridional wind at 850 mb (in m/s). (*D*) JJASO 200 mb zonal wind, enriched minus depleted years (in m/s). (*E*) Latitude of maximum jet speed across Asia centered on the plateau (40°E to 140°E) for enriched (red) and depleted (blue) years. Note that the *y* axis latitude range matches that for *D*. For *B*, *C*, and *E*, the time series was filtered to remove month-to-month noise prior to compositing (*SI Appendix*, section 4). Open circles indicate the difference between enriched and depleted years is significant at $P < 0.05$, and filled circles indicate the difference is significant at $P < 0.01$.

is a significant association between the parallelogram $\delta^{18}O_p$ index and boreal summer El Niño conditions (the parallelogram $\delta^{18}O_p$ index is correlated at $r = 0.6$ with Niño3.4 averaged over June to October, with enriched $^{18}O_p$ associated with warmer equatorial Pacific conditions). Rainfall decreases over the Maritime Continent and South China Sea are consistent with enriched $^{18}O_{pw}$ since with less moist convection the water vapor is more enriched.

Discussion

Our analysis shows that $\delta^{18}O_p$-enriched years are associated with reduced summer seasonality over East Asia. This finding connects with previous interpretations of the East Asian speleothem $\delta^{18}O_c$ in that monsoon intensity, upstream depletion, and source change effects all have a role to play. Monsoon intensity, however, plays a relatively minor role, with the latter nonlocal mechanisms being more important. However, the interpretation we advance is that the change in each process reflects the reduced summer seasonality of all processes that contribute to the climatological seasonal cycle of $\delta^{18}O_p$ over East Asia. A closer examination of what sets the East Asian $\delta^{18}O_p$ seasonal cycle will likely prove insightful.

Our analysis also connects East Asia $\delta^{18}O_p$ to the large-scale westerlies across the Tibetan Plateau. Chiang et al. (21) hypothesized that changes to the seasonal migration of the westerlies across the Plateau is responsible for East Asian paleoclimate changes. A reduced northward migration alters the timing and duration of the various rainfall intraseasonal stages, namely, spring, pre-meiyu, meiyu, and midsummer, resulting in spatially complex changes to East Asian rainfall. This hypothesis has now been tested in a number of contexts spanning paleoclimate and modern and future climates (22–25). Our result now explicitly links this hypothesis to East Asian speleothem $\delta^{18}O_c$ and adds to the growing evidence that the westerlies play a pivotal role in East Asian summer monsoon change. Furthermore, the fact that isoGSM2 simulates the seasonal cycle of $\delta^{18}O_p$ well (compared to the other isotope-enabled models, see *SI Appendix*, section 1) suggests that realistic large-scale circulation fields are needed for accurate simulation of $\delta^{18}O_p$ over East Asia.

Our result ties together two seemingly unrelated lines of current research on the East Asian monsoon: the study of East Asian paleoclimate changes as informed by the speleothem oxygen isotope records and the dynamics of the East Asian summer monsoon seasonality and the role of the jet stream. The former has revealed sizable and abrupt changes to the East Asian monsoon on centennial (26, 27), millennial (4, 28–31), and orbital timescales (18, 28, 31, 32), highlighting the sensitivity of the East Asian monsoon system to climate forcings. The latter reveals a substantial and perhaps dominant role of the westerlies impinging on the Tibetan Plateau on the maintenance and change of the East Asian summer monsoon and its seasonality (12, 23, 25, 33, 34). Our result implicates changes to the seasonal migration of westerlies across the plateau as the dominant cause of East Asian paleomonsoon changes (21).

Materials and Methods

Isotope-incorporated Global Spectral Model version 2 (IsoGSM2). We use output from the isoGSM version 2 (35) dataset over the historical period from 1979 to 2017. This model is an isotope-enabled (HDO and $H_2{}^{18}O$ are included) version of the Scripps Experimental Climate Prediction Center's global spectral model that has been nudged to the National Centers for Environmental Prediction (NCEP) Reanalysis 2 (36). The nudging is done at every time step and for all 28 sigma levels to the 6-hourly NCEP2 data, but only for temperature and zonal and meridional winds and over large spatial scales (>1,000 km); in this respect it is like NCEP2 reanalysis, but with simulated isotopes. The nudging to NCEP2 allows the isoGSM2 output to be directly comparable with observations, and the simulated isotopes compare well with available observations (16). A complete description can be found in Yoshimura et al. (16). IsoGSM2 reproduces the seasonal cycle of precipitation and $\delta^{18}O_p$ over East Asia with fidelity when compared to observations and is superior to isotope-enabled model simulations used in past studies of East Asia (*SI Appendix*, section 1). An accurate simulation of the seasonal cycle in $\delta^{18}O_p$ is crucial, as many previous interpretations relate in some way to a modulation of seasonality.

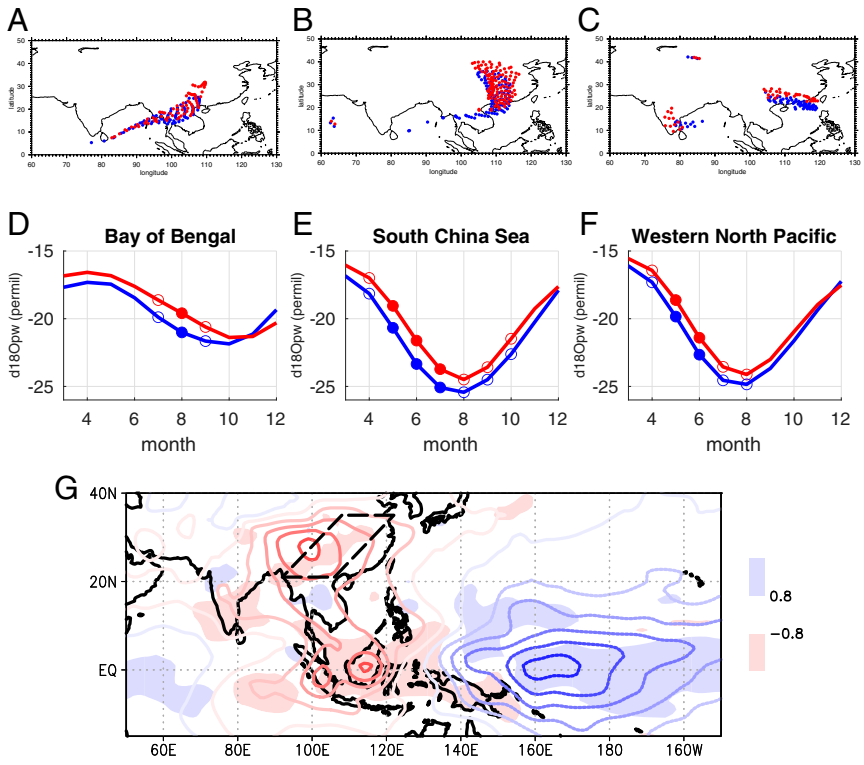

Fig. 4. (*A*) July origins of trajectories that terminate in the parallelogram region at the 700 mb level, as calculated using a 7 d back trajectory, for enriched years (red) and depleted years (blue). (*B* and *C*) Same as *A*, but for August and September, respectively. (*D*) $\delta^{18}O_{pw}$ values averaged over the Bay of Bengal (85°E to 95°E, 10°N to 20°N) for enriched (red) and depleted (blue) years. Open circles indicate the difference between enriched and depleted years is significant at $P < 0.05$, and filled circles indicate the difference is significant at $P < 0.01$. (*E* and *F*) Same as *D*, but for the South China Sea (108°E to 118°E, 12°N to 22°N) and western North Pacific (118°E to 128°E, 18°N to 28°N), respectively. For *D*, *E*, and *F*, time series were denoised to remove month-to-month noise prior to compositing (*SI Appendix*, section 4). (*G*) JJASO rainfall changes (shaded), enriched minus depleted, and JJASO $\delta^{18}O_{pw}$ enriched minus depleted (contours). The contour interval is 0.5 per mil, and negative values are dashed. The parallelogram region is marked by the black dashed line for reference.

The amount-weighted annual $\delta^{18}O_p$ is the $\delta^{18}O_p$ for rainfall averaged over a calendar year (1 January through 31 December). In our analysis, we calculate the amount-weighted annual $\delta^{18}O_p$ using 6-hourly output from IsoGSM2 and assume that this value reflects the quantity chemically recorded in the cave speleothems. This assumption requires equilibrium fractionation between drip water and precipitated calcium carbonates; we also assume that temperature-dependent fractionation effects are small. Both are commonly assumed in the climate interpretation of speleothem $\delta^{18}O_c$ (e.g., 4). In most cases cave drip water $\delta^{18}O$ approaches the annual amount-weighted value of rainwater, and the seasonal signal is damped. There is also a small seasonal effect from evaporation that elevates the $\delta^{18}O$ in particular over the summer.

Empirical Orthogonal Function of Amount-Weighted Annual $\delta^{18}O_p$. The dominant interannual variation of amount-weighted annual $\delta^{18}O_p$ over East Asia as simulated by isoGSM2 is extracted through an EOF (37) analysis of amount-weighted annual $\delta^{18}O_p$ over East Asia (60°E to 130°E, equator to 50°N), standardized by subtracting the mean and dividing by the standard deviation at each location in order to isolate the effects of spatial correlation from the influence of regions of greater variance. The standardized data are then area weighted by multiplying by the square root of the cosine of latitude prior to forming the covariance matrix. The first mode explains 14% of the total variance, and it is well separated from the other EOF modes using the criterion of North et al. (38) (*SI Appendix*, Fig. S15).

Jet Position. The position of the maximum westerlies is estimated by finding, for each longitude and month, the latitude of the maximum 200 mb zonal wind between 5°N and 55°N. These latitude positions are then averaged across Asia centered on the plateau (40°E to 140°E) to obtain the mean position for that month. The latitude of maximum wind speed is found by first interpolating the wind profile with latitude using spline interpolation (the "spline" function in MATLAB) and then locating the maximum. If there is no peak within the 5°N to 55 °N range, the value is set to missing.

Data Availability. Data used in the analysis, including the monthly mean isoGSM2 data and enriched and depleted year climatologies of isoGSM2 fields, are published and archived in Chiang et al. (39). The Candis library (40) of analysis tools, used to estimate trajectory fields for Fig. 4 *A*–*C* and *SI Appendix*, Figs. S13 and S14, can be found at kestrel.nmt.edu/~raymond/software/candis/candis.html.

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