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## ETHICS الأخلاق

*Nikolaos Lazaridis*

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## ETHICS الأخلاق

*Nikolaos Lazaridis*

Ethik  
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*Ancient Egyptian ethical thought and action revolved around the notion of maat. Although there are no traces of a standard moral code surviving from ancient Egypt, moral principles are often reflected in the literature--especially works of wisdom literature, funerary books and songs, tomb biographies, and literary narratives. In these sources moral principles are mostly expressed in practical admonitions and general observations on everyday conduct, and are voiced by authoritative sages. Through the study of these sources one can observe the occurrence of a major change in ancient Egyptian ethical thought during the New Kingdom, when piety and religiosity became significant criteria for the judgment of the individual.*

الفكر و الأفعال الأخلاقية المصرية القديمة تركزت حول مبدأ «ماعتات». بالرغم من عدم وجود آثار لنظام أخلاقي محدد من مصر القديمة، تظهر الأخلاق بالأدب الفرعوني، خصوصاً نصوص الحكمة، الكتب و الأغاني الجنائزية، السير الذاتية بالمقابر، و الروايات. عادة ما يعبر عن هذه الأخلاق بالمصادر بالتحذيرات العملية و الملاحظات اليومية العامة و يرويه الحكماء. من خلال دراسة هذه المصادر يمكن ملاحظة حدوث إختلاف كبير بالفكر الأخلاقي لمصر القديمة خلال الدولة الحديثة حين أصبح التدين عامل هام في تقييم الأفراد.

**E**thics can be defined as a network of interrelated moral values whose content touch upon all social roles that can be played by a member of an organized community and whose aim is the practice of good. The term is often identified with that of “morality.” Although scholars have attempted in the past to define these two terms and distinguish them from each other, from the perspective of philosophy, cultural studies, sociology, and related disciplines, no overall agreement has ever been reached (Blackburn 2001: 3 - 4; Oswell 2006: 210).

The concerns of the moral values comprising the system of Egyptian ethics resemble themes of a code of conduct, the Egyptian term for which was *mn n nh* (“a way of life”). The main difference between

the Egyptian system of ethics and Western tradition is that the former did not include a self-reflective, theoretical discussion of the essence and purpose of its moral values (compare Bilimoria 2005: 43) the way the latter does, following the archetypal example Aristotle set in his *Nicomachean Ethics* (Gill 1995: 29 - 30). If put in modern philosophical terms, Egyptian ethics were “practical ethics”—that is, moral values linked to practical matters and expressed in the form of personal, down-to-earth observations and admonitions.

### *Ethics and Maat*

In contrast to the multitude of debatable terms used in modern ethics, the only

Egyptian term evidently employed in association with a body of moral values and their application was *maat* (for *maat* in general, see Helck 1981; Hornung 1987; Assmann 1989, 1990). *Maat* was the name of the goddess of “justice” and “cosmic order,” but also an abstract term for “justice,” “truth,” and “balance,” embodying the gist of a proper code of conduct—the very nucleus of Egyptians ethics—and hence opposed by the terms *jsft* (“sin, wrong”) and *grg* (“lie”). The goddess *Maat* was the daughter, and an essential aspect (*Teilmacht*), of the sun god; she was featured in a wide range of religious and mythological works and had a cult and a number of cultic sites dedicated to her. As an abstract notion, *maat* personified the divine and cosmic order and was included in the epithets of several gods—for example, Ptah (as Creator), Horus (as a sky god), and Thoth were often granted the epithet “Lord of *Maat*” (Helck 1981; Hornung 1987).

### Sources

The exultation of *maat* and its associations is a central theme in the tomb biographies (for these, see Gnirs 1996), which are inscribed on funerary objects, such as stelae and statues, or on the walls of tombs. In these works the life and accomplishments of the tomb owners are described in glowing terms, including praises for their character and conduct, inasmuch as they reflected *maat* and the various existing moral standards (Lichtheim 1992). Thus, for instance:

I was a worthy citizen who acted with his arm, the foremost of his whole troop. I acquired oxen and goats. . . . I made a boat of 30 (cubits) and a small boat that ferried the boatless in the inundation season. [Berlin stela 24032, lines 2 - 4 (translation: Lichtheim 1975, Vol. 1: 90)]

I was the priest for slaughtering and offering in two temples on behalf of the ruler. . . . I was not robbed. . . . I did what the great ones liked, what my household praised; a person beloved of his companions. [Cracow National Museum stela, lines 2 - 5 (translation: Lichtheim 1975, Vol. 1: 87)]

From such private texts, one can determine what the Egyptians considered to be good and

bad in relation to a man’s character and social status.

A similar set of principles of good and evil/right and wrong can be identified in the works of wisdom literature, a literary macrogenre that, according to current consensus among Egyptologists, mainly includes “Instructions” and “Lamentations” (for these two genres, see Brunner 1980; Lichtheim 1996; Parkinson 1991, 2002). The Instruction texts contain short sayings and admonitions, in addition to elaborate ethical statements on general matters of human conduct. The moral principles reflected in the Instructions relate to the social life and status of the individual (compare the notion of “connective justice” elaborated in Assmann 1990) and thus resemble the moral teachings of the tomb biographies (the relationship between sayings in biographies and in other didactic works is illustrated in Gnirs 2000). However, the Instructions also present a small number of ethical statements regarding more theoretical/philosophical matters, such as the nature of the Divine or the creation of the world (examples of this sort are mainly found in late, post-Pharaonic Instructions, such as the *Instruction of Papyrus Insinger*, discussed below). Conversely, the genre of “Lamentations,” also known as “Discourses,” consists of vivid descriptions of gloomy situations in which all moral principles are trampled and all normal ways are reversed. Both types of literary writing—Instructions and Lamentations—are attributed to learned men whose assumed fame and status grant the writings an authoritative tone and an unquestioned validity. Reading through these works of ancient wisdom, one can discern what the various foci of ethical norms were and in what way they were linked to the norms of politics, religion, society, and education, and to the Egyptians’ conception of their own history. For example, when one reads the following wisdom passage, one can identify various moral norms and their relationship to the acquisition of wealth and to Fate:

Do not set your heart on wealth,  
There is no ignoring Fate and Fortune;  
Do not let your heart go straying,  
Every man has his hour.  
Do not strain to seek out excess,  
What you have, let it suffice you.  
[Instruction of Amenemope, 9,10 - 9,15 (translated  
by the author)]

In addition to those provided in tomb biographies and wisdom literature, glimpses of a moral code are granted in works of funerary literature. There is, for example, the so-called “Negative Confession” (also known as “Declaration of Innocence”) found in Chapter 125 of the standard New Kingdom version of the *Book of the Dead* (Naville 1886). This chapter contains a list of short, negative declarations that the deceased addresses to Osiris. The intent of these declarations was for the deceased to prove that she or he was pure and worthy to be judged “good” by the gods in the Hall of the Two Truths. Thus the deceased declares that he or she has not committed a standardized set of evils within the context of everyday social and religious conduct:

I have not done crimes against people,  
I have not mistreated cattle...  
I have not blasphemed a god,  
I have not robbed the poor.  
I have not done what the god abhors.  
[From Papyrus BM 10477 (translation: Lichtheim  
1976, Vol. II: 125)]

On the one hand, the standardization of the list of evils, along with its treatment of general themes and its common use in New Kingdom private and royal tombs, could suggest that it was indeed a well-established moral code, reflecting the ethics of contemporary Egyptian society. On the other, the exclusive use of *The Book of the Dead* within a funerary context (with a possible symbolic and ritualistic function) might indicate that the application of this moral code was restricted to that context rather than the sphere of popular ethics.

Finally, ethical principles are also reflected in literary narratives, as well as in the so-called *Harper's Songs* (for these two genres, see

Assmann 1977; Quirke 1996). Such works include general ethical statements and/or express ethical ideas indirectly through descriptions of everyday scenes, the progress of the “plot,” and the construction of various literary characters. In addition, in some cases, as in *The Tale of the Eloquent Peasant*, ethical principles, and especially the function of the institutions associated with them (such as the judicial system), are questioned, revealing that their authority is not unchallengeable. A good example of the conveyance of ethical ideas in the context of a literary narrative is found in the passage from *The Story of Sinuhe* in which the runaway protagonist is addressed by Pharaoh:

What have you done that one should act against you? You have not cursed, so that your speech could be condemned. You have not spoken against the Counsel of the Nobles, that your words could be rejected. . . . You should not die in a foreign land! Asiatics should not inter you. You should not be wrapped in the skin of a ram to serve as your coffin. [Papyrus Berlin 3022, lines 183 - 185 and 197 - 198 (translated by the author)]

#### *Methodological Problems*

There is, however, a major problem with interpreting the sources: how can the modern reader decide whether the moral values reflected in ancient sources were popular at the time they were written down and whether, thus, they constituted the general backbone of ethical thought and action in ancient Egypt? (For a similar issue in ancient Greek ethics, see Herman 2006: 101 - 125.) Closely linked to this question is the issue of the influence of genre and literary fiction on the ethical statements present in literary works. In other words, is it possible that some of the ethical ideas expressed in Egyptian literature were deliberately projected because they fit the specific literary context in which they were included, thus playing the role of literary motifs, or figures, rather than voicing the general ethical concerns of Egyptian society? If one examines and compares the ethical statements found in Egyptian literature, one may observe that: 1) some of the sages mentioned in works of wisdom literature,

such as Ptahhotep and Hordedef, were legendary figures; therefore their ethical writings may have been popular as well; 2) some of the sayings included in works of wisdom literature were recognized and reproduced in other written sources and were therefore probably widely circulated; and 3) some of the general patterns of ethical mentality observed in these works were shared by other sources of ethical material; therefore these common patterns could have constituted the backbone of ethics in ancient Egypt. The high degree of popularity implied in these observations is curtailed by the very nature of the sources—that is, for example, the fact that they all came from the scribal milieu, which might mean that their contents and style reflected only the mentality and ethics of that specific, learned segment of society rather than of Egyptian society in general.

#### *Historical Development*

Given the uncertain interpretation of the available sources, we may only speak with caution of a historical development of Egyptian ethics. *Maat*, both as a concept and as a cultic focus, remained throughout Egyptian history a vital, integral element of religious and funerary beliefs, of the politico-religious duties of the Pharaoh and his palace, and of what was considered “right” or “wrong.” What gradually changed in the world of ethics seems to have been the authority and model of ethical thought and action. The best-documented momentum of such a change was the transition that occurred in the New Kingdom (1550 – 1069 BCE), during which the practice of official and private piety seems to have become more important than it had been previously (Assmann 1983; Baines 1987, 1991; Williams 1978). From the New Kingdom onward, piety likely became one of the essential criteria for judging a person within the societal context. This possible shift to private religiosity was marked in a variety of written sources. For example, when New Kingdom Instructions (such as *The Instruction of Amenemope*) are compared with earlier Instructions, there can

be observed a significant increase in references to the gods, linking a great number of admonitions and observations to divine action and judgment (Lazaridis 2007b). The information drawn from such philological sources can be combined with archaeological evidence that indicates a possible rise in the expression of personal piety within a cultic context—for instance, the increase in quantity and variety of private dedications found in cultic places (Sadek 1988). This increase may, however, be due to accidents of archaeological discovery, or may have been restricted to representational forms rather than having been a reflection of actual change in religious ideas and morality (compare the discussion in Baines 1985: 277 - 305).

#### *Legacy in the Post-Pharaonic Era*

In later historical periods, Instructions continued to widely circulate among demotic-speaking communities. Among representative texts were the first-century-BCE *Instruction of Ankhsheshonqy* (Glanville 1955) and *Instruction of Papyrus Insinger* (Lexa 1926), and the second-century-CE *Instruction on Papyrus Ashmolean 1984.77 verso* (Jasnow 1991). In addition, a number of Greek works of gnomic literature were reproduced in Greco-Roman Egypt, such as the collections of sayings attributed to the Athenian playwright Menander (Jaekel 1964). The contemporary sayings produced and circulating in Egyptian and Greek have been compared by several scholars, leading in some cases to assumptions about wisdom “inter-influence” (Lichtheim 1983), while in other cases influence has been suggested between Egyptian ethics and Greek philosophy (Lexa 1926). However, although the multicultural context of Greco-Roman Egypt points toward possible interaction between the Egyptian and Greek cultures in many societal and cultural aspects, careful examination of the available material has shown that, in the case of Wisdom Literature and the ethical ideas projected in it, interaction was limited, since works of this genre followed in many ways the style and arguments of their earlier literary traditions (Jasnow 1987; Lazaridis 2007a). Tomb

biographies also continued to be produced in this period, propagating the good traits of their owners in terms of well-established Egyptian moral principles. A fusion of tomb biographies with wisdom literature resulted in the production of a unique text on the walls of the fourth-century-BCE tomb of Petosiris at Tuna el-Gebel (Lefebvre 1924). In addition, there is the remarkable case of the demotic narrative *Myth of the Eye of the Sun* (de Cenival 1988), which is dated to the second-century

CE and in which ethical ideas combined with popular wisdom are expressed in a series of animal fables—pieces of a literary genre already known by that time, and connected to the life and sayings of the famous sages Ahiqar and Aesop (Holzberg 1992). By the third century CE, the moral principles dictated in these sources were replaced by Christian ethics, which were based upon the norms set in biblical works and the Coptic wisdom tradition (Brunner-Traut 1979).

### *Bibliographic Notes*

Most scholarly discussions of, and references to, Egyptian ethics are found in studies of Egyptian religion. This is evident in the earliest available bibliography on the topic, which includes works by James Breasted (1912, 1933), Jules Baillet (1912), Alan Gardiner (1914), and John Wilson (1948), among others. Led by the works of Helmut Brunner (1963, 1966, 1988), the German school of Egyptology produced a number of important studies on Egyptian ethics and the function of *maat* as the cornerstone of ethical thought and practice. Among others, Eberhard Otto (1977) analyzes Egyptian ethics briefly in the *Lexikon der Ägyptologie*, Erik Hornung (1987) studies the relationship of *maat* with justice, while Jan Assmann (1990) produced an exhaustive study of the notion of *maat* that has become the main reference for all later scholars who discuss Egyptian ethics (Junge 2003; Karenga 2004; Lichtheim 1992, 1997). What the scholarship has not addressed so far are the problems of methodology mentioned above and the relationship between the development of ethics and the history of religion. The former is related to the issue of defining the degree to, and manner in, which literature in ancient Egypt may have reflected the reality of circulating ideas and principles. In regard to the latter issue, scholars should pursue further investigation of the way developments in the world of religion may influence the contents and function of ethics. A good case study for this is the aforementioned assumed growth of personal piety in the New Kingdom and the Late Period, a theory that needs to be re-examined in the light of all the available sources—literary and documentary, archaeological and philological—combined.

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