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PING-PONG IN HADAMARD MANIFOLDS

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ABSTRACT. In this paper, we prove a quantitative version of the Tits alternative for negatively pinched manifolds X. Precisely, we prove that a nonelementary discrete isometry subgroup of Isom(X) generated by two non-elliptic isometries g, f contains a free subgroup of rank 2 generated by isometries f^N, h of uniformly bounded word length. Furthermore, we show that this free subgroup is convex-cocompact when f is hyperbolic.

1. INTRODUCTION

Let X be an n-dimensional negatively curved Hadamard manifold, with sectional curvature ranging between $-\kappa^2$ and 1, for some $\kappa \ge 1$. The main result of this note is the following quantitative version of the Tits alternative for X, which answers a question asked by Filippo Cerocchi during the Oberwolfach Workshop "Differentialgeometrie im Grossen", 2017, see also [?]:

Theorem 1.1. There exists a function $\mathcal{L} = \mathcal{L}(n, \kappa)$ such that the following holds: Let f, g be non-elliptic isometries of X generating a nonelementary discrete subgroup Γ of Isom(X). Then there exists an element $h \in \Gamma$ whose word length (with respect to the generators f, g) is $\leq \mathcal{L}$ and a number $N \leq \mathcal{L}$ such that the subgroup of Γ generated by f^N , h is free of rank two.

One can regard this theorem as a quantitative version of the Tits alternative for discrete subgroups of Isom(X). For other forms of the quantitative Tits alternative we refer to [?, ?, ?, ?].

After replacing g with the element $g' := gfg^{-1}$, and noticing that the subgroup generated by f, g' is still discrete and nonelementary, we reduce the problem to the case when the isometries f and g are conjugate in Isom(X) which we will assume from now on.

The proof of Theorem ?? breaks into two cases which are handled by different arguments:

Case 1. f (and, hence, g) has translation length bounded below by some positive number λ . We discuss this case in Section ??.

Case 2. f has translation length bounded above by some positive number λ . We discuss this case in Section ??.

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Remark 1.2. 1. For the constant λ we will take $\varepsilon(n, \kappa)/10$, where $\varepsilon(n, \kappa)$ is a positive lower bound for the Margulis constant of X.

2. We need to use a power of f only in Case 1, while in Case 2 we can take N = 1.

We also note that if f is hyperbolic, the free group $\langle f^N, h \rangle$ constructed in our proof is convex-cocompact. See Proposition ?? and Corollary ??. One can also show that this subgroup is geometrically finite if f is parabolic but we will not prove it.

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2. Definitions and notation

In a metric space (Y, d), we will be using the notation B(a, R) to denote the open *R*-ball centered at $a \in Y$, and the notation $\overline{N}_R(A)$ to denote the closed *R*-neighborhood of a subset $A \subset X$. By

$$d(A,B) := \inf\{d(a,b) : a \in A, b \in B\}$$

we denote the minimal distance between subsets $A, B \subset Y$.

If (Y, d) is a geodesic δ -hyperbolic metric space or a CAT(0) space, then $\partial_{\infty} Y$ will denote the visual boundary equipped with the visual topology, and we write $\overline{Y} := Y \cup \partial_{\infty} Y$. If Y is proper then \overline{Y} is a compactification of Y. Given a pair of points x, y in (Y, d), we will use the notation xy to denote a geodesic segment in Y connecting x to y. For general δ -hyperbolic spaces this segment is *not* unique, but, since any two such segments are within distance δ from each other, this abuse of notation is harmless. We let |xy| = d(x, y) denote the length of xy. Given points $A, B, C \in Y$, we let $\triangle ABC$ denote a geodesic triangle in Y with the vertices A, B, C. Similarly, if $y \in Y, \xi \in \partial_{\infty}Y$, then $y\xi$ will denote a geodesic ray emanating from y and asymptotic to ξ .

A subset A of Y is called λ -quasiconvex if every geodesic segment xy with the end-points in A is contained in $\bar{N}_{\lambda}(A)$.

A subset A in a metric space Y is called *starlike* with respect to a point $a \in A$ if for every $y \in A$ every geodesic segment ya is contained in A. More generally, if Y is δ -hyperbolic or a CAT(0) space then $A \subset Y$ is called *starlike* with respect to a point $\xi \in \partial_{\infty} Y$ if for every $y \in A$ every geodesic ray $y\xi$ is contained in A.

Throughout the paper, X will denote an *n*-dimensional Hadamard manifold with sectional curvature ranging between $-\kappa^2$ and -1, unless otherwise stated. Let d denote the Riemannian distance function on X. We use $\partial_{\infty} X$

to denote the visual boundary of X, and $\overline{X} := X \cup \partial_{\infty} X$ the visual compactification of X. Let Isom(X) denote the isometry group of X. We use $\varepsilon(n, \kappa)$ to denote a fixed positive lower bound on the Margulis constant for X; this number is known to depend only on n and κ , see e.g. [?].

Given a pair of points p, q in X we let H(p, q) denote the closed half-space in X given by

$$H(p,q) = \{ x \in X : d(x,p) \le d(x,q) \}.$$

Then $\operatorname{Bis}(p,q) = \operatorname{Bis}(q,p) := H(p,q) \cap H(q,p)$, is the equidistant set of p,q. We use the notation $\operatorname{Hull}(A)$ for the closed convex hull of a subset $A \subset X$

which is the intersection of all closed convex subsets of X containing A.

For each isometry g of X we define its translation length $\tau(g)$ as

$$\tau(g) = \inf_{x \in X} d(x, g(x)). \tag{2.1}$$

Isometries of X are classified in terms of their translation lengths, see Section ??.

A discrete subgroup $\Gamma < \text{Isom}(X)$ is called *elementary* if either it fixes a point in \overline{X} or preserves a geodesic in X.

3. Preliminary material

3.1. Some CAT(-1) computations. Let X be a CAT(-1) space. Recall that the hyperbolicity constant of X is $\leq \delta = \cosh^{-1}(\sqrt{2})$.

Lemma 3.1. Let $\triangle A_1A_2C$ be a triangle in X such that $\angle A_1CA_2 \ge \pi/2$. Then

$$|A_1A_2| \ge |A_1C| + |A_2C| - 2\delta.$$

Proof. Let $D \in A_1A_2$ be the point closest to C. Then at least one of the angles $\angle A_iCD, i = 1, 2$ is $\ge \pi/4$. The CAT(-1) property and the dual cosine law for the hyperbolic plane imply that

$$\cosh(|CD|)\sin(\frac{\pi}{4}) \le 1,$$

i.e.

$$|CD| \le \cosh^{-1}(\sqrt{2}) = \delta.$$

The rest follows from the triangle inequalities.

Corollary 3.2. Suppose that x, x_+, \hat{x}_+, x'_+ are points in X which lie on a common geodesic and appear on this geodesic in the given order. Assume that

$$d(\hat{x}_+, x'_+) \ge d(x, x_+) + 2\cosh^{-1}(\sqrt{2}).$$

Then $H(x_+, \hat{x}_+) \subset H(x, x'_+)$.

Proof. We observe that the CAT(-1) condition implies that for each z equidistant from x_+, \hat{x}_+ we have

$$\angle zx_+\hat{x}_+ \le \pi/2, \quad \angle z\hat{x}_+x_+ \le \pi/2.$$

Hence,

$$\angle xx_+z \ge \pi/2, \quad \angle x'_+\hat{x}_+z \ge \pi/2.$$

Then the lemma and the triangle inequality implies that

 $d(z, x) \le d(z, x'_+).$

and, thus,

$$\operatorname{Bis}(x_+, \hat{x}_+) \subset H(x, x'_+).$$

Since every geodesic connecting $w \in H(x_+, \hat{x}_+)$ to x'_+ passes through some point $z \in Bis(x_+, \hat{x}_+)$, it follows that

$$d(x,w) \le d(w,x'_+).$$

3.2. Quasiconvex and starlike subsets.

Lemma 3.3. Starlike subsets in a δ -hyperbolic space Y are δ -quasiconvex.

Proof. We prove this for subsets $A \subset Y$ starlike with respect to $a \in A$; the proof in the case of starlike subsets with respect to $\xi \in \partial_{\infty} Y$ is similar and is left to the reader. Take $z_1, z_2 \in A$. Then, by the δ -hyperbolicity,

$$z_1 z_2 \subset N_{\delta} \left(a z_1 \cup a z_2 \right) \subset N_{\delta} \left(A \right).$$

Suppose now that X is a Hadamard manifold of negatively pinched curvature as above. Then, according to [?, Proposition 2.5.4], there exists $\mathfrak{q} = \mathfrak{q}(\kappa, \lambda)$ such that for every λ -quasiconvex subset $A \subset X$ we have

$$\operatorname{Hull}(A) \subset N_{\mathfrak{g}}(A). \tag{3.1}$$

In particular:

Proposition 3.4. For every starlike subset A in a Hadamard manifold X of negatively pinched curvature, the closed convex hull $\operatorname{Hull}(A)$ is contained in the $\mathfrak{q} = \mathfrak{q}(\kappa, \delta)$ -neighborhood of A.

In what follows, we will suppress the dependence of \mathfrak{q} on κ and δ since these are fixed for our space X.

3.3. Classification of isometries. Let X be a negatively curved Hadamard manifold. Isometries of X are classified into three types according to their translation lengths τ , see [?, ?].

1. An isometry g of X is hyperbolic if $\tau(g) > 0$. Equivalently, the infimum in (??) is attained and is positive. In this case, the infimum is attained on a g-invariant geodesic, called the *axis* of g, and denoted by A_g .

2. An isometry g of X is *elliptic* of $\tau(g) = 0$ and the infimum in (??) is attained; the set where the infimum is attained is a totally geodesic submanifold of X fixed pointwise by g.

3. An isometry g of X is *parabolic* if the infimum in (??) is not attained. In this case, the infimum is necessarily equal to zero.

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Thus, only parabolic and elliptic isometries have zero translation lengths. For any $g \in \text{Isom}(X)$ and $m \in \mathbb{Z}$ we have

$$\tau(g^m) = |m|\tau(g). \tag{3.2}$$

The following theorem provides an alternative characterization of types of isometries of X, see [?].

Theorem 3.5. Suppose that g is an isometry of X. Then:

- (1) g is hyperbolic if and only if for some (equivalently, every) $x \in X$ the orbit map $N \to g^N x$ is a quasiisometric embedding $\mathbb{Z} \to X$.
- (2) g is elliptic if and only if for some (equivalently, every) $x \in X$ the orbit map $N \to g^N x, N \in \mathbb{Z}$ has bounded image.
- (3) g is parabolic if and only if for some (equivalently, every) $x \in X$ the orbit map $N \to g^N x, N \in \mathbb{Z}$ is proper and

$$\lim_{N \to \infty} \frac{d(x, g^N(x))}{N} = 0.$$

If f, g are hyperbolic isometries of X generating a discrete subgroup of Isom(X), then either the ideal boundaries of the axes A_f, A_g are disjoint or $A_f = A_g$, (see [?], the argument for negatively curved Hadamard manifolds is similar).

3.4. Margulis cusps and tubes. Take $g \in \text{Isom}(X)$. For each $\varepsilon \geq \tau(g)$ we define the following nonempty closed convex subset of X:

$$T_{\varepsilon}(g) = \{ x \in X \mid d(x, g(x)) \le \varepsilon \}.$$

Of primary importance are subsets $T_{\varepsilon}(g)$ for $\varepsilon < \varepsilon(n, \kappa)$. For any two isometries g, h of X we have

$$T_{\varepsilon}(hgh^{-1}) = h(T_{\varepsilon}(g)). \tag{3.3}$$

In particular, if g, h commute, then h preserves $T_{\varepsilon}(g)$.

For parabolic isometries g of X define the Margulis cusp

$$\mathcal{T}_{\varepsilon}(g) := \bigcup_{i \in \mathbb{Z} - \{0\}} T_{\varepsilon}(g^i).$$

(The same definition works for elliptic isometries of X, except the above region is not called a *cusp*.) This subset is $\langle g \rangle$ -invariant.

Suppose that g is a hyperbolic isometry of X. Define m_g to be the (unique) positive integer such that

$$\tau(g^{m_g}) \le \varepsilon/10, \quad \tau(g^{m_g+1}) > \varepsilon/10, \tag{3.4}$$

and set

$$\mathcal{T}_{\varepsilon}(g) := \bigcup_{1 \le i \le m_g} T_{\varepsilon}(g^i) \subset X.$$

If $\tau(g) > \varepsilon/10$, then $\mathcal{T}_{\varepsilon}(g) = \emptyset$.

Since the subgroup $\langle q \rangle$ is abelian, in view of (??), we obtain:

Lemma 3.6. The subgroup $\langle g \rangle$ preserves $\mathcal{T}_{\varepsilon}(g)$ and, hence, also preserves $\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g))$.

By convexity of the distance function, for any isometry $g \in \text{Isom}(X)$, $T_{\varepsilon}(g)$ is convex. In particular, $\mathcal{T}_{\varepsilon}(g)$ is a starlike region with respect to any fixed point $p \in \overline{X}$ of g for general g, and with respect to and any point on the axis of g if g is hyperbolic. As a corollary to Lemma ??, one obtains,

Corollary 3.7. For every isometry $g \in \text{Isom}(X)$, the set $\mathcal{T}_{\varepsilon}(g)$ is δ -quasiconvex.

Proposition ?? then implies

Corollary 3.8. For every isometry $g \in \text{Isom}(X)$,

$$\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g)) \subset N_{\mathfrak{q}}\left(\mathcal{T}_{\varepsilon}(g)\right),$$

where q is as in Proposition ??.

For a more detailed discussion of the regions $\mathcal{T}_{\varepsilon}(g)$, see [?, ?].

3.5. **Displacement estimates.** In this subsection, we let X be a CAT(-1) geodesic metric space. For each pair of points $A, B \in \mathbb{H}^2$ and each circle $S \subset \mathbb{H}^2$ passing through these points, we let \widehat{AB}^S denote the (hyperbolic) length of the shorter arc into which A, B divide the circle S.

Lemma 3.9. If $d(A,B) \leq D$ then for every circle S as above, then the length ℓ of \widehat{AB}^S satisfies the inequality:

$$d(A, B) \le \ell \le \frac{2\pi \tanh(D/4)}{1 - \tanh^2(D/4)}.$$

Proof. The first inequality is clear, so we verify the second. We want to maximize the length of \widehat{AB}^S among all circles S passing through A, B. We claim that the maximum is achieved on the circle S_o whose center o is the midpoint of AB. This follows from the fact that given any other circle S, we have the radial projection from \widehat{AB}^{S_o} to \widehat{AB}^S (with the center of the projection at o). Since this radial projection is distance-decreasing (by convexity), the claim follows. The rest of the proof amounts to a computation of the length of the hyperbolic half-circle with the given diameter.

Lemma 3.10. There exists a function c(D) so that the following holds. Consider an isosceles triangle ABC in X with d(A, C) = d(B, C), $d(A, B) \leq D$, and an isosceles subtriangle A'B'C with $A' \in AC, B' \in BC$, $d(A, A') = d(B, B') = \tau$. Then

$$d(A', B') \le c(D)e^{-\tau}.$$

Proof. In view of the CAT(-1) assumption, it suffices to consider the case when $X = \mathbb{H}^2$. We will work with the unit disk model of the hyperbolic plane where C is the center of the disk as in Figure ??. Let α denote the angle $\angle (ACB)$. Set T := d(C, A) = d(C, B). For points $A_t \in CA, B_t \in CB$ such that $d(C, A_t) = d(C, B_t) = t$ we let l_t denote the hyperbolic length of the (shorter) circular arc $A_t B_t = A_t B_t^{S_t}$ of the angular measure α , centered

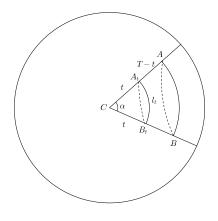


Figure 1

at C and connecting A_t to B_t . (Here S_t is the circle centered at C and of the hyperbolic radius t.) Let R_t denote the Euclidean distance between C and A_t (same for B_t). Then

$$l_t = \frac{2\alpha R_t}{1 - R_t^2},$$
$$R_t = \tanh(t/2).$$

Thus, for $\tau = T - t$,

$$\begin{aligned} \frac{l_t}{l_T} &= \frac{R_t}{R_T} \frac{1 - R_T^2}{1 - R_t^2} \le \frac{1 - R_T^2}{1 - R_t^2} \le 2\frac{1 - R_T}{1 - R_t} \\ &= 2\frac{1 - \tanh(T/2)}{1 - \tanh(t/2)} = 2\frac{e^t + 1}{e^T + 1} = 2\frac{e^{-T} + e^{-\tau}}{e^{-T} + 1} \le 4e^{-\tau}. \end{aligned}$$

In other words,

$$d(A_t, B_t) \le l_t \le 4e^{-\tau} l_T.$$

Combining this inequality with Lemma ??, we obtain

$$l_t \le 4e^{-\tau} \frac{2\pi \tanh(d(A,B)/4)}{1-\tanh^2(d(A,B)/4)} \le 4e^{-\tau} \frac{2\pi \tanh(D/4)}{1-\tanh^2(D/4)}$$

Lastly, setting $A' = A_t, B' = B_t, A = A_T, B = B_T$, we get:

$$d(A', B') \le 4 \frac{2\pi \tanh(D/4)}{1 - \tanh^2(D/4)} e^{-\tau} = c(D)e^{-\tau}.$$

Corollary 3.11. There exists a function $\mathfrak{r}(\varepsilon)$ such that for any hyperbolic isometry $h \in \text{Isom}(X)$ with translation length

$$\tau(h) = l \le \varepsilon/10.$$

if $A \in X$ satisfies $d(A, h(A)) = \varepsilon$, then there exists $B \in X$ such that $d(B, h(B)) = \varepsilon/3$, $d(A, B) \leq \mathfrak{r} = \mathfrak{r}(\varepsilon)$ and B lies of the shortest geodesic segment connecting A to the axis A_h of h.

Proof. Let $C \in A_h$ be the closest point to A in A_h . By the convexity of the distance function, there exists a point $B \in AC$ such that $d(B, h(B)) = \varepsilon/3$. Suppose that d(A, B) = d(h(A), h(B)) = t and d(A, C) = d(h(A), h(C))) = T as shown in Figure ??. Then $d(C, h(A)) \leq T + l \leq T + \varepsilon/10$. There exist points D, E in the segment h(A)C such that d(C, D) = d(C, B) = T - t, d(h(A), E) = t and d(A', C) = d(A, C) = T.

Then $d(A, A') \leq \varepsilon + l \leq 11\varepsilon/10$. By Lemma ??, $c(11\varepsilon/10)$ (defined in that lemma) satisfies

$$d(B,D) \le c(d(A,A'))e^{-t} \le c(11\varepsilon/10)e^{-t}.$$

Similarly, by taking the point $A'' \in h(A)C$ satisfying d(A'', h(A)) = T, $d(h(C), A'') \leq 2l$, considering the isosceles triangle $\Delta h(C)A''h(A)$ and its subtriangle $\Delta h(B)Eh(A)$, we obtain:

$$d(h(B), E) \le c(2l)e^{t-T}.$$

Since $l \leq \varepsilon/10$ and $d(B, h(B)) = \varepsilon/3$, convexity of the distance function implies that T - t > t. Thus,

$$\begin{split} \varepsilon/3 &= d(B, h(B)) \leq d(B, D) + d(D, E) + d(E, h(B)) \\ &\leq c(11\varepsilon/10)e^{-t} + l + c(2l)e^{t-T} \leq c(11\varepsilon/10)e^{-t} + \frac{\varepsilon}{10} + c(\varepsilon/5)e^{-t}, \end{split}$$

which simplifies to

$$\frac{7}{30}\varepsilon \le \left(c(11\varepsilon/10) + c(\varepsilon/5)\right)e^{-t},$$

and consequently

$$d(A,B) = t \le \mathfrak{r}(\varepsilon) := \log\left(\left[c(11\varepsilon/10) + c(\varepsilon/5)\right]\frac{30}{7}\varepsilon^{-1}\right).$$

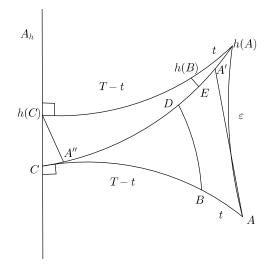


FIGURE 2

3.6. Local-to-global principle for quasigeodesics in X. For a piecewisegeodesic path consisting of alternating 'long' arcs and 'short' segments such that adjacent geodesic segments meet at the angles $\geq \pi/2$, we construct a quasigeodesic in X by making the long segments sufficiently long, given a lower bound on the lengths of the short arcs. More precisely, according to [?, Proposition 7.3]:

Proposition 3.12. There are functions $\lambda = \lambda(\varepsilon) \ge 1, \alpha = \alpha(\varepsilon) \ge 0$ and $L = L(\varepsilon) > \varepsilon > 0$ such that the following holds. Suppose that $\gamma = \cdots \gamma_{-1} * \gamma_0 * \gamma_1 * \cdots * \gamma_n \dots \subseteq X$ is a piecewise geodesic path such that:

- (1) Each geodesic arc γ_j has length either at least ε or at least L.
- (2) If γ_j has length < L, then the adjacent geodesic arcs γ_{j-1} and γ_{j+1} have lengths at least L.
- (3) All adjacent geodesic segments meet at the angles $\geq \pi/2$.

Then γ is a (λ, α) -quasigeodesic in X.

3.7. Ping-pong.

Proposition 3.13. Suppose that $g, h \in \text{Isom}(X)$ are parabolic/hyperbolic elements with equal translation lengths $\leq \varepsilon/10$, and

$$d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g)), \operatorname{Hull}(\mathcal{T}_{\varepsilon}(f))) \ge L,$$
(3.5)

where $L = L(\varepsilon/10)$ is as in Proposition ??. Then $\Phi := \langle g, h \rangle < \text{Isom}(X)$ is a free subgroup of rank 2.

Proof. To simplify notation, for a non-elliptic element $f \in \text{Isom}(X)$, we denote $\text{Hull}(\mathcal{T}_{\varepsilon}(f))$ by $\widehat{\mathcal{T}}_{\varepsilon}(f)$.

Using Lemma ??, (??), and the definition of $\mathcal{T}_{\varepsilon}$, we obtain

$$d(\widehat{\mathcal{T}}_{\varepsilon}(g), g^k \widehat{\mathcal{T}}_{\varepsilon}(h)) = d(\widehat{\mathcal{T}}_{\varepsilon}(g), \widehat{\mathcal{T}}_{\varepsilon}(h)) \ge L, k \in \mathbb{Z}.$$

Our goal is to show that every nonempty word w(g,h) represents a nontrivial element of Isom(X). It suffices to consider cyclically reduced words w which are not powers of g, h.

We will consider a cyclically reduced word

$$w = w(g,h) = g^{m_k} h^{m_{k-1}} g^{m_{k-2}} h^{m_{k-3}} \dots g^{m_2} h^{m_1},$$
(3.6)

words with the last letter g are treated by relabeling. Since w is cyclically reduced and is not a power of g, h, the number k is ≥ 2 and all of the m_i 's in this equation are nonzero.

For each $N \ge 1$ we define the *r*-suffix of w^N as the following subword of w^N :

$$w_r = \begin{cases} g^{m_r} h^{m_{r-1}} g^{m_{r-2}} h^{m_{r-3}} \dots g^{m_2} h^{m_1}, & r \text{ even} \\ h^{m_r} g^{m_{r-1}} h^{m_{r-2}} \dots g^{m_2} h^{m_1}, & r \text{ odd} \end{cases}$$
(3.7)

where, of course, $m_i \equiv m_j$ modulo N. Since w is reduced, each w_r is reduced as well.

We will prove that the map

$$\mathbb{Z} \to X, \quad N \mapsto w^N x$$

is a quasiisometric embedding. This will imply that w(g, h) is nontrivial. In fact, this will also show that w(g, h) is hyperbolic, see Theorem ??.

Let l = yz be the unique shortest geodesic segment connecting points in $\widehat{\mathcal{T}}_{\varepsilon}(g)$ and $\widehat{\mathcal{T}}_{\varepsilon}(h)$, where $y \in \widehat{\mathcal{T}}_{\varepsilon}(g)$ and $z \in \widehat{\mathcal{T}}_{\varepsilon}(h)$. For $r \geq 0$, we denote $w_r l$, $w_r y$ and $w_r z$ by l_r , y_r and z_r , respectively. In particular, $y_0 = y$, $z_0 = z$ and $l_0 = l$.

Since *l* is the shortest segment between $\widehat{\mathcal{T}}_{\varepsilon}(g), \widehat{\mathcal{T}}_{\varepsilon}(h)$ and these are convex subsets of *X*, for every $y' \in \widehat{\mathcal{T}}_{\varepsilon}(g)$ (resp. $z' \in \widehat{\mathcal{T}}_{\varepsilon}(h)$),

$$\angle y'yz \ge \pi/2, \quad (\text{resp. } \angle yzz' \ge \pi/2).$$

$$(3.8)$$

Since g and h have equal translation lengths, h is parabolic (resp. hyperbolic) if and only if g is parabolic (resp. hyperbolic). When both of them are hyperbolic, since y and z are not in the interior of $\mathcal{T}_{\varepsilon}(g)$ and $\mathcal{T}_{\varepsilon}(h)$, respectively, $d(y, g^i y), d(z, h^j z) \geq \varepsilon$, for all $1 \leq i \leq m_g$, $1 \leq j \leq m_h$. Also, when $i > m_g$, $j > m_h$, it follows from (??) and (??) that

$$\min\left(d(y,g^{i}y),d(z,h^{j}z)\right) \geq \frac{\varepsilon}{10}$$

Moreover, when both g and h are parabolic, $d(y, g^i y), d(z, h^j z) \ge \varepsilon$, for all $1 \le i, 1 \le j$. Therefore, in the general case,

$$\min\left(d(y,g^{i}y),d(z,h^{j}z)\right) \geq \frac{\varepsilon}{10}, \quad \forall i \geq 1, \forall j \geq 1.$$
(3.9)

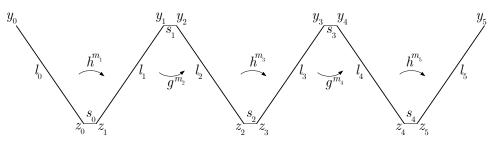


FIGURE 3

Let s_r be the segment

$$s_r = \begin{cases} y_r y_{r+1}, & \text{when } r \text{ is odd} \\ z_r z_{r+1}, & \text{when } r \text{ is even} \end{cases}$$

See the arrangement of the points and segments in Figure ??.

Let l_N be the concatenation of the segments l_r 's and s_r 's as shown in Figure ??, $0 \le r \le kN$. According to (??), the length of each segment s_r is at least $\varepsilon/10$, while by the assumption, the length of each l_r is $\ge L = L(\varepsilon/10)$. Moreover, according to (??), the angle between any two consecutive segments in \tilde{l}_N is at least $\pi/2$. Using Proposition ??, we conclude that \tilde{l}_N is a (λ, α) -quasigeodesic.

Consequently,

$$d(w^N x, x) \ge \frac{1}{\lambda} \left(\sum_{i=0}^{kN-1} |s_i| + NkL \right) - \alpha \ge \frac{kL}{\lambda} N - \alpha.$$
(3.10)

From this inequality it follows that the map $\mathbb{Z} \to X, N \mapsto w^N x$ is a quasiisometric embedding. \Box

Remark 3.14. In fact, this proof also shows that every nontrivial element of the subgroup $\Phi < \text{Isom}(X)$ is either conjugate to one of the generators or is hyperbolic.

For the next proposition and the subsequent remark, one needs the notions of *convex-cocompact* and *geometrically finite* subgroups of Isom(X). We refer to [?] for several equivalent definitions, see also [?, section 1]. For now, it suffices to say that a subgroup Γ in Isom(X) is *convex-cocompact* if it is finitely generated and for some (equivalently, every) $x \in X$, the orbit map $\Gamma \to \Gamma x \subset X$ is a quasiisometric embedding, where Γ is equipped with a word metric.

Proposition 3.15. Let $g, h \in \text{Isom}(X)$ be hyperbolic isometries satisfying the hypothesis of Proposition ??. Then the subgroup $\Phi = \langle g, h \rangle < \text{Isom}(X)$ is convex-cocompact.

Proof. We equip the free group \mathbb{F}_2 on two generators (denoted g, h) with the word metric corresponding to this free generating set. Since g, h are hyperbolic, by (??) the lengths of the segments s_r 's in the proof of Proposition ?? are $\geq \tau |m_{r+1}|$, where

$$\tau = \tau(g) = \tau(h).$$

Then, for N = 1, r = k, and a reduced but not necessarily cyclically reduced word w, the inequality (??) becomes

$$d(wy,y) \ge \frac{1}{\lambda} \left(\sum_{i=0}^{k-1} |s_i| \right) - \alpha \ge \frac{\tau}{\lambda} |w| - \alpha, \tag{3.11}$$

where $|w| \ge |m_1| + |m_2| + \dots + |m_k|$ is the (word) length of w. Therefore, the orbit map $\mathbb{F}_2 \to \Phi y \subset X$ is a quasiisometric embedding.

Remark 3.16. One can also show that if g, h are parabolic then the subgroup Φ is geometrically finite. We will not prove it in this paper since a proof requires further geometric background material on geometrically finite groups.

4. Case 1: Displacement bounded below

In this section we consider discrete nonelementary subgroups of Isom(X)generated by two hyperbolic elements g, h whose translation lengths are equal to $\tau \geq \lambda$. Our goal is to show that in this case the subgroup $\langle g^N, h^N \rangle$ is free of rank 2 provided that N is greater than some constant depending only on the Margulis constant of X and on λ . The strategy is to bound from above how 'long' the axes A_g , A_h of g and h can stay 'close to each other' in terms of the constant λ . Once we get such an estimate, we find a uniform upper bound on N such that Dirichlet domains for $\langle g^N \rangle, \langle h^N \rangle$ (based at some points on A_g, A_h) have disjoint complements. This implies that g^N, h^N generate a free subgroup of rank two by a classical ping-pong argument.

Let α, β be complete geodesics in the Hadamard manifold X. These geodesics eventually will be the axes of g and h, hence, we assume that these geodesics do not share ideal end-points. Let x_-x_+ denote the (nearest point) projection of β to α and let y_-y_+ denote the projection of x_-x_+ to β . Let x, y denote the mid-points of x_-x_+ and y_-y_+ respectively.

Then

$$L_{\beta} := d(y_{-}, y_{+}) \le L_{\alpha} := d(x_{-}, x_{+}).$$

Fix some $T \ge 0$, and let $\hat{x}_-\hat{x}_+$ and $\hat{y}_-\hat{y}_+$ denote the subsegments of α and β containing x_-x_+ and y_-y_+ respectively, such that

$$d(x_{\pm}, \hat{x}_{\pm}) = T, \quad d(y_{\pm}, \hat{y}_{\pm}) = T.$$
 (4.1)

We let U_{\pm} and V_{\pm} denote the 'half-spaces' in X equal to $H(\hat{x}_{\pm}, x_{\pm})$ and $H(\hat{y}_{\pm}, y_{\pm})$ respectively. See Figure ??.

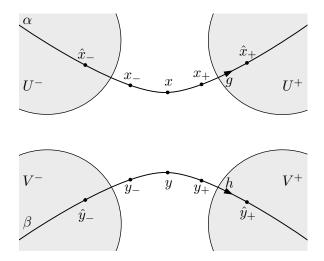


FIGURE 4

The following is proven in [?, Appendix]:

Lemma 4.1. If $T \ge 5$ then the sets U_{\pm} , V_{\pm} are pairwise disjoint.

Suppose now that g, h are hyperbolic isometries of X with the axes α, β respectively, and equal translation length $\tau(g) = \tau(h) = \tau \ge \lambda > 0$. We

let $\Gamma = \langle g, h \rangle < \text{Isom}(X)$ denote the, necessarily nonelementary (but not necessarily discrete), subgroup of isometries of X generated by g and h.

As an application of the above lemma, as in [?, Appendix], we obtain:

Lemma 4.2. If $N\tau \ge L_{\alpha}+5+2\delta$ then the half-spaces $H(g^{\pm N}x,x)$, $H(h^{\pm N}y,y)$ are pairwise disjoint.

Proof. The inequality

$$N\tau \ge L_{\alpha} + 5 + 2\delta \ge L_{\beta} + 5 + 2\delta.$$

implies that the quadruples

$$(x, x_+, \hat{x}_+, g^N(x)), (x, x_-, \hat{x}_-, g^{-N}(x)), (y, y_+, \hat{y}_+, h^N(y)), (y, y_-, \hat{y}_-, h^{-N}(y))$$

satisfy the assumptions of Corollary ?? where \hat{x}_{\pm} and \hat{y}_{\pm} are given by taking T = 5 in (??). Therefore, according to this corollary, we have

$$H(g^{\pm N}(x), x) \subset U^{\pm}, \quad H(h^{\pm N}(y), y) \subset V^{\pm}.$$

Now, the assertion of the lemma follows from Lemma ??.

Corollary 4.3. If

$$N\tau \ge L_{\alpha} + 5 + 2\delta \tag{4.2}$$

then the subgroup $\Gamma_N < \Gamma$ generated by g^N, h^N is free with the basis g^N, h^N .

Proof. We have

$$g^{\pm N}\left(H(h^{-N}(y),y) \ \cup \ H(h^{+N}(y),y)\right) \subset H(g^{\pm N}x,x)$$

and

$$h^{\pm N} \left(H(g^{-N}(x), x) \cup H(g^{+N}(x), x) \right) \subset H(h^{\pm N}y, y).$$

Thus, the conditions of the standard ping-pong lemma (see e.g. [?, ?]) are satisfied and, hence, Γ_N is free with the basis g^N, h^N .

Let $\eta = d(\alpha, \beta)$ denote the minimal distance between α, β and pick some $\eta_0 > 0$ (we will eventually take $\eta_0 = 0.01\varepsilon(n, \kappa)$). Let $\beta_0 = z_-^0 z_+^0 \subset \beta$ be the (possibly empty!) maximal closed subinterval such that the distance from the end-points of β_0 to α is $\leq \eta_0$. Thus, $\beta_0 \subset \bar{N}_{\eta_0}(\alpha)$.

Remark 4.4. $\beta_0 = \emptyset$ if and only if $\eta_0 < \eta$.

Let $\alpha_0 = x_-^0 x_+^0$ denote the projection of β_0 to α , let $2L_0$ denote the length of α_0 . Hence, the intervals α_0, β_0 are within Hausdorff distance η_0 from each other.

Furthermore, $\angle \beta(-\infty)z_{-}^{0}x_{-}^{0} \ge \pi/2$ and $\angle \beta(-\infty)z_{+}^{0}x_{+}^{0} \ge \pi/2$; see Figure ??. Hence, according to [?, Corollary 3.7], for

$$L_1 = \sinh^{-1}\left(\frac{1}{\sinh(\eta_0)}\right),$$

we have

$$d(x_{-}, x_{-}^{0}) \le L_{1}, \quad d(x_{+}, x_{+}^{0}) \le L_{1}.$$

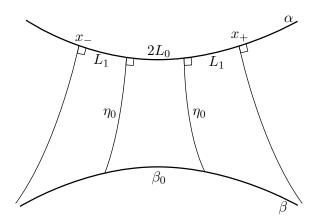


FIGURE 5

Thus, the interval x_-x_+ breaks into the union of two subintervals of length $\leq L_1 = L_1(\eta_0)$ and the interval α_0 of the length $2L_0$. In other words, $L_{\alpha} = 2(L_0 + L_1)$.

Most of our discussion below deals with the case when the interval β_0 is nonempty.

Our goal is to bound from above L_{α} in terms of λ, η_0 and the Margulis constant $\varepsilon(n, \kappa)$ of X, provided that $\eta_0 = 0.01\varepsilon(n, \kappa)$ and Γ is discrete.

Lemma 4.5. Let $S \subset \Gamma$ be the subset consisting of elements of word-length ≤ 4 with respect to the generating set g, h. Let $P_-P_+ \subset \alpha_0$ be the middle subinterval of α_0 whose length is $\frac{2}{9}L_0$. Assume that $\tau \leq d(P_-, P_+)$. Then for each $\gamma \in S$ the interval $\gamma(P_-P_+)$ is contained in the $3\eta_0$ -neighborhood of α_0 .

Proof. The proof is a straightforward application of the triangle inequalities taking into account the fact that the Hausdorff distance between α_0 and β_0 is $\leq \eta_0$.

Then, arguing as in the proof of $[?, Theorem 10.24]^1$, we obtain that each of the commutators

$$[g^{\pm 1}, h^{\pm 1}], \quad [h^{\pm 1}, g^{\pm 1}]$$

moves each point of P_-P_+ by at most

$$28 \times 3\eta_0 \le 100\eta_0.$$

Therefore, by applying the Margulis Lemma as in the proof of [?, Theorem 10.24], we obtain:

 $^{^{1}\}mathrm{In}$ fact, the argument there is a variation on a proof due to Culler-Shalen-Morgan and Bestvina, Paulin

Corollary 4.6. If Γ is discrete and $\eta_0 = 0.01\varepsilon(n,\kappa)$, then

$$\tau \ge \frac{2}{9}L_0 = \frac{1}{9}(L_\alpha - 2L_1).$$

Corollary 4.7. If Γ is discrete and $\tau \geq \lambda$, then the subgroup $\langle g^N, h^N \rangle = \Gamma_N < \Gamma$ is free of rank 2 whenever one of the following holds:

i. Either $L_{\alpha} \leq 3L_1$ and

$$N \ge \frac{5 + 2\delta + 3L_1}{\lambda}.$$

ii. Or $L_{\alpha} \geq 3L_1$ and

$$N \ge 27 + \frac{9(5+2\delta)}{L_1}.$$

Proof. In view of Corollary ??, it suffices to ensure that the inequality (??) holds.

(i) Suppose first that $L_{\alpha} \leq 3L_1$, hence, $L_{\beta} \leq 3L_1$. Then, in view of the inequality $\tau \geq \lambda > 0$, the inequality (??) will follow from

$$N \ge \frac{5 + 2\delta + 3L_1}{\lambda}.$$

(ii) Suppose now that $L_{\alpha} \geq 3L_1$. The function

$$\frac{9(t+5+2\delta)}{t-2L_1}$$

attains its maximum on the interval $[3L_1, \infty)$ at $t = 3L_1$. Therefore,

$$\frac{9(L_{\alpha} + 5 + 2\delta)}{L_{\alpha} - 2L_1} \le 27 + \frac{9(5 + 2\delta)}{L_1}.$$

Thus, the inequality

$$\tau \ge \frac{L_{\alpha} - 2L_1}{9}$$

implies that for any

$$N \ge 27 + \frac{9(5+2\delta)}{L_1},$$

we have $N\tau \ge L_{\alpha} + 5 + 2\delta$.

Consider now the remaining case when for $\eta_0 := \frac{1}{100}\varepsilon(n,\kappa)$, the subinterval β_0 is empty, i.e. $\eta > \eta_0 = \frac{1}{100}\varepsilon(n,\kappa)$. Then, as above, the length L_{α} of the segment $x_{-}x_{+}$ is at most $2L_1$. Therefore, similarly to the case (i) of Corollary ??, in order for N to satisfy the inequality (??), it suffices to get

$$N \ge \frac{5 + 2\delta + 3L_1}{\lambda}.$$

To conclude:

Theorem 4.8. Suppose that g,h are hyperbolic isometries of X generating a discrete nonelementary subgroup, whose translation lengths are equal to some $\tau \geq \lambda > 0$. Let L_1 be such that

$$\sinh(L_1)\sinh\left(\frac{1}{100}\varepsilon\right) = 1,$$

where $\varepsilon = \varepsilon(n, \kappa)$. Then for every

$$N \ge \max\left(\frac{5+2\delta+3L_1}{\lambda}, 27+\frac{9(5+2\delta)}{L_1}\right) \tag{4.3}$$

the group generated by g^N, h^N is free of rank 2.

We note that proving that (some powers of) g and h generate a free subsemigroup, is easier, see [?] and [?, section 11].

Corollary 4.9. Given g, h as in Theorem ??, and any N satisfying (??), the free group $\Gamma_N = \langle g^N, h^N \rangle$ is convex-cocompact.

Proof. Let
$$\mathcal{U}^{\pm} = H(g^{\pm N}x, x)$$
 and $\mathcal{V}^{\pm} = H(h^{\pm N}y, y)$. Observe that
 $g^{\pm N}(X \setminus \mathcal{U}^{\mp}) \subset \mathcal{U}^{\pm}$

and

$$h^{\pm N}(X \setminus \mathcal{V}^{\mp}) \subset \mathcal{V}^{\pm}.$$

We let $\mathfrak{D}_{q^N}, \mathfrak{D}_{h^N}$ denote the closures in \overline{X} of the domains

$$X \setminus (\mathcal{U}^- \cup \mathcal{U}^+), \quad X \setminus (\mathcal{V}^- \cup \mathcal{V}^+)$$

respectively and set

$$\mathfrak{D}=\mathfrak{D}_{a^N}\cap\mathfrak{D}_{h^N}.$$

It is easy to see (cf. [?]) that this intersection is a fundamental domain for the action of Γ_N on the complement $\bar{X} \setminus \Lambda$ to its limit set Λ . Therefore, $(\bar{X} \setminus \Lambda)/\Gamma_N$ is compact. Hence, Γ_N is convex-cocompact (see [?]).

Remark 4.10. It is also not hard to see directly that the orbit maps $\Gamma_N \to \Gamma_N x \subset X$ are quasiisometric embeddings by following the proofs in [?, section 7] and counting the number of bisectors crossed by geodesics connecting points in Γx .

5. Case 2: Displacement bounded above

The strategy in this case is to find an element g' conjugate to g (by some uniformly bounded power of f) such that the Margulis regions of g, g' are sufficiently far apart, i.e. are at distance $\geq L$, where L is given by the local-to-global principle for piecewise-geodesic paths in X, see Proposition ??.

Proposition 5.1. There exists a function

$$\mathfrak{k}: [0,\infty) \times (0,\varepsilon] \to \mathbb{N}$$

for $0 < \varepsilon \leq \varepsilon(n, \kappa)$ with the following property: Let g_1, \dots, g_k be nonelliptic isometries of the same type (hyperbolic or parabolic) with translation lengths $\leq \varepsilon/10$ and

$$k \geq \mathfrak{k}(L,\varepsilon).$$

Suppose that $\langle g_i, g_j \rangle$ are nonelementary discrete subgroup for all $i \neq j$. Then, there exists a pair of indices $i, j \in \{1, \ldots, k\}, i \neq j$ such that

 $d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_i)), \operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_i))) > L.$

Proof. If all the isometries g_i are parabolic, then the proposition is established in [?, Proposition 8.3]. Therefore, we only consider the case when all these isometries are hyperbolic. Our proof follows closely the proof of [?, Proposition 8.3].

Since for all $i \neq j$ the subgroup $\langle g_i, g_j \rangle$ is a discrete and nonelementary, and $\varepsilon \leq \varepsilon(n, \kappa)$, we have

$$\mathcal{T}_{\varepsilon}(g_i) \cap \mathcal{T}_{\varepsilon}(g_j) = \emptyset$$

Given L > 0, suppose that

$$d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_i)), \operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_j))) \leq L, \quad \forall i, j \in \{1, \dots, k\}$$

Our goal is to get a uniform upper bound of k.

Consider the L/2-neighborhoods $\overline{N}_{L/2}(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_i)))$. They are convex in X, and have nonempty pairwise intersections. Thus, by [?, Proposition 8.2], there exists a point $x \in X$ such that

$$d(x, \mathcal{T}_{\varepsilon}(g_i)) \le R_1 := n\delta + L/2 + \mathfrak{q}, \quad i = 1, \dots, k,$$

where δ is the hyperbolicity constant of X and q is as in Proposition ??. Then

$$\mathcal{T}_{\varepsilon}(g_i) \cap B(x, R_1) \neq \emptyset, \quad i = 1, \dots, k.$$

For each i = 1, ..., k take a point $x_i \in \mathcal{T}_{\varepsilon}(g_i) \cap B(x, R_1)$ satisfying $d(x_i, g_i^{p_i}(x_i)) = \varepsilon$ for some $0 < p_i \leq m_{g_i}$. Since the translation lengths of the elements $g_i^{p_i}$ are $\leq \varepsilon/10$, by Corollary ?? there exist points $y_i \in X$ such that

$$d(y_i, g_i^{p_i}(y_i)) = \varepsilon/3, \quad d(x_i, y_i) \le \mathfrak{r}(\varepsilon).$$

Consider the $\varepsilon/3$ -balls $B(y_i, \varepsilon/3)$. Then $B(y_i, \varepsilon/3) \subset \mathcal{T}_{\varepsilon}(g_i)$ since

$$d(z, g_i^{p_i}(z)) \le d(z, y_i) + d(y_i, g_i^{p_i}(y_i)) + d(g_i^{p_i}(y_i), g_i^{p_i}(z)) \le \varepsilon$$

for any point $z \in B(y_i, \varepsilon/3)$. Thus, the balls $B(y_i, \varepsilon/3)$ are pairwise disjoint. Observe that $B(y_i, \varepsilon/3) \subset B(x, R_2)$ where $R_2 = R_1 + \mathfrak{r}(\varepsilon) + \varepsilon/3$.

Let V(r, n) denote the volume of the r-ball in \mathbb{H}^n . Then for each *i*, $\operatorname{Vol}(B(y_i, \varepsilon/3))$ is at least $V(\varepsilon/3, n)$, see [?, Proposition 1.1.12]. Moreover,

the volume of $B(x, R_2)$ is at most $V(\kappa R_2, n)/\kappa^n$, see [?, Proposition 1.2.4]. Let

$$\mathfrak{k}(L,\varepsilon) := \frac{V(\kappa R_2, n)/\kappa^n}{V(\varepsilon/3, n)} + 1.$$

Then $k < \mathfrak{k}(L, \varepsilon)$, because otherwise we would obtain

$$\operatorname{Vol}\left(\bigcup_{i=1}^{k} B(y_i, \varepsilon/3)\right) > \operatorname{Vol}(B(x, R_2)),$$

where the union of the balls on the left side of this inequality is contained in $B(x, R_2)$, which is a contradiction.

Therefore, whenever $k \geq \mathfrak{k}(L, \varepsilon)$, there exist a pair of indices i, j such that

$$d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_i)), \operatorname{Hull}(\mathcal{T}_{\varepsilon}(g_j))) > L.$$

Remark 5.2. Proposition ?? also holds for isometries of mixed types (i.e. some g_i 's are parabolic and some are hyperbolic). The proof is similar to the one given above.

Theorem 5.3. For every nonelementary discrete subgroup $\Gamma = \langle g, h \rangle < \text{Isom}(X)$ with g, h nonelliptic isometries satisfying

$$\tau(g) \le \varepsilon/10 \le \varepsilon(n,\kappa)/10,$$

there exists $i, 1 \leq i \leq \mathfrak{k}(L(\varepsilon/10), \varepsilon)$, such that $\langle g, h^i g h^{-i} \rangle$ is a free subgroup of rank 2, where \mathfrak{k} is the function given by Proposition ?? and $L(\varepsilon/10)$ is the constant in Proposition ??.

Proof. Consider isometries $g_i := h^i g h^{-i}$, $i \ge 1$. We first claim that no pair $g_i, g_j, i \ne j$, generates an elementary subgroup of Isom(X). There are two cases to consider:

(i) Suppose that g is parabolic with the fixed point $p \in \partial_{\infty} X$. We claim that for all $i \neq j$, $h^{i}(p) \neq h^{j}(p)$. Otherwise, $h^{j-i}(p) = p$, and p would be a fixed point of h. But this would imply that Γ is elementary, contradicting our hypothesis.

(ii) The proof in the case when g is hyperbolic is similar. The axis of g_i equals $h^i(A_g)$. If hyperbolic isometries $g_i, g_j, i \neq j$, generate a discrete elementary subgroup of Γ , then they have to share the axis, and we would obtain $h^i(A_g) = h^j(A_g)$. Then $h^{j-i}(A_g) = A_g$. Since h^{j-i} is nonelliptic, it cannot swap the fixed points of g, hence, it fixes both of these points. Therefore, g, h have common axis, contradicting the hypothesis that Γ is nonelementary.

All the isometries g_i have equal translation lengths $\leq \varepsilon/10$. Therefore, by Proposition ??, there exists a pair of natural numbers $i, j \leq \mathfrak{t}(L(\varepsilon/10), \varepsilon)$ such that

$$d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(h^{i}gh^{-i})),\operatorname{Hull}(\mathcal{T}_{\varepsilon}(h^{j}gh^{-j}))) > L(\varepsilon/10)$$

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where $\mathfrak{k}(L(\varepsilon/10), \varepsilon)$ is the function as in Proposition ??. It follows that

$$d(\operatorname{Hull}(\mathcal{T}_{\varepsilon}(h^{j-i}gh^{i-j})),\operatorname{Hull}(\mathcal{T}_{\varepsilon}(g))) > L(\varepsilon/10).$$

Setting $f := h^{j-i}gh^{i-j}$, and applying Proposition ?? to the isometries f, g, we conclude that the subgroup $\langle f, g \rangle < \Gamma$ is free of rank 2. The word length of f is at most

$$2|j-i|+1 \le 2\mathfrak{k}(L(\varepsilon/10),\varepsilon)+1.$$

6. CONCLUSION

Now we are in a position to complete the proof of Theorem ??.

Proof of Theorem ??. We set $\lambda := \varepsilon/10$, where $\varepsilon = \varepsilon(n, \kappa)$ is the Margulis constant. Let g, h be non-elliptic isometries of X generating a discrete nonelementary subgroup of Isom(X), such that $\tau(g) = \tau(h) = \tau$.

If $\tau \geq \lambda$, then by Theorem ??, the subgroup $\Gamma_N < \Gamma$ generated by g^N, h^N is free of rank 2, where

$$N := \left\lceil \max\left(\frac{5+2\delta+3L_1}{\lambda}, 27+\frac{9(5+2\delta)}{L_1}\right) \right\rceil.$$

Here $\delta = \cosh^{-1}(\sqrt{2})$, and

$$L_1 = \sinh^{-1} \left(\frac{1}{\sinh(\varepsilon/100)} \right).$$

If $\tau \leq \lambda$, then by Theorem ?? there exists $i \in [1, \mathfrak{k}(L(\lambda), \varepsilon)]$ such that $\langle g, h^i g h^{-i} \rangle$ is free of rank 2 where $\mathfrak{k}(L(\lambda), \varepsilon)$ is a constant as in Theorem ??.

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