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## Discrimination of amygdala response predicts future separation anxiety in youth with early deprivation

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### Abstract

**Background**—Significant disruption in caregiving is associated with both increased internalizing symptoms, most notably during childhood heightened separation anxiety symptoms, and altered functional development of the amygdala, a neurobiological correlate of anxious behavior. However, much less is known about how functional alterations of amygdala predict individual differences in anxiety. Here, we probed amygdala function following institutional caregiving using very subtle social-affective stimuli (trustworthy and untrustworthy faces), which typically result in large differences in amygdala signal, and change in separation anxiety behaviors over a two-year period. We hypothesized that the degree of differentiation of amygdala signal to trustworthy versus untrustworthy face stimuli would predict separation anxiety symptoms.

**Methods**—Seventy-four youths (mean (SD) age=9.7 years (2.64) with and without previous institutional care, who were all living in families at the time of testing, participated in an fMRI task designed to examine differential amygdala response to trustworthy versus untrustworthy faces. Parents reported on their children's separation anxiety symptoms at the time of scan and again two years later.

**Results**—Previous institutional care was associated with diminished amygdala signal differences and behavioral differences to the contrast of untrustworthy and trustworthy faces. Diminished differentiation of these stimuli types predicted more severe separation anxiety symptoms two years later. Older age at adoption was associated with diminished differentiation of amygdala responses.

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#### Supporting Information

Additional Supporting Information may be found in the online version of this article.

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**Conclusions**—A history of institutional care is associated with reduced differential amygdala responses to social-affective cues of trustworthiness that are typically exhibited by comparison samples. Individual differences in the degree of amygdala differential responding to these cues predict the severity of separation anxiety symptoms over a two-year period. These findings provide a biological mechanism to explain the associations between early caregiving adversity and individual differences in internalizing symptomatology during development, thereby contributing to individualized predictions of future clinical outcomes.

### Keywords

Amygdala development; parents; stress; institutional rearing; separation anxiety; social

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### Introduction

Unstable caregiving early in life, a significant source of adversity for the infant, has profound effects on emotional development. For example, extreme neglect during early institutional care significantly increases the risk for internalizing problems (Humphreys, Gleason, et al., 2015; Slopen, McLaughlin, Fox, Zeanah, & Nelson, 2012; Zeanah et al., 2009). In childhood, these problems often manifest as separation anxiety symptoms (Cicchetti, Rogosch, & Toth, 1994; Wiik et al., 2011). Separation anxiety is a particular concern for youth with a history of institutional care (Elliott & McMahon, 2011; Humphreys, Lee, et al., 2015; Tottenham et al., 2011), who lack a stable caregiver during infancy. At the neural level, this extreme form of neglect is associated with alterations in amygdala function (Gee, Humphreys, et al., 2013; Maheu et al., 2010; Tottenham et al., 2011) a primary mediator of threat processes (Davis & Whalen, 2001). The amygdala, because of its rapid growth during the postnatal period (Gilmore et al., 2012) and its stress hormone receptor abundance (Avishai-Eliner, Yi, & Baram, 1996), is highly vulnerable to early adversity. These factors, combined with its associations with anxiety-related behaviors (Indovina, Robbins, Núñez-Elizalde, Dunn, & Bishop, 2011), suggest the amygdala is a prime substrate for linking the well-characterized associations between caregiving adversity and heightened anxiety.

Despite exposure to adverse caregiving, there is nonetheless significant heterogeneity in internalizing outcomes, like separation anxiety, for previously institutionalized (PI) youth, which can be better understood by examining amygdala function. Cross-sectional studies have shown individual differences in separation anxiety in PI youth are associated with amygdala circuitry (Gee, Gabard-Durnam, et al., 2013). However, longitudinal designs permit for examination of the course of emotional difficulties, which have been shown to exacerbate with increasing age in PI youth (Castle et al., 2009; Colvert et al., 2008; Wiik et al., 2011), although in some cases the quality of the post-adoptive home may buffer against some of these outcomes (Humphreys, Gleason, et al., 2015). The present study used a prospective design to assess whether amygdala function predicts increases in separation anxiety within PI youth.

Typically, the amygdala is highly sensitive to the safety/danger value of social-affective cues (Adolphs, 2010), and has been shown to be involved in the subtlest discriminations of facial

cues, such as trustworthiness (Todorov & Engell, 2008), which both adults and children (Cogsdill & Banaji, 2015; Ewing, Caulfield, Read, & Rhodes, 2015) rapidly discriminate. However, for individuals with a history of adversity, this ability to reliably discriminate between cues of safety and danger can be compromised (reviewed in Christianson et al., 2012), and failure to exhibit discrimination either behaviorally or at the level of the amygdala has been associated with increased risk for internalizing psychopathology (Britton, Lissek, Grillon, Norcross, & Pine, 2011; Straube, Mentzel, & Miltner, 2005). Discrimination of the amygdala response to such cues may be predictive of anxiety outcomes for PI youth, as anxiety is associated with difficulty discriminating threat and safety cues (Lissek et al., 2009; Mohlman, Carmin, & Price, 2007), including very subtle discriminations based on trustworthiness (Meconi, Luria, & Sessa, 2014). In PI youth, amygdala function has typically been assessed by examining general reactivity to facial expressions (e.g., fear (Gee, Gabard-Durnam, et al., 2013). Although this is a powerful probe of amygdala reactivity, these imaging studies have not tested discrimination ability. Indeed, other studies have shown that PI children have little difficulty behaviorally discriminating clear exemplars of facial expressions (Jeon, Moulson, Fox, Zeanah, & Nelson, 2010; Nelson, Parker, & Guthrie, 2006); however, signal detection methods have revealed a decreased sensitivity for subtler discriminations of facial differences in PI children (Fries & Pollak, 2004; Pollak, Cicchetti, Hornung, & Reed, 2000). These findings suggest that early deprivation might interfere with discriminating between subtle socio-affective cues. Thus, the first aim of this study was to examine the ability of PI youth to discriminate between subtle social-affective cues (i.e., facial trustworthiness) both at the level of behavior and the amygdala.

We tested the hypothesis that the extent to which the amygdala exhibits a differential response to facial trustworthiness would predict age-related increases in separation anxiety. We examined separation anxiety symptoms because during childhood, internalizing problems commonly manifest as separation anxiety (Cartwright-Hatton, McNicol, & Doubleday, 2006) particularly in those who experience adverse caregiving (Cicchetti et al., 1994; Schimmenti & Bifulco, 2015) and because PI youth typically exhibit very high separation anxiety symptoms (Elliott & McMahon, 2011; Humphreys, Lee, et al., 2015; Tottenham et al., 2011). Separation anxiety has been shown to be associated with amygdala alterations (Redlich et al., 2014) and weak regulatory connections between amygdala and prefrontal cortex (Carpenter et al., 2015; Gee, Gabard-Durnam, et al., 2013), but the prospective role of amygdala function in child separation anxiety is still not well understood. Thus, we hypothesized that in contrast to youth with a typical caregiving history, on average PI youth would not exhibit differential amygdala responses to trustworthy and untrustworthy faces. However, the extent of differential amygdala response would predict the course of separation anxiety, informing a mechanistic understanding through which early caregiving adversity results in future elevations in separation anxiety.

## Methods

### Participants

Behavioral data (81 PI, 97 comparison) were collected from youth between 6–14 years-old at Time 1, and 8–16 years-old at Time 2 (see Fig 1)m and functional MRI data were collected from a subset of these participants (39 PI, 66 comparison). Table 1 shows demographic data and group differences. PI youth had a history of institutional rearing and were adopted by families in the United States via international adoption (see online Appendix). Fifteen participants (4 PI; 11 comp) were excluded from the fMRI study due to excessive motion (>2.5 mm). Six participants (2 PI; 4 comp) were excluded due to amygdala parameter estimates more than 3 SD away the group mean, leaving a total fMRI sample of 33 PI and 41 comparison youth. Youth included in the behavioral study had reaction times of less than 1000 msec and a false alarm rate of less than 50%, as well as reaction time data within 2 SD of the mean; the final sample included 42 PI and 45 comparison youth. Youth with a history of head trauma, seizure disorder, or IQ<70 were excluded. All participants were right-handed. Families had incomes above the US median annual household income (\$48,451; US Census Bureau, 2006). This study was approved by the UCLA Institutional Review Board, and informed consent and assent were obtained.

### Evaluation of anxiety (Time 1, Time 2)

Parents completed the Revised Children's Anxiety and Depression Scale (Chorpita, Yim, Moffitt, Umemoto, & Francis, 2000) at Time 1 and again at Time 2 (2 years later). Parents rated 47 items describing their child's mood and anxiety symptoms (from 'Never' to 'Always'). The separation anxiety scale was used in this study, e.g., 'My child doesn't like to be away from his/her family,' 'My child gets scared if he/she sleeps away from home.' For ease of interpretation, T scores and percent clinically elevated (T-score  $\geq 65$ ) are presented in Table 1; raw scores were used for analyses. Parents rated their own anxiety using the State-Trait Anxiety Inventory (Spielberger, 1970; see online Appendix).

### Stimuli

During fMRI, participants completed two runs of a face-processing task. Face stimuli were color images of four female faces (Lundqvist, Flykt, & Öhman, 1998). Overtly, subjects performed a facial expression identification task (i.e., identify neutral target expressions amongst a continuous sequence of neutral (target), happy, and fear faces. However, face stimuli were selected from those models whose neutral faces have been identified as highly trustworthy ( $\text{Trust}_A$ ) or highly untrustworthy ( $\text{Untrust}_A$ ) by adult samples (Oosterhof & Todorov, 2008). Thus, the stimulus set consisted of 12 unique stimuli (4 models (two  $\text{Trust}_A$  and two  $\text{Untrust}_A$ )  $\times$  3 expressions (neutral, happy, fear). The neutral faces were the stimuli of interest in the current study for examination of  $\text{Trust}_A$  vs.  $\text{Untrust}_A$  responses. Analyses did not include happy and fear since emotional expressions can override trustworthiness qualities of faces (Caulfield, Ewing, Bank, & Rhodes, 2015).

To ensure that children and adolescents could differentiate the trustworthiness of the faces similarly to adults, participants rated the trustworthiness of the faces on a 1–9 Likert scale (1=not at all, 9=extremely). For young participants, a developmentally appropriate

description of trustworthiness was provided (e.g., friendly, nice, safe; Cogsdill & Banaji, 2015). A repeated-measures ANOVA showed a main effect of face type ( $F(1,81)=12.59, p=.001$ ) such that all participants rated Trust<sub>A</sub> faces as being more trustworthy than Untrust<sub>A</sub> faces. There was no significant effect of Group or Age, or Group×FaceType interaction.

### fMRI task

We have reported on this task in previous publications (e.g., (Gee, Gabard-Durnam, et al., 2013) with a focus on passive viewing of emotion (i.e., fear), but the effect of face type (i.e., neutral Trust<sub>A</sub> vs. neutral Untrust<sub>A</sub>) has not yet been examined. The task consisted of two counterbalanced runs: neutral in the context of fear and neutral in the context of happy (with an equal number of Trust<sub>A</sub> vs. Untrust<sub>A</sub> neutral faces in each run). Stimulus order within each run was randomized and fixed. Participants were instructed to press a button with their index finger for each neutral face as quickly as they could. Faces were presented for 500 msec. The probability of a Trust<sub>A</sub> or Untrust<sub>A</sub> face was 50% on any given trial. Stimuli were jittered (average 5000 msec inter-trial interval, 3000–9000 msec) and randomized (Wager & Nichols, 2003). Each run contained 48 trials (24 neutral target faces, 24 fearful or happy non-target faces). This task was administered both in and out of the scanner since in-scanner behavior is not always a reliable index performance. Therefore, analyses focused on the behavioral data from the out-of-scanner administration and amygdala responses from the scanning session. The out-of-scanner task was identical to the scanner task except that neutral faces were presented in the context of happy non-target faces only, and stimulus duration was 500 msec with 1000 msec intertrial intervals. Practice trials were administered prior to both administrations of the task.

### General procedure

Time 1 data collection involved two sessions. In the first, behavioral measures including RCADS and the out-of-scanner face-processing task. Participants were acclimated to the scanner environment with an MRI replica. At the second session (occurring within a mean of 3.6 months (range=0–16 months,  $SD=3.6$ , 70% of subjects with data from both sessions had the second session within 4 months of the first), participants completed the fMRI face-processing task. Time 2 collection of the RCADS occurred two years later (mean=23.6 months,  $SD=3.4$ ).

### fMRI data acquisition

Scanning was performed on a Siemens Trio 3.0 Tesla MRI scanner, with a 12-channel radiofrequency head coil. For each participant, an initial 2D spin-echo image ( $TR=2000$ ms,  $TE=40$ ms, matrix size  $256 \times 256$ , 4mm thick, 0mm gap) in the oblique plane was acquired. A whole-brain high-resolution,  $T1^*$ -weighted anatomical scan (MPRAGE;  $256 \times 256$  in-plane resolution, 256 mm field of view [FOV]; 192 mm × 1 mm sagittal slices) was acquired for registration and localization of functional data to Talairach space (Talairach & Tournoux, 1988). The faces task was presented on a computer screen through MR-compatible goggles during two functional scans.  $T2^*$ -weighted echoplanar images were collected at an oblique angle of approximately 30 degrees (130 volumes/run,  $TR=2000$ ,  $TE=30$ ms, flip angle=90 degrees, matrix size  $64 \times 64$ ,  $FOV=192$ , 34 slices, 4mm slice thickness, skip 0mm, 24 observations per event type).

### Behavioral data analysis

Accuracy was calculated as total correct presses to neutral faces minus total errors (commission to happy or fear faces and omission to neutral faces) for the two face types (Trust<sub>A</sub>, Untrust<sub>A</sub>) separately. We calculated mean reaction time for correct hits to Trust<sub>A</sub> and Untrust<sub>A</sub> neutral target faces and normed within-subject to account for age differences with the calculation  $(Trust_A - Untrust_A) / (Trust_A + Untrust_A)$ . Accuracy and reaction time were calculated for the task both in and out of the scanner, and tested for interactions with age and FaceType (Trust<sub>A</sub>, Untrust<sub>A</sub>). IQ and sex were tested as potential covariates but were nonsignificant so were removed from final models.

### fMRI data analysis

fMRI data were preprocessed and analyzed using Analysis of Functional NeuroImages (AFNI; Cox, 1996). Preprocessing of each individual's images included slice time correction, spatial realignment to correct for head motion, registration to the first volume of each run, spatial smoothing using a 6-mm Gaussian kernel (FWHM), and transformation into standard space (Talairach & Tournoux, 1988) using parameters obtained from each individual's high-resolution anatomical scan. Volumes with motion greater than 2.5mm in any direction were excluded (via censoring); two participants had volumes censored (one had 15%, one .05% censored). Talairached transformed images had a resampled resolution of 3 mm<sup>3</sup>. Timeseries were normalized to percent signal change to allow for comparisons across runs and individuals. Functional runs were concatenated prior to creating two individual-level models for each participant to model activation. At the single-subject level, each participant's individual-level model included 6 task regressors (2 FaceType × 3 expressions), accuracy, and six motion parameters. The two regressors of interest for all analyses were neutral Trust<sub>A</sub> and neutral Untrust<sub>A</sub>.

### ROI analysis

The right and left anatomical amygdala, as defined by AFNI's Talairach & Tournoux Atlas, were selected as regions of interest (ROIs). Beta weights were extracted for the right and left amygdala for each participant for the Trust<sub>A</sub> and Untrust<sub>A</sub> neutral face conditions, and were analyzed in SPSS with age, IQ, and normed reaction time tested as covariates. Only IQ was significant and thus included in the final model.

### Whole brain analysis

To supplement the ROI analysis, a whole-brain analysis was conducted to examine FaceType×Group differences. At the group level, a linear mixed effect whole-brain analysis was conducted with within-subjects factor of face type and between-subjects factor of group, with age and IQ as covariates. This analysis was corrected for multiple comparisons at  $p < .01$ , using 3dClustSim, with a voxel size of 3 mm<sup>3</sup>, 2-sided, 3<sup>rd</sup> nearest neighbor, and a blur estimate (fwhm=6).

## Results

### Behavioral task performance (out of scanner)

Two separate repeated measures ANOVA were performed with the within-subjects factor of FaceType (Trust<sub>A</sub>, Untrust<sub>A</sub>) and the between-subjects factor of group (PI, comparison) on the dependent measures of normed reaction time and accuracy. Age was entered as a covariate. There was a main effect of FaceType ( $F(1,87)=5.88$ ,  $p=.017$ ), and a significant FaceType×Group interaction ( $F(1,87)=4.02$ ,  $p=.048$ ). Comparison participants had differential reaction times for the Untrust<sub>A</sub> versus Trust<sub>A</sub> faces, but the PI participants did not, due to slower reaction times to the Trust<sub>A</sub> faces (Figure 2a). There were no other main effects or interactions. There was only a Group×Age interaction indicating that for the comparison group, accuracy increased with age ( $F(1,81)=8.48$ ,  $p=.005$ ). Accuracy was not significantly correlated with reaction time in either group.

### fMRI task

In-scanner behavioral data. Reaction time and accuracy data collected in the scanner were used to ensure on-task performance. Overall, subjects showed good accuracy and there were no significant Group×FaceType interactions for accuracy ( $F=.59$ ,  $p=.44$ ; Mean for Trust<sub>A</sub>: Comp<sub>Acc</sub>=81%; PI<sub>Acc</sub>=90%, and Untrust<sub>A</sub>: Comp<sub>Acc</sub>=75%; PI<sub>Acc</sub>=76%); or reaction time ( $F=.17$ ,  $p=.68$ ; Mean (SD) for Trust<sub>A</sub>: Comp<sub>RT</sub>=682.15 (169.17) msec ; PI<sub>RT</sub>=694.07 (196.63) msec, and Untrust<sub>A</sub>: Comp<sub>RT</sub>=733.83 (205.93) msec ; PI<sub>RT</sub>=723.17 (179.0) msec).

Amygdala ROI. To examine group differences in amygdala responses, FaceType (Trust<sub>A</sub>, Untrust<sub>A</sub>) and hemisphere (left, right) were entered as within-subject factors in a repeated-measures ANOVA, with group (PI, comparison) entered as a between-subjects factor, and IQ as a covariate. Child sex was also tested as a covariate in this and subsequent models, but was non-significant in all analyses and thus removed from final models. There was a significant FaceType×Group interaction ( $F(1,71)=4.04$ ,  $p=.048$ ) such that amygdala reactivity differentiated Untrust<sub>A</sub> versus Trust<sub>A</sub> faces for the comparison participants, but not for the PI participants (Figure 2b). This was due to the PI participants having increased amygdala response to the Trust<sub>A</sub> faces. There were no other significant main effects or interactions.

Whole brain analysis. AFNI's 3dttest++ revealed significant FaceType×Group interactions in the left fusiform gyrus and right inferior parietal lobule (see online supplemental Table S2 and Supplemental Figure 1). Post-hoc examination showed that the PI group showed greater differentiation of Untrust<sub>A</sub> and Trust<sub>A</sub> faces, although the strength of these differentiations was not significantly associated with reaction time, adoption age, or trust ratings ( $ps>.05$ ).

### Age of adoption and amygdala response

To examine age of adoption associations, an Untrust<sub>A</sub>–Trust<sub>A</sub> difference score (hereafter referred to as Difference<sub>A</sub>) for beta weights was calculated so that a greater score indicated greater discrimination. Three youth placed in institutions after 24 months were excluded from this analysis because for this analysis, age of institutionalization serves as a proxy of 'dose' of institutional care, and children placed at later ages were outliers placed much later



than other participants. A partial correlation (controlling for age) showed that left amygdala  $\text{Difference}_A$  was significantly correlated with age of adoption ( $r(27)=-.76, p<.001$ ), with youth adopted at early ages having greater  $\text{Difference}_A$  (Figure 3). There was a similar trend for the right amygdala ( $r(27)=-.35, p=.06$ ). There was no significant correlation between  $\text{Difference}_A$  and time with adopted family (left amygdala:  $r(30)=.24, p=.21$ ; right amygdala:  $r(30)=.10, p=.61$ ), or between age of adoption and reaction time difference scores ( $r(35)=-.10, p=.53$ ).

### Prediction of Time 2 separation anxiety

To test prospective associations between amygdala response and separation anxiety (SAD), a hierarchical regression was performed with Time 2 SAD score as the dependent variable and with Time 1 SAD score, child age at Time 1, IQ, Group (PI or comparison),  $\text{Difference}_A$ , and a  $\text{Group} \times \text{Difference}_A$  interaction term entered as predictors (see Table 2) for those participants with follow-up data (19 PI, 20 comparison). Parent anxiety was initially tested as a covariate but was insignificant so removed from the final model. There were no significant differences in Time 1 SAD for participants who did versus did not return for follow-up. Right and left  $\text{Difference}_A$  scores were highly correlated in both the comparison and PI groups ( $r=.92$  and  $.73$ , respectively,  $p<.001$ ). To prevent collinearity problems, only right  $\text{Difference}_A$  was entered into the regression (results from a separate regression including the left amygdala are provided in Table 2). Time 1 SAD significantly predicted Time 2 SAD. There was a  $\text{Group} \times \text{Difference}_A$  interaction indicating that in the PI group only, differential amygdala responses predicted Time 2 SAD over and above Time 1 SAD, such that youth with less discrimination between  $\text{Untrust}_A - \text{Trust}_A$  had greater increases over the two years in SAD (Figure 4a). Functionally-defined ROIs from the whole brain analysis (fusiform gyrus and inferior parietal lobule) did not significantly predict SAD.

A similar regression was conducted with normed reaction time difference score ( $\text{Difference}_{RT}$ ) predicting Time 2 SAD after controlling for Time 1 SAD, age, and IQ ( $n=17$  PI; 19 comparison). In both groups, youth with lower  $\text{Difference}_{RT}$  (indicating more similar reaction times to each face type) had greater increases in SAD (see Figure 4b and Table 3). The  $\text{Group} \times \text{Difference}_{RT}$  interaction term was not significant.

## Discussion

This study examined differential amygdala responses to social-affective cues (i.e., trustworthiness) as a predictor of future separation anxiety in PI youth. We focused on amygdala function because of its demonstrated atypical development in PI populations (e.g., Tottenham et al., 2011), its role in discriminating trustworthiness (Todorov & Engell, 2008), and in separation anxiety (Redlich et al., 2014). While comparison youth exhibited differential amygdala responses to untrustworthy versus trustworthy faces (similar to adult samples (Oosterhof & Todorov, 2008), on average PI youth exhibited similar amygdala responses to both face types. This lack of discrimination was associated with older age at adoption. Behavioral data were consistent, showing that PI youth did not differentiate in reaction times. This lack of differentiation was striking given that both groups verbally indicated a difference in trustworthiness. Thus, while PI youth are able explicitly identify

social-affective cues, they may be less likely to discriminate in terms of their rapid behavioral and amygdala responses (e.g., Olsavsky et al., 2013). Taken together, these findings suggest that the nature of affect confusion following early adversity derives from an implicit level, and may be due to amygdala over-reactivity rather than an explicit misunderstanding of the difference between two stimuli.

Discrimination of social-affective cues like trustworthiness may be a useful index of the extent of amygdala alterations following early life adversity and predictive of future amygdala-related mental health difficulties such as separation anxiety. Discrimination of the right amygdala response and reaction times to trustworthiness predicted increases in future (but not current) separation anxiety symptoms for PI youth, consistent with other findings that internalizing problems of PI youth may exacerbate as they enter adolescence (e.g., Colvert et al., 2008). The current findings provide a possible mechanism for the association between early caregiving adversity and later emergence of internalizing problems.

Across several species, the amygdala seems particularly sensitive to early life caregiving adversity (reviewed in Tottenham & Sheridan, 2010). However, findings on amygdala structure have been mixed, with amygdala volume exhibiting atypically larger or smaller volumes (Hanson et al., 2015; Mehta et al., 2009; Tottenham et al., 2010), or no differences (Sheridan, Fox, Zeanah, McLaughlin, & Nelson, 2012) in PI youth. The findings from functional MRI studies are more consistent, evidencing amygdala hyperreactivity (Gee, Humphreys, et al., 2013; Maheu et al., 2010) associated with affective dysregulation (Gee, Gabard-Durnam, et al., 2013; Tottenham et al., 2011), a significant risk factor for anxiety (Redlich et al., 2014; Stein, Simmons, Feinstein, & Paulus, 2007). Results of this study advance this line of inquiry by showing that early caregiving adversity interferes with discriminating subtle face differences and underlying amygdala function.

These discriminations were predictive of future separation anxiety, underscoring their importance as a marker of amygdala alteration. Lack of discrimination appeared to be due to a greater avoidance-type reaction (i.e. slowed reaction time, greater amygdala response) to trustworthy faces in the PI group, which could indicate hypervigilance and difficulty determining safety. It is also important to consider the potentially adaptive nature of indiscriminate social appraisals in PI youth (Chisholm, 1998). Future work may show that this framework is useful for understanding other atypical caregiver relationship patterns in PI youth beyond separation anxiety, including indiscriminate friendliness and/or disorganized attachment (e.g., Bos et al., 2011; Gleason et al., 2014).

A whole-brain analysis showed that the PI group had greater differential responses in higher-level face processing cortical areas, unlike in the amygdala, possibly reflecting a greater reliance on top-down face processing to differentiate the faces explicitly. Notably, these brain areas did not relate to age of adoption, anxiety, reaction time, or verbal trustworthiness ratings, suggesting that amygdala function is more directly linked with early adversity and likely to be a better predictor of future separation anxiety.

Study limitations include lack of information on specific pre-adoption adverse events (e.g., prenatal factors, multiple placements). However, the associations with age of adoption

suggest that atypical discrimination is influenced by institutional care. The PI group differs on many levels from the comparison group, thus future studies should compare institutionalization with other forms of adversity. Additionally, the trustworthiness judgments in this study were implicit; possibly, PI children were less ‘tuned in’ to the trustworthiness aspect of the faces, perhaps because the overt task demanded more cognitive resources. However, this still suggests that PI youth have difficulty with implicit social-affective judgments, which is likely to affect their mental health outcomes (as shown here by their increases in separation anxiety). While the PI group showed less differentiated reaction time out of the scanner, both groups had similar differentiations of in-scanner reaction time. It is difficult to generalize in-scanner behavior as the scanner environment is highly novel, but further research is needed to understand reaction time differences in these two environments. Laterality of effects might have been under-powered (i.e., most effects showed similar trends in both hemispheres), and therefore conclusions about laterality should be tempered until further research is performed. Finally, our measure of separation anxiety is based on parent report, and should be considered a continuous measure of anxiety rather than a diagnostic measure.

Taken together, results of this study demonstrate that PI youth show reduced affective discrimination, both on a behavioral and neural level. Reduced discrimination was related to later age of adoption and also increases in separation anxiety over time. At the same time, these results are consistent in suggesting that some children, especially those adopted at earlier ages, show resiliency in internalizing problems. These results suggest a possible mechanism for increases in mental health difficulties often seen in youth with histories of early adversity, as well as a marker and predictor of variability and potential resiliency. While functional imaging is unlikely to be used for diagnostic purposes in the near future, these data can inform individualized predictors of the development of anxiety (e.g., lack of affective discrimination, social difficulties), which can be used to target early intervention and prevention of future clinical problems.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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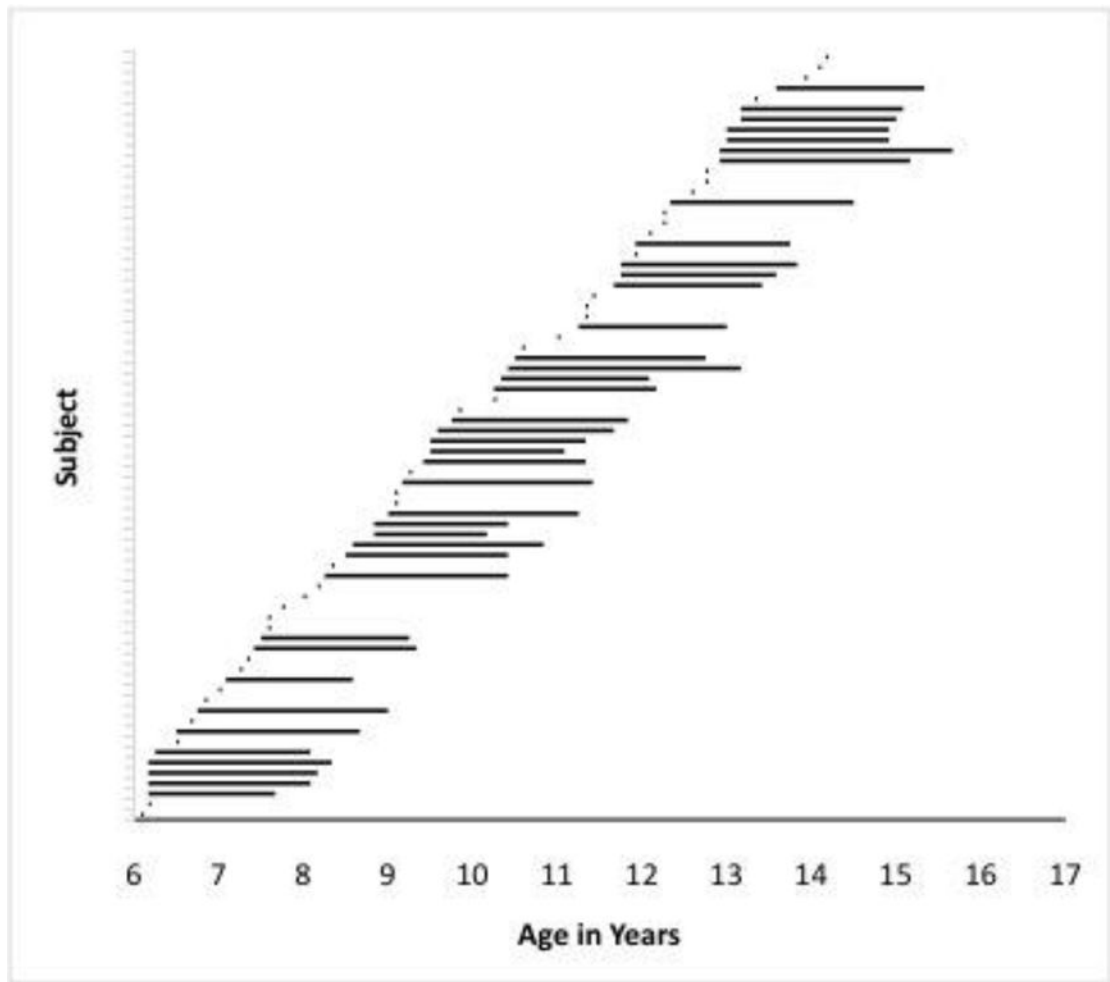
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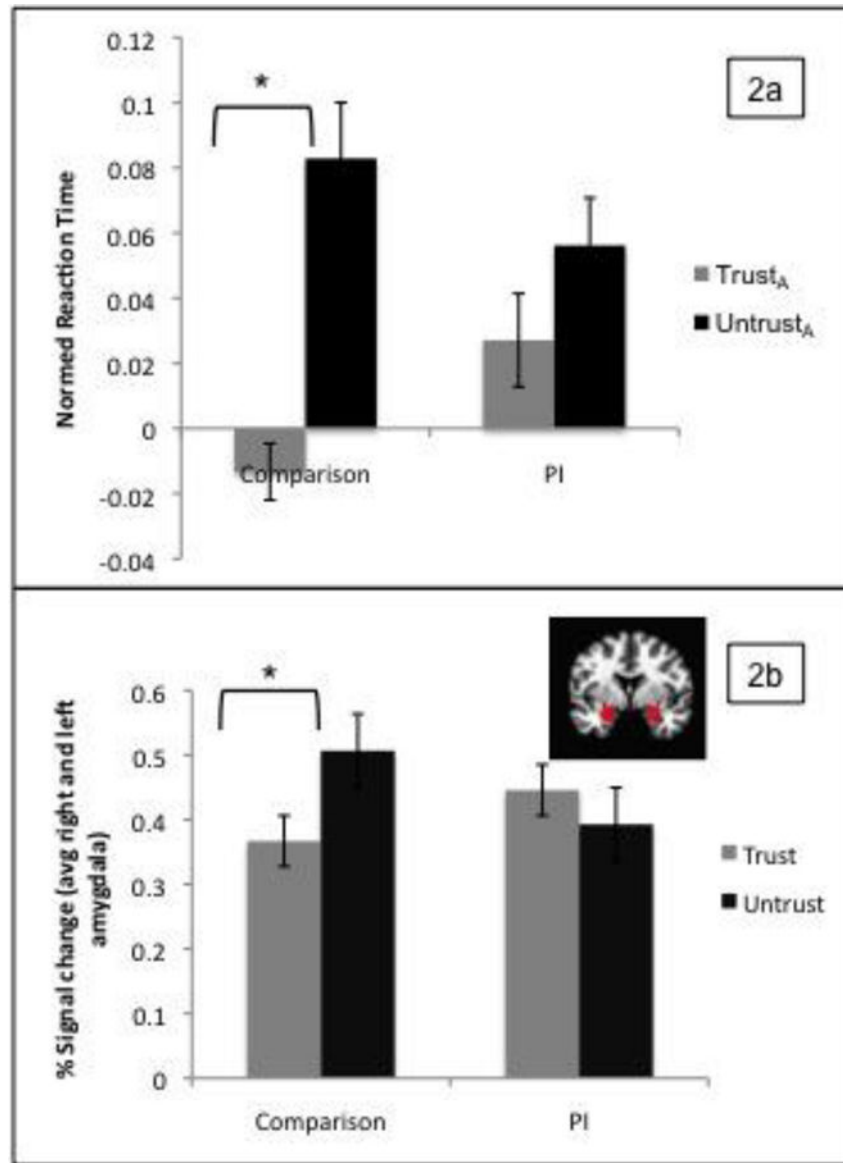
### Key points

- Early caregiving adversity is associated with increased anxiety symptoms and atypical amygdala function, which contributes to differentiating threat from safety in socio-affective cues.
- Although caregiving adversity increases the risk for separation anxiety, many children show resilience, but the mechanisms of these individual differences are not well-understood.
- This study examined amygdala function by focusing on discrimination of social-affective cues and tested the hypothesis that the degree to which the amygdala displays a typical differential response to social-affective cues will predict future increases in separation anxiety for previously institutionalized (PI) youth.
- For PI youth, the extent of differential amygdala response to social-affective cues longitudinally predicted future separation anxiety symptoms (across 2 years). Degree of amygdala differential response correlated with age of adoption.
- These results suggest a possible mechanism for future increases in internalizing problems often seen in youth with histories of early adversity. We discuss these results in terms of individualized early intervention and prevention for this group of youth at risk for internalizing problems.

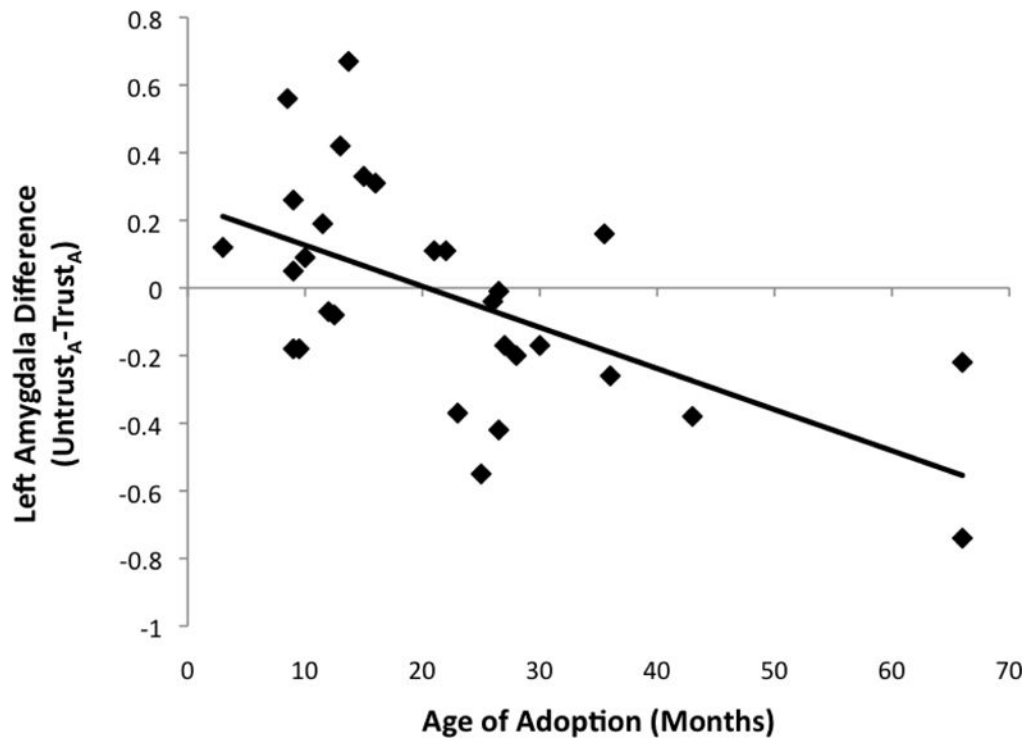


**Figure 1.**  
Ages of participants at Time 1 and Time 2. Participants with one point had data from the first scan but no follow-up information on anxiety

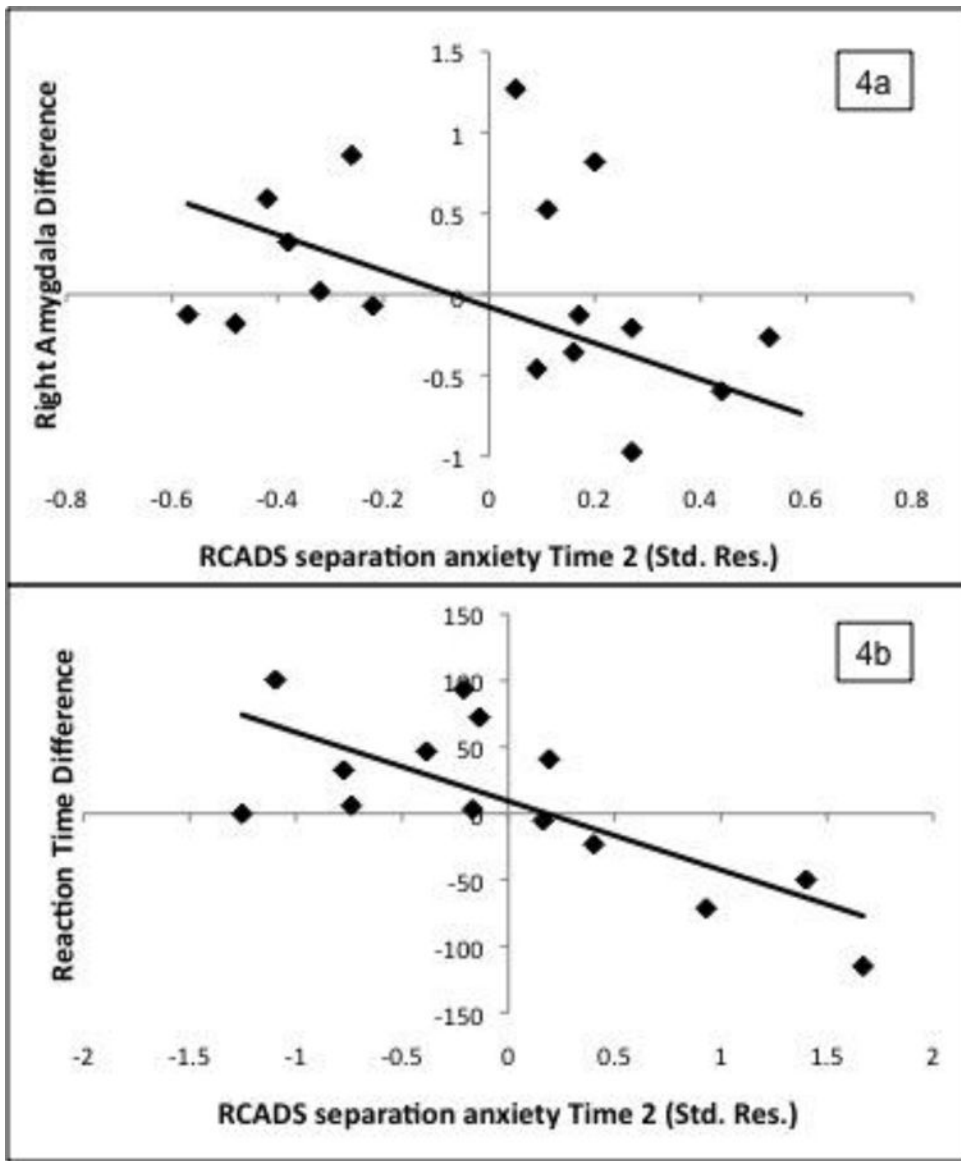




**Figure 2.** Group differences in reaction time (a) and amygdala response (b) to Untrust<sub>A</sub> versus Trust<sub>A</sub> faces



**Figure 3.** Association between age of adoption and amygdala difference score (Untrust<sub>A</sub> versus Trust<sub>A</sub> faces)



**Figure 4.** Relationship between right amygdala (a) and reaction time (b) difference scores ( $Untrust_A - Trust_A$ ) with Time 2 separation anxiety (standardized residual after removing variance due to Time 1 separation anxiety, age, and IQ) in the PI group

Table 1

## Demographics and between-group differences

	fMRI data			Behavioral data		
	PI percentage or mean (SD)	Comparison percentage or mean (SD)	$\chi^2$ (df) or <i>t</i> (df)	PI percentage or mean (SD)	Comparison percentage or mean (SD)	$\chi^2$ (df) or <i>t</i> (df)
Child Gender (% male)	24.2%	43.9%	3.10 <sup>+</sup> (1)	29%	40%	1.26 (1)
Age (Years)	10.26 (2.5)	9.43 (2.4)	1.46 (72)	10.6 (2.3)	10.51 (2.7)	0.16 (85)
Full-Scale IQ	108.42 (13.9)	114.51 (16.3)	1.70 <sup>+</sup> (72)	105.21 (15.7)	110.89 (16.2)	1.66 (85)
Age (Mo) at Adoption	25.86 (20.9)	-	-	20.43 (19.8)	-	-
Range	3–84	-	-	2.5–84	-	-
Age (Mo) Orphaned	4.64 (8.6)	-	-	3.99 (8.71)	-	-
Range	0–36	-	-	0–36	-	-
RCADS Separation Anxiety Time 1 (Tscore)	49.60 (7.8)	43.35 (7.0)	2.65* (37)	49.82 (11.7)	41.59 (5.0)	2.78** (34)
RCADS Separation Anxiety Time 2 (Tscore)	50.77 (11.4)	41.39 (5.0)	3.35** (37)	47.88 (9.0)	41.94(5.2)	2.46* (34)
% clinically elevated RCADS Time 1	0%	0%	N/A	12%	0%	2.36 (1)
% clinically elevated RCADS Time 2	15.8%	0%	3.42 <sup>+</sup> (1)	6%	0%	1.15 (1)

<sup>+</sup> p<.10

\* p<.05

\*\*\* p<.001

**Table 2**

Regression predicting change in separation anxiety from amygdala discrimination (Difference<sub>A</sub>: Untrust<sub>A</sub>–Trust<sub>A</sub>)

	(a) Left Amygdala		(b) Right Amygdala	
	$\beta^a$	$R^2$	$\beta^a$	$R^2$
Step 1: SAD Time 1	.37*	.41***	.33*	.41***
Step 2: Demographics		.04		.04
Time 1 age	-.05		-.05	
IQ	-.23		-.25 <sup>+</sup>	
Step 3: Group	.37*	.07*	.43**	.07*
Step 4: Difference <sub>A</sub>	.25 <sup>+</sup>	.01	.25 <sup>+</sup>	.00
Step 5: Group×Difference <sub>A</sub>	-.32*	.07*	-.40**	.10**

<sup>a</sup>Standardized Betas in the final model.

<sup>+</sup>p<.10

\*p<.05

\*\*p<.01

\*\*\*p<.001.

**Table 3**

Regression predicting change in separation anxiety from reaction time discrimination (Difference<sub>RT</sub>; Untrust<sub>A</sub>–Trust<sub>A</sub>)

	$\beta^a$	R <sup>2</sup>
Step 1: SAD Time 1	.44 **	.29 **
Step 2: Demographics		.04
Time 1 age	-.22	
IQ	-.02	
Step 4: Group	.001	.01
Step 3: Difference <sub>RT</sub>	-.44 *	.22***
Step 5: Group×Difference <sub>RT</sub>	-.09	.003

<sup>a</sup>Standardized Betas in the final model.

<sup>+</sup>*p* < .10

\* *p* < .05.

\*\* *p* < .01