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Potassium-chelating drug sodium polystyrene sulfonate enhances lysosomal function and suppresses proteotoxicity

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Abstract Lysosomes are crucial for degradation and recycling of damaged proteins and cellular components. Therapeutic strategies enhancing lysosomal function are a promising approach for aging and age-related neurodegenerative diseases. Here, we show that an FDA approved drug sodium polystyrene sulfonate (SPS), used to reduce high blood potassium in humans, enhances

lysosomal function both in *C. elegans* and in human neuronal cells. Enhanced lysosomal function following SPS treatment is accompanied by the suppression of proteotoxicity caused by expression of the neurotoxic peptides A β and TAU. Additionally, treatment with SPS imparts health benefits as it significantly increases lifespan in *C. elegans*. Overall our work supports the potential use of SPS as a prospective geroprotective intervention.

Highlights

- Sodium polystyrene sulfonate improves pH-dependent processing of lysosomal cargo, enhances proteotoxic stress resistance, and extends lifespan in *C. elegans*.
- Sodium polystyrene sulfonate boosts lysosomal function in human neuronal cells and reduces level of aggregation-associated phosphorylated-TAU.

Cyrene Arputhasamy and Anna C. Foulger have equal contribution to this work.

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Keywords *C. elegans* · Lysosome · Autophagy · Potassium restriction · Lifespan · Proteotoxicity · SH-SY5Y neuronal cells · Amyloid- β · Neurodegeneration

Introduction

Lysosomal dysfunction is associated with aging and many age-related pathologies including Alzheimer's

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disease [1]. The primary role of lysosomes is to carry out degradation and recycling of damaged proteins and other cellular components. The ability of lysosomes to act in response to multiple signaling inputs involving nutritional status, proteotoxic stress resistance, development, and differentiation makes it a critical regulator of organismal survival [2, 3, 4], Villegas, Lehalle et al. 2019). In fact, functional decline in lysosomal activity has been shown to severely affect lifespan and health span in many organisms. Conversely, interventions boosting lysosomal function are emerging as a potent means of promoting lifespan extension and delaying disease pathologies, particularly in relation to the central nervous system [5]. Survival of neuronal cells that are destined to last throughout the life span relies heavily on lysosomal-based cellular recycling mechanisms. In this regard, identifying novel compounds and strategies to repurpose existing drugs to boost lysosomal function could help delay aging and age-related neurodegeneration.

Potassium restriction as a means to boost vacuolar acidity and extend lifespan in *Saccharomyces cerevisiae* was recently shown by Sasikumar et al. [6]. The lifespan extending effect of potassium restriction were also recapitulated by the supplementation with sodium polystyrene sulfonate (SPS), a potassium-chelating drug. The drug has been in medical use to treat hyperkalemia (high potassium levels) since 1958 [7]. In the present study, we tested the functional conservation of SPS efficacy in higher model organisms. We specifically investigated effect of SPS supplementation on lysosomal function and proteotoxicity. Our results demonstrate that SPS enhances lysosomal function both in *C. elegans* and human neuronal cells and suppresses proteotoxicity caused by amyloid- β and hyper-phosphorylated-TAU, key drivers of Alzheimer's disease. Overall our work supports the potential use of SPS as a prospective geroprotective intervention with the ability to suppress proteotoxicity caused by neurotoxic proteins and its future testing in preclinical mouse models.

Results

Earlier work demonstrated that SPS extends lifespan in yeast by boosting vacuolar acidity. We sought to test whether this mechanism of SPS is conserved and if it could also trigger pH changes in *C. elegans* lysosomes. To explore this idea, we first assayed

lysosomal acidity with the dye acridine orange whose emission wavelength shifts when it is sequestered within acidic lysosomes [8]. Results revealed a 4.5-fold increase in acridine orange staining in animals treated with SPS relative to untreated controls (Fig. 1A). To evaluate the impact of SPS on lysosome function, we used a reporter strain expressing the LGG-1 lysosomal cargo protein fused to mCherry and an acid-inactivated GFP; quenching of GFP signal from this reporter reflects its delivery into the acidic lysosome [9]. This strain, when treated with SPS, exhibited a threefold increase in lysosomal processing of the reporter relative to untreated controls (Fig. 1B). For an independent test of lysosomal function, we made use of an assay quantifying sensitivity to the lysosomotropic agent chloroquine [10]. After chronic SPS treatment, animals were 2.5-fold more resistant to a lethal chloroquine dose than untreated controls (Fig. 1C). Taken together, these data point to a marked boost in lysosomal acidity and function in *C. elegans* in response to SPS.

On the premise that SPS promotes the degradative function of lysosomes, we expected that this drug would also improve clearance of proteotoxic aggregates. To test this, we used a well-characterized *C. elegans* disease model in which expression of the aggregation-prone A β ₁₋₄₂ fragment of the human amyloid precursor protein in body wall muscle leads to temperature-dependent paralysis [11]. In this strain, SPS treatment conferred a threefold resistance to paralysis relative to controls (Fig. 1D). We concluded that SPS helps resolve proteotoxic stress, mirroring the increased lysosomal function in these animals. Decline in lysosomal function and inability to maintain pH gradient is associated with accelerated aging in *C. elegans* [12, 13]. Thus, we tested ability of SPS to delay aging and extend lifespan in *C. elegans*. We observed WT animals treated with 10 mM SPS throughout adulthood lived 13% longer than controls (Fig. 1E). Importantly, we also observed SPS treatment was equally effective in suppressing A β ₁₋₄₂ proteotoxicity (Figure S1A) and extending lifespan when initiated late during post-reproductive phase (Figure S1B). We did not observe any general toxic effects of the SPS as there was no changes in the fecundity, i.e., total number of eggs hatched (Figure S1C). Control experiments revealed no consistent effects of SPS on body movement (Figure S2),

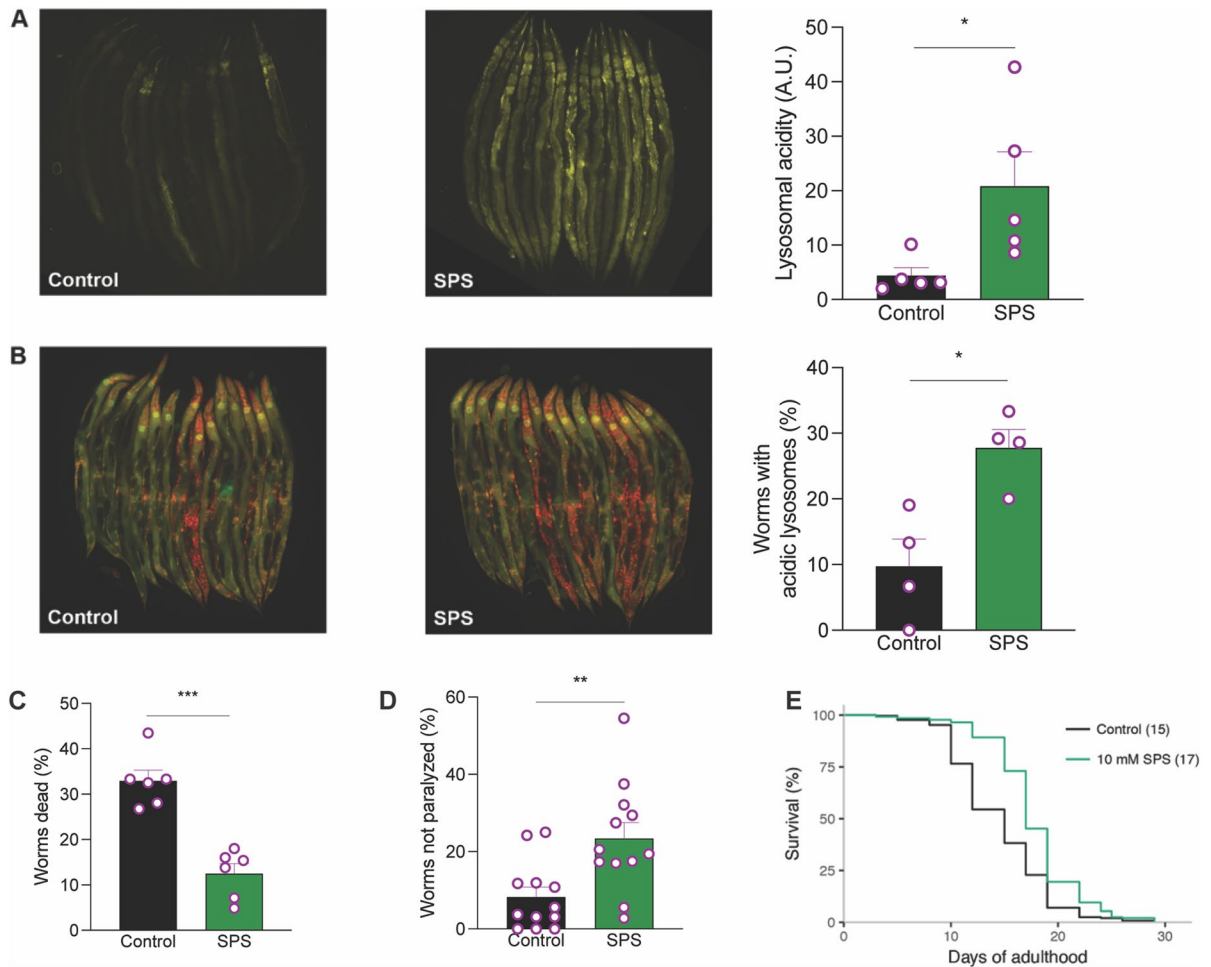


Fig. 1 Sodium polystyrene sulfonate (SPS) treatment improves pH-dependent processing of lysosomal cargo, enhances proteotoxic stress resistance, and extends lifespan in *C. elegans*. **A** Left, representative fluorescence microscopy images of wild-type animals maintained in the absence (control) or presence of 10 mM SPS and then treated with acridine orange to stain acidic lysosomes. Right, each bar reports mean acridine orange intensity per worm ($n=5$ replicates, 15 animals per replicate) in arbitrary units (A.U.). **B** Left, representative fluorescence microscopy images of animals maintained in the absence (control) or presence of 10 mM SPS expressing a fusion of the lysosomal cargo protein LGG-1 to mCherry and acid-inactivated GFP. Right, each bar reports the proportion of animals ($n=4$ replicates, 15 animals per replicate) expressing the LGG-1 reporter that exhibited reduced GFP intensity relative to mCherry, reflecting processing of the reporter in the acidic lysosome. **C** Each bar reports the mean viability

($n=6$ replicates, 50 animals per replicate) of wild-type animals treated with the lysosomotropic agent chloroquine (20 mM), after maintenance in 10 mM SPS or control treatment. **D** Each bar reports the mean proportion ($n=12$ replicates, 35 animals per replicate) of amyloid- β -expressing animals maintained in the absence (control) or presence of 10 mM SPS that exhibited no detectable paralysis. Error bars report standard error. ***, one-tailed t test $p < 0.001$; ** $p < 0.01$; * $p < 0.05$; tests were paired for **A** and **B** and unpaired for **C** and **D**. **E** Shown are results from a representative trial of a lifespan assay of wild-type *C. elegans* hermaphrodites on NGM plates (control) or NGM plates supplemented with 10 mM SPS. Numbers in parentheses report median lifespan in days ($n=262$ for control, $n=268$ for SPS). Significance of a Cox proportional hazards test comparing the two conditions was $p=3.5 \times 10^{-11}$. Results from additional trials are reported in the supplementary Table 1

arguing against a feeding defect as implicated in the longevity of animals with compromised potassium transport [14, 15]. Together, our data show that

SPS has measurable health benefits in *C. elegans* in the context of physiology and behavior as well as increased viability into old age.

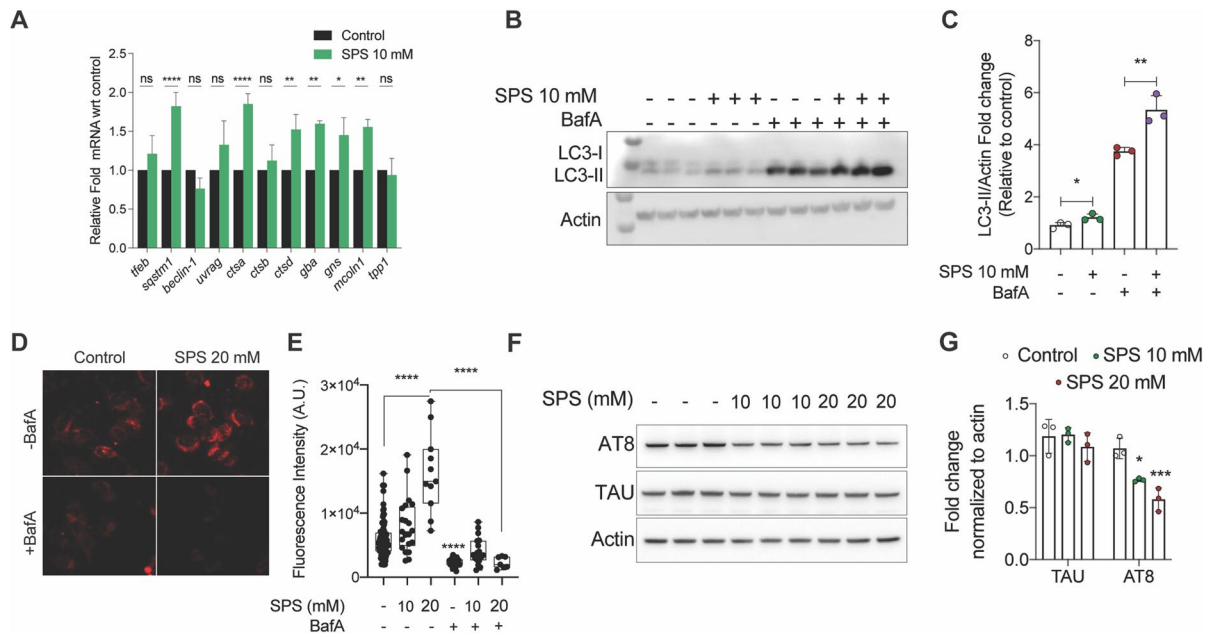


Fig. 2 Sodium polystyrene sulfonate (SPS) boosts lysosomal function in mammalian neuronal cells and reduces level of aggregation-associated phosphorylated-TAU. **A** Fold mRNA levels of genes in 10 mM SPS-treated human H4 neuronal cells relative to control samples (no SPS). Graph represents the mean \pm SD of two biological repeats. *p* values calculated using two-way ANOVA with Sidak's multiple comparison test. **B** Levels of LC3-I and LC3-II protein in 10 mM SPS-treated H4 neuronal cells in the absence and presence of the lysosomal V-ATPase inhibitor bafilomycin A1 ($n=3$ per condition). **C** Fold changes in levels of normalized LC3-II protein relative to control sample (no SPS) quantified using NIH image J software. Graph represents mean fold intensity \pm SD of quantification of band intensity. *p* values calculated using unpaired Student's *t* test. **D** Representative image of Dye Quenched-Bovine Serum Albumin (DQ-BSA) stained rat N27 neuronal

cells. Images were taken in Axio Zeiss microscope using RFP filter. **E** Graph represents mean fluorescence intensity \pm SD of SPS treated (10 and 20 mM) rat N27 dopaminergic cells with and without addition of the lysosomal V-ATPase inhibitor bafilomycin A1. Each dot represents individual cell ($n=3$). *p* values calculated using one-way ANOVA with Tukey's multiple comparison test. **F** Levels of TAU and phosphorylated TAU (Ser202, Thr205)/AT8 in 10 and 20 mM SPS-treated TAU expressing human SH-SY5Y neuronal cells ($n=3$ per condition). **G** Fold changes in levels of normalized TAU and phosphorylated-TAU relative to control sample (no SPS) quantified using NIH image J software. Graph represents mean fluorescence intensity \pm SD of SPS treated (10 and 20 mM) TAU expressing SH-SY5Y neuronal cells. *p* values calculated using two-way ANOVA with Tukey's multiple comparison test. *p* values represents $p < 0.001$; $**p < 0.01$; $*p < 0.05$

We next tested the ability of SPS to boost lysosomal function in mammalian neuronal cells. We exposed human H4 neuronal cells to SPS for 6 h and quantified mRNA expression of lysosomal function-specific genes. Treatment of cells with 10 mM SPS significantly enhanced expression of several key lysosomal-specific genes up to levels of 1.5–two-fold, suggesting an increase in lysosomal function (Fig. 2A). The increase appears to be specific to lysosomal genes as we did not observe upregulation of autophagy genes, e.g., *beclin-1*, *tfelb*, and *uvrag*. To further evaluate lysosomal function, we monitored the turnover rate of LC3-I, the mammalian homolog of *C. elegans* LGG-1, in SPS-treated neuronal cells both in

the presence and absence of the lysosomal V-ATPase inhibitor bafilomycin A1. We observed that samples treated with SPS displayed increases in LC3-II levels which were further enhanced in the presence of bafilomycin A1 (Fig. 2B and C). These results demonstrate that SPS treatment enhances lysosomal processing of LC3-II, confirming enhanced autophagy flux and lysosomal function. We further verified lysosomal function by performing a Dye Quenched-Bovine Serum Albumin (DQ-BSA)-based assay [16]. DQ-BSA is a heavily labeled fluorescent substrate of the lysosomal proteases, which shows reduced fluorescence under basal conditions due to a strong quenching effect. Upon hydrolysis of the DQ-BSA to

single, dye-labeled peptides by lysosomal proteases, quenching is prevented, producing brightly fluorescent products. We observed that SPS-treated rat N27 neuronal cells showed a dose-dependent increase in fluorescence intensity (Fig. 2D). This increase in fluorescence intensity was completely suppressed by the lysosomal inhibitor bafilomycin A1 (Fig. 2D), demonstrating SPS enhances lysosomal function in mammalian neuronal cells. To test our hypothesis that SPS-enhanced lysosomal function suppresses proteotoxicity, we utilized human neuronal SH-SY5Y cells expressing full-length 4R-isoform of TAU. We found that SPS treatment reduced the level of aggregation associated phosphorylated-TAU (Fig. 2E and F). Taken together, these results suggest a conserved function of the potassium chelator SPS in human neuronal cells and its therapeutic potential in suppressing proteotoxicity.

Discussion

Our work demonstrates a previously unknown role for SPS in suppressing proteotoxicity caused by human neurotoxic proteins. The conserved role of SPS in enhancing lysosomal function in yeast, *C. elegans*, and human neuronal cells strongly suggests its likelihood of working in higher in vivo models. These findings are in line with other published work showing many potent anti-aging interventions are closely related to enhanced lysosomal function [17]. The lifespan-extending property of SPS further implies that the protective effect of SPS could potentially extend beyond suppression of proteotoxicity to delaying aging. The significance of our work is broad and is of general interest considering SPS is already used as a medication in humans and has been on the market for more than 60 years.

Although our study establishes that SPS enhances lysosomal function, it is still not clear how exactly it does so. Due to its ability to disrupt ionic imbalance across the lysosomal membrane, SPS likely leads to lysosomal acidification. In mammalian cells, the Na^+/K^+ ATPase pump regulates the sodium gradient across the membrane, which in turn drives the Na^+/H^+ antiporter and thus cellular pH [18]. SPS is a cross-linked polymer with a reactive sulfonic group that exchanges existing sodium (Na^+) for potassium (K^+) cations. This could potentially lead to a

decrease in potassium concentration with simultaneous increases in the sodium concentration upon SPS exposure [19]. Overall, these changes by SPS profoundly affect lysosomal pH and function, imparting beneficial effects. Previous work in yeast cells shows that similar effects can be recapitulated by decreasing potassium concentration in the media, while no changes were observed by sodium supplementation, thus arguing in favor of potassium restriction as a potential mechanism resulting in a boost of lysosomal pH [6]. Also, a recent work show that potassium starvation induces autophagy in yeast [20], which falls in line with our observations, although these studies still needs to be validated in other organisms. An important future work to support these findings will be to screen effects of other known potassium chelators for their effect on lysosomal function. Nevertheless, the idea of utilizing pharmacological compounds that alter Na^+/K^+ ionic imbalances to target neurodegenerative diseases is fairly novel and relatively untested. This is particularly interesting since several neurodegenerative diseases including Alzheimer's have been reported to have a significant Na^+/K^+ ionic imbalance [21]. Future experiments quantifying concentration of different ions in response to SPS treatment will be important to help decipher how SPS effect's lysosomal function and suppresses proteotoxicity.

Experimental procedures

Nematode culture, strains, and maintenance

Except where noted below, *C. elegans* hermaphrodites were maintained on nematode growth medium (NGM) agar plates seeded with *E. coli* bacterial strain OP50 at 20 °C as described previously [22]. Strains used in this study were wild-type Bristol N2, GMC101 *dvIs100* [*unc-54p::A-beta-1-42::unc-54 3'-UTR+mtl-2p::GFP*]; and MAH215 *sqIs11* [*lgg-1p::mCherry::GFP::lgg-1 + rol-6*] rollers.

Sodium polystyrene sulfonate (SPS) treatment A 500 mM stock of SPS was prepared in sterile water and stored at 4 °C for up to 10 days. From the stock solution, 130 μL of the working SPS solution (10 mM) was prepared by mixing 60 μL of stock solution with 70 μL of sterile water and was added to the top of the 35 mm NGM plates (3 mL NGM agar) already seeded

with a bacterial OP50 lawn. SPS was distributed over the entire plate surface and allowed to dry in a sterile hood with the lid open for at least 1 h. Plates were then allowed to sit at 20 °C for 24 h before use or before moving into 4 °C for storage up to 2 weeks. For all worm experiments, animals were treated as follows except where noted below: a synchronous population was obtained by a 2-h egg lay from gravid adult hermaphrodites, after which the adults were removed and the eggs were left to develop into adults at 20 °C. On their first day of adulthood, the population was split into two, with half transferred to 35 mm NGM assay plates containing 10 mM SPS and the other half transferred to control plates.

Lifespan assay Wild-type animals were synchronized and SPS-treated on day 1 of adulthood (or day 8) as above, except that following day 1 (or day 8), transfers continued periodically from each respective plate to a fresh plate of the same formulation (10 mM SPS or no-drug control, FUdR 10 µg/ml) to ensure ample supply of drug and food. Survival was quantified by counting dead and live animals once every 2 or 3 days. We refer to the pipeline from egg lay through treatment and survival quantification as a trial, with a given such experiments were performed using drug-treated and control conditions in parallel and 35–40 animals on each of at least 3 replicate plates for each condition; three such independent trials were performed.

Movement assay Wild-type animals were synchronized and SPS-treated on day 1 of adulthood as above, except that following day 1, transfers continued periodically from each respective plate to a fresh plate of the same formulation (SPS or no-drug control) to ensure ample supply of drug and food. After 24 h, 48 h, 96 h, or 264 h, animals were removed from their agar plate cultures and transferred into a swimming buffer. 30-s videos were then immediately captured of the swimming animals, which were then removed from the study and subjected to the CeleST analysis pipeline [23]. ~20 animals were captured for each time point and condition.

Total fecundity quantification The average number of fertilized eggs (fecundity) laid by animals was determined by transferring individual L4 larval staged wild-type animals onto NGM agar treated control or SPS bacterial plates ($n=9-10$ animals per condition).

Animals were allowed to lay eggs for the next 24 h and then transferred to a fresh treated NGM agar bacterial plate. Animals were subsequently moved to fresh plates every day until they ceased laying eggs. On each plate, the total numbers of eggs laid and hatched were scored. The graph represents number of eggs hatched in each condition.

Acridine orange (AO) staining Wild-type animals were synchronized and SPS-treated on day 1 of adulthood as above, except that both SPS and control plates were supplemented with 10 µg/mL 5-fluoro-2'-deoxyuridine (FUdR) to inhibit progeny production. On day 2 of adulthood, animals were transferred from their respective plate to a fresh plate of the same formulation (SPS or no-drug control). On day 4, animals from these plates were transferred using a platinum pick to a 20-µl drop of AO (0.05 mg/ml in S-basal buffer) on the side of a 2% agarose pad slide and allowed to stain for 15 min. After 15 min, the AO solution was removed using a pipette, and animals were washed with S-basal buffer. ~15 animals were then transferred to a drop of fresh S-basal buffer on the agarose pad, to which was added 5 µl of 2 mM levamisole to immobilize. Animals were visualized under a rhodamine filter on a Zeiss fluorescence microscope. Intensity in a region delimited manually from the perimeter of each worm was quantified in ImageJ. The pipeline from growth through treatment, staining, and quantification we refer to as a replicate, with a given such experiments were performed using drug-treated and control conditions in parallel; five such independent replicates were performed.

Tandem-tagged LGG-1 reporter imaging MAH215 animals were synchronized and SPS-treated on day 1 of adulthood as above. After 2 h on SPS or no-drug control plates, ~15 animals were imaged using GFP and rhodamine filters on a Zeiss fluorescence microscope. GFP and mCherry intensity from individual animals were quantified using ImageJ. For each worm, we tabulated the ratio of mCherry and GFP intensities, and, as a metric of LGG-1 processing, we tabulated the proportion of animals where this ratio exceeded 1.5. The pipeline from growth through treatment, staining, and quantification we refer to as a replicate, with a given that such experiments were performed using drug-treated and control conditions in parallel; four such independent replicates were performed.

Chloroquine toxicity assay Wild-type animals were synchronized and SPS-treated on day 1 of adulthood as above, except that following day 1, transfers continued periodically from each respective plate to a fresh plate of the same formulation (SPS or no-drug control) to ensure ample supply of drug and food. On day 7, animals from each plate were transferred to 20 mM chloroquine supplemented NGM agar plates without SPS. On day 9 and day 11, animals were transferred to fresh chloroquine plates. On day 11, viability was quantified by counting dead and live animals. We refer to the pipeline from egg lay through SPS treatment, chloroquine treatment, and survival quantification as a trial, with a given such experiments were performed using SPS-treated and control conditions in parallel using ~50 animals on each of 3 replicate plates for each condition. Two such independent trials were performed.

Amyloid-beta paralysis assay A synchronous population of GMC101 animals was obtained by 2-h egg lay at 20 °C. At the L4 stage, 48 h after egg lay, the population was split into two, with half transferred to plates containing 10 mM SPS and the other half to control plates; all were incubated at 25 °C for an additional 48 h. For post-reproductive treatment, animals grown and maintained at 20 °C were exposed to 10 mM SPS on day 5 of adulthood. Next day animals were shifted to 25 °C and scored for paralysis phenotype post 24 h of temperature upshift, i.e., on day 7, day 8, and day 9. At these timepoints, body movement was assessed as follows. A given worm was scored as paralyzed if it (1) failed to complete a full body movement, i.e., a point of inflection traversing the entire body length, either spontaneously or touch-provoked using platinum wire, and (2) exhibited a halo of cleared bacteria around its head, indicative of insufficient body movement to access food. We refer to the pipeline from egg lay through SPS treatment and paralysis scoring as a trial, with a given that such experiments were performed using SPS-treated and control conditions in parallel and ~35 animals on each of 4 replicate plates for each condition. Three such independent trials were performed.

Cell culture and maintenance Human H4 neuroglioma cells (ATCC) were maintained in Dulbecco's Modified Eagle Medium (DMEM), human SH-SY5Y-GFP-Tau neuroblastoma cells (ATCC) were

maintained in HyClone Classical Liquid DMEM-F12 media, and rat N27 dopaminergic neural cells (Millipore) were maintained in Roswell Park Memorial Institute (RPMI) 1640 medium. All culture media were supplemented with 10% FBS (Serum Plus – II, Corning) and 1% penicillin–streptomycin (Corning). Cells were incubated at 37 °C in a 5% CO₂ humidified cell culture incubator.

Chemicals and buffers Sodium polystyrene sulfonate (SPS) (Sigma) was dissolved in the appropriate basal media and stored at 4 °C for up to 10 days at a concentration of 1 M. Dulbecco's phosphate-buffered saline (DPBS) was purchased from Corning. PBST buffer (PBS plus 0.1% Tween-20) was used for blot washing. Blocking buffer and primary antibody incubation solution was 5% non-fat dairy milk powder (VWR) or 5% (w/v) BSA (Sigma) for phospho-antibodies.

Cellular SPS treatment The working SPS solution (10 mM) was prepared by mixing stock solution in complete media at a dilution of 1:100 and adding to adherent cells already seeded at the proper density in tissue culture plates. Cells were treated with SPS for 4–6 h, with some samples being pretreated with bafilomycin-A1 (Sigma-Aldrich) for 1 h at 100 nM.

RNA isolation and qPCR H4 cells were treated with SPS as described and collected for RNA isolation. RNA was isolated using a Zymo Research Quick-RNA miniprep kit (Zymo). Quality and concentration of RNA was confirmed on a NanoDrop 2000 spectrophotometer (Thermo). From the RNA isolation, 1 ug was used to generate cDNA using a High-Capacity cDNA Reverse Transcriptase kit (Applied Biosystems). The qPCR was performed using 20 ng of cDNA product per reaction in the presence of LightCycler 480 SYBR green dye (Roche). Lysosomal gene primers were designed using PrimerBLAST and ordered from Eurofins; they were used at a subsequent working concentration of 200 nM. The sequence of forward (F) and reverse (R) of the primers (5'-3') used are as follows: BECLIN-F: AAGAGG TTGAGAAAGGCGAG, BECLIN-R: TGGGTTTTG ATGGAATAGGAGC, TFEB-F: ACCTGTCCGAGA CCTATGGG, TFEB-R: CGTCCAGACGCATAATGT TGTC, SQSTM1/p62-F: AAGCTGCCTTG TACC CAC, SQSTM1/p62-R: CGCTCCGATGTCATAGTT CTTG, CTSA-F: CAGGCTTGGTCTTCTCTCCA,

CTSA-R: TCACGCA TTCCAGGTCTTTG, CTSB-F: AGTGGAGAATGGCACACCCTA, CTSB-R: AAG AAGCCATTGTACCCCA, CTSD-F: AACTGCTGG ACATCGCTTGCT, CTSD-R: CATTCTTCACGTAGG TGCTGGA, GBA-F: TGGGTACCCGGATGATGT TA, GBA-R: AGATGCTGCTGCTCTCAACA, GNS-F: CCCATTTTGAGAGGTGCCAGT, GNS-R: TGA CGTTACGGCCTTCTCCTT, MCOLN1-F: TTGCTC TCTGCCAGCGGTA, MCOLN1-R: GCAGTC AGTAACCACCATCGGA, UVRAG-F: CATCTGTGT CTTGTTTCGTGG, UVRAG-R: TTCA TTTTGGTTT CGGGCATG, TPP1-F: GATCCCAGCTCTCCTCAA TACG, TPP1-R: GCCATTTTTCACCCGTGTG.

DQ Red assay N27 cells were seeded in a 4-well chamber slide at 30,000 cells per well. The next day, DQ Red BSA dye (Thermo Fisher Scientific) was prepared at a working of concentration 10 $\mu\text{g/ml}$ (1:200 dilution) in N27 media. Cells were washed once in pre-warmed DPBS, and then DQ dye was added to cells followed by incubation for 1 h. The DQ media was then removed and replaced with media \pm bafilomycin. After 1 h, SPS was added at a final concentration of 10 mM for 4 h. Cells were then fixed with 4% PFA prepared in DPBS for 10 min. Slides were mounted with Prolong Gold Antifade Mountant in the presence of DAPI (Thermo Fisher Scientific). Images were taken on a confocal microscope (Zeiss) at 40 \times magnification.

Western blotting Cells treated with SPS either alone or in conjunction with bafilomycin-A1 were collected and subsequently lysed in lysis buffer (50 mM Tris-HCl pH 8, 150 mM NaCl, 1% NP-40) supplemented with PhosStop phosphatase inhibitor cocktail (Sigma-Aldrich) and protease inhibitor cocktail (Sigma-Aldrich). Protein concentrations were quantified by Bradford assay per manufacturer's instructions (BioRad). Samples were normalized per protein via dilution in lysis buffer and SDS protein dye. Samples were heated at 90 $^{\circ}\text{C}$ for 15 min and then centrifuged at 15,000 $\times g$ for 10 min. Samples were next electrophoresed on a NuPAGE 4–12% Bis-Tris gel (Thermo Scientific), the resulting gel transferred to PVDF membrane, blocked in blocking buffer (5% milk in PBST), and probed with primary and then secondary antibodies. The primary antibodies used were p-Tau (S422) from Thermo Fisher (44-764G), p-Tau (S204, T205) from Thermo Fisher (MN1020), Tau from Thermo Fisher (MN1000), LC3B from Cell Signaling

Technologies (2775S), and β -actin from Cell Signaling Technologies (3700S).

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Author contribution Conception and design, R.B.B., M.C., and J.K.A. Data acquisition and analysis, C.A., A.F., M.L., A.R., M.S., T.G., M.B., E.B., and M.C. Writing—review and editing, R.B.B., M.C., G.J.L., and J.K.A. Supervision, M.C. Funding acquisition, G.J.L. and J.K.A.

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Data availability The data that support the findings of this study are available from the corresponding author upon reasonable request.

Declarations

Conflict of interest The authors declare no competing interests.

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